

Mack remodel aligns health care majors

09/11
2020



The remodel finished fall 2020. Photo: Mark Kamibayashiyama

Abigail Vork

STAFF WRITER

Students and faculty in the School of Health Professions are finding their new space on the first floor of the Mack Building to be all that they hoped for and more.

The School of Health Professions was officially launched in January of 2018. Previously, majors related to health professions were housed in four different divisions. Nursing students were isolated from premed, physical therapy and kinesiology students.

"What we wanted to do was to bring them together to create more visibility," said Dr. Gary Weier, provost and

executive vice president for academic affairs.

When looking at the future of health care, BJU saw value in giving students a more interprofessional experience while at the University. In addition to being separated in different divisions, students in the school were taught in about six different places, so discussions began in 2018 on relocating School of Health Professions classes to one building.

Because Mack Library was in the process of downsizing, the first floor opened up as an option for the school. The building process began in September of 2019 and was

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THE WEEK

Women's Volleyball Scrimmage

The women's volleyball team will have an intrasquad scrimmage today at 7 p.m. The match will be livestreamed.

Constitution Lecture

Guest speaker and BJU alumnus Miles Coleman will speak on the Constitution in Levinson Hall on Sept. 15 at 6 p.m. The event is in recognition of Constitution Day, Sept. 17.

ULA Linguistics Seminar

The University Language Association holds a seminar on linguistics in Levinson Hall on Sept. 15 at 7 p.m.

Voter Registration Drive

Students can register to vote in the Student Center from 11:45 a.m. to 7 p.m. on Sept. 17.

Eight BJU students contracted into ROTC

Vicki Olachea

STAFF WRITER

Eight BJU students were contracted into the Army and Air Force ROTC programs and awarded scholarships at an official ceremony today.

Bob Jones University ROTC students strive to exemplify the best of the military attitude, as well as the Christian testimony of BJU.

BJU students now make up about a quarter of the Furman battalion, according to Col. Christopher Manganaro, the Army ROTC professor of military science at Furman.

The BJU Army ROTC program partners with Furman University to provide cadets training to start their careers in the Army as second lieutenants. After contracting, cadets have their tuition and fees covered by the Army. In return, cadets pledge to serve four years in active duty or six

years in the U.S. Army Reserve or National Guard.

Manganaro stressed that the ROTC program accepts only students who present character described as "SAL": scholar, athlete, leader. These qualities together are what it takes to make a well-rounded leader. BJU students, Manganaro said, consistently deliver on these abilities.

But BJU students in the program have a focus above and beyond the SAL characteristics. BJU also partners with Clemson University's Air Force ROTC program, and to Elizabeth Pratt, a junior BJU student in her second year of Air Force ROTC, the program represents an opportunity to be a testimony as well as an opportunity to better herself.

"It's a fantastic program for anyone who wants to be able to serve others and push

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Former Furman Cadet Jack Edwards competes in a Ranger Challenge event.

Photo: Caleb Olivero

COLUMN



Olivia Thomas
STAFF WRITER

"I'm tired." Every college student in existence is probably best friends with that phrase, and I am no exception.

Like some of you, I am your classic Type A overachieving personality. The Myers-Briggs personality test tells me I am an extrovert, and my primary love language is "acts of service." Some of you may be able to relate when I say that I absolutely hate to do nothing.

And for the most part, that aspect of my personality has served me well during my college career. Like a lot of college students, I genuinely love to learn, work and be involved in both campus life and the community. Procrastination? Disorganization? Inactivity? I don't know them.

Sounds great, right? And for the most part, it is. Until I forget how to rest.

As it turns out, a willingness to work can come with an inability to say no and set boundaries. I do not know how to say no to work, and that can take a real toll on my physical, mental and emotional health.

On my worst days, I tie my self-worth into my ability to work. If I am not working or contributing, then what good

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The Collegian Editorial

Suicide prevention on two fronts

This week is National Suicide Prevention Week, a national campaign designed to raise awareness of the warning signs of suicide. Even those whom we think would be immune to thoughts of suicide may not be. Just a year ago this week, megachurch pastor and mental health advocate Jarred Wilson committed suicide. His death, along with the unexpected suicide of megachurch pastor Darrin Patrick this past May, remind the world that no one is immune to the devastating effects of poor mental health.

Suicide is the 10th leading cause of death in the U.S., and the second leading cause of death among college-aged individuals. Social isolation and loneliness brought on by the pandemic and national political instability have aggravated these concerns. The CDC reports that anxiety symptoms rose from 8.1% this time last year to 25.5% this year, and depression symptoms from 6.5% to 24.3%.

Christians sometimes debate the causes of depression and anxiety. Are these solely caused by spiritual weaknesses or are they the result of physical and mental causes? Could there be a combination of causes? If we believe that God has plans to prosper us and give us a future and a hope, many may ask why believers still sometimes struggle with thoughts of suicide.

Although many struggles are won through the power of Christ, depression and anxiety don't always disappear at the moment of salvation. Mental health is both a spiritual issue and a physical issue and needs to be approached with understanding from both sides.

While the release from guilt and the hope of eternal life through salvation can certainly relieve depression and anxiety, we are still

currently tied to our fallen flesh and its resulting limitations and weaknesses. Those who deal with suicidal thoughts, substance abuse, eating disorders, sexual immorality and other multi-faceted temptations have a spiritual and a physical journey to health in each area.

If we then understand that the battle for mental health has two fronts, those struggling and those supporting the struggling must fight against it accordingly. Prayer and study of the Scriptures feed the spirit and result in many victories over the power of sin, and professional help from biblical counselors, therapists and doctors can provide effective methods, solutions and support, including appropriate medication.

Or, a self-help action can be as simple as persevering to get out of bed and face the day; for God's grace is sufficient for the big and little things, and His power is made perfect in weakness.

As National Suicide Prevention Week comes to a close, don't lose sensitivity for those who fight depression and anxiety. Don't condescend or make assumptions about your friends or family members and be willing to acknowledge that everyone struggles differently. Bear each other's burdens in Christian love.

If you personally struggle with your mental health, don't give up. God sees you, He wants to help you and His grace is sufficient to sustain you through the rest of your life. If you need to talk to someone you can trust, BJU provides free confidential counseling services in offices at the back of The Den. Women's Counselor Rachel Dahlhausen and Director of Student Care Pearson Johnson would like to talk to you. Seek out help in your fellow Christians, in medical professionals and, most importantly, in the Word of God.

TALKBACK

What is your favorite class time and why?

Robert Stuber
JUNIOR

"10, because it means lunch is almost here."

Audrianne Steikes
SENIOR

"9, so you have enough time to get coffee before class."

Sonny Muniz
SENIOR

"My 3 o'clock, that's when I start to feel the most energized."

Rissa Ellerbrock
FRESHMAN

"Noon, it's right after chapel so I can get there early."

Photos: Mark Kamibayashiyama

the Collegian

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am I? If I am not constantly improving my skills, then how can I be a successful and valuable member of society? I feel guilty for not working and even more guilty for letting others do work I had mentally assigned to myself, regardless of whether it was my responsibility or not. Maybe you've felt that same guilt.

I had one of those bad days recently. It had been a very long week of confusing projects, mountains of homework with changing requirements and fast approaching deadlines, and other responsibilities that had me straining my

mental abilities and pushing my physical limits.

I was in the middle of my early morning work shift when suddenly my computer stopped working. To say I was ready to weep would be a bit overdramatic, but I was ready to cry. I had deadlines to meet and assignments to turn in, but instead of accomplishing all those things, I was dead in the water. I could not even write a Collegian article.

But amid all our trials, both big and small, the Lord is gracious, and He brought to my memory the story of Elijah: his failure and the time the Lord told him to rest.

1 Kings 19 tells the story of

Elijah battling against Ahab and Jezebel. Elijah knows he has the strength of the Lord behind him, but when Jezebel threatens his life, Elijah loses faith and runs away. He runs into the wilderness and breaks down, begging the Lord to take him up to Heaven because he just cannot stand to be on this earth anymore.

God does not take Elijah, but neither does He immediately reprimand him. He lets Elijah sleep, and twice the angel of the Lord brings Elijah food to nourish him. After resting and replenishing his energy, Elijah goes to Mount Horeb where the Lord

passes by and gives Elijah new instructions.

The point of this story is that when Elijah failed, when he was so exhausted and depressed and completely incapable of continuing, the Lord had him rest. He had Elijah rest and He also fed him, taking care of the prophet until he was in a better state to accomplish the work the Lord had for him.

I love this story. I am afraid of rest. But why should I be, when I have the Lord to rest in? We as Christians have the privilege of being children of an all-powerful and almighty God who knows all our weaknesses and limitations as well

as our strengths. A God whose plans do not rely on human ability alone and whose plans cannot be ruined by our failures.

A God who wants us to have enough faith and trust in Him that we are not afraid to simply rest every now and then. To let Him take care of us and do His good and perfect work.

So, to all my fellow pedantic perfectionists and worn-out workaholics, this is me metaphorically taking your hand and telling you that I'm here with you. If you're tired, don't be afraid of rest. Don't be afraid of resting in the Lord.

New technology equips classes for COVID-19 needs

Abigail Vork
STAFF WRITER

BJU has implemented several new technological updates for this fall semester to be ready to accommodate any needs for students and faculty in isolation due to COVID-19.

Matt Gardenghi, the director of academic technologies and IT operations, was part of a task force this summer to prepare for the best academic experience for faculty and students under the current circumstances. "Our goal, predominantly, was how do we teach in residence while enabling students who may be isolated to participate and potentially record for those who are too sick to

participate," Gardenghi said.

The task force chose Microsoft Teams, a resource that BJU already possessed, to accomplish these goals. Teams allows professors to simultaneously stream and record their lecture while teaching from the classroom. Teams also provides a practical option for teaching and communication among faculty, staff and students. In addition to professors having virtual classrooms through Teams, they also can streamline meetings, questions and class updates through the platform.

To accommodate professors who are teaching from home for health reasons, "smart carts" were purchased to allow a teacher to be visible in the classroom and maintain

interaction with students. Microsoft Teams runs on a TV so students can see the professor while a camera and microphone allow students to interact with the professor.

Students in isolation also needed a way to hear faculty members clearly as they move throughout the classroom and away from their laptop's microphone while streaming classes.

"We asked the question, can we enable, on a budget, all of the students to be heard and still capture the faculty member?" Gardenghi said. Gardenghi's team purchased wireless microphones to capture, stream and record audio.

Physical distancing guidelines require students to spread out within classrooms,



Dr. Cynthia Midcalf teaches in the Alumni Building.

Photo: Mark Kamibayashiyama

However, this option meant that those in the back would be sitting next to the air conditioner which could make it difficult for students to hear the professor.

so classrooms often had to be reconfigured. In Alumni 217 Gardenghi and his team considered spreading students to the back of the classroom.

To provide optimal seating, the staff rotated the classroom setting 90 degrees. This shift allows for students to be closer to the professor while still spread out. Additionally, Gardenghi's team installed a second projector for the wider classroom to keep students engaged.

With device usage being higher than ever, Gardenghi encourages students to turn their phones on airplane mode when they are not in use, especially at night.

"When everybody goes into their room, the device count goes up and bandwidth goes down because all the devices are chattering at the same time," Gardenghi said. He encourages students to be conscientious about their device usage to make things more effective for everyone.



Classrooms are set for physical distancing. Photo: Mark Kamibayashiyama

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completed on schedule despite the impact of COVID-19. While in many situations COVID-19 slowed down plans, the Lord used the lack of activity on campus as well as financial provision to help speed up the building process of the new space. A large amount of the funds needed for the building came in during the middle of the pandemic. The Health Professions faculty were actively involved in designing the new facility to create the best and most practical environment for

students. Dr. Jessica Minor, dean of the School of Health Professions, pointed out that the collaboration between both students and faculty has been a major highlight of being housed in one building. This collaboration allows students to be better equipped for grad school and for entering the workforce. "By the time [students] go in to get a speech pathology or health care administration master's or to be a doctor or nurse, they would have already had . . . experiences to prepare them for how [to]

work with the other medical providers on [their] team," Minor said. Students also love being able to interact with other majors within the School of Health Professions. Senior nursing major Kristyn Rygh said the collaboration is good exposure for students to see and understand what each other must do. "The hospital is not just nurses," Rygh said. "You have to collaborate with everybody." Housing more lab space, three classrooms that seat 50 and one that seats 40, the new state-of-the-art facility opens opportunities for new projects, grants and extra room for activities. Nursing majors are some of the most affected by the new facility. The old nursing building was one of the oldest in use on campus, and it was outdated. Now, state-of-the-art facilities such as the simulation lab allow nursing students to practice their skills. "We kind of had to fake certain things before because we didn't have the equipment,"

Rygh said. "We'd be like, 'I'm going to pretend like I'm doing this,' but now we're actually getting to practice it." For the first time in the history of the nursing program at BJU, students can enter in either the fall or spring semester. In the fall, the program can accept 50 students and in the spring, 25 students. Minor said that in three years, every nursing class will be taught every semester, and the program will have had the opportunity to double. Every major within the School of Health Professions is benefiting from the new building. For example, kinesiology now has labs with a lot of heavy equipment typically found in athletic training centers, including an anti-gravity treadmill. As a smaller major, the communication disorders program was housed alongside other majors in the Gustafson Fine Arts Building. Shelby Sanders, a sophomore communication disorders major, said, "Now, we have a whole lab and a speech therapy room . . . and we have our own space."



The Nursing Skills lab has 14 hospital beds. Photo: Mark Kamibayashiyama

SCHOOL OF HEALTH PROFESSIONS

Division of Nursing

- Nursing
- RN to BSN Completion

Division of Exercise & Sport

- Kinesiology
 - Exercise Physiology
 - Sports Medicine & Rehabilitation
- Personal Training, AS
- Sport Management

Division of Health Sciences

- Premed/Predent
- Health Sciences
 - General
 - Health Care Administration
 - Nutrition
 - Pre-Pharmacy
 - Pre-Physician Assistant
- Public Health

Concerto to feature spring 2020 competition winners

Jessica Lovely
STAFF WRITER

The Bob Jones University Symphony Orchestra will perform their Concerto Showcase at 7 p.m. on Sept. 18, featuring the winners from the Spring 2020 Aria and Concerto competition in vocal, strings, brass, harp, piano and woodwind categories. Held in Rodeheaver Auditorium, this showcase will display the work of BJU's own

student body with soloists Ellie Myers, Daniel Hudson, Lauren Davies, Krista Hagglund and Marianne Freeman—all students in the music program at BJU. This concert includes multiple shorter pieces, as opposed to fewer long pieces with multiple movements, promising to make the concert fast-paced. Multiple challenges face the students and faculty as they work to make this production a reality. With many

college campuses remaining closed or recently closing because of mounting COVID-19 outbreaks, BJU is not only staying open but is also putting on this multiple-piece performance. The BJUSO is working within specific implemented procedures as they prepare for this event. The orchestra members spread out for rehearsals and will perform in a significantly larger space than normally used for this

type of event. Anne Smith, a cello performance major and first chair cellist in the concert, said rehearsals look different this year. "With the new COVID precautions, it just adds an extra element of difficulty," she said. "Usually, the strings section sits two to [each] stand so every section member has a stand buddy. Being secluded . . . makes you focus more on your part and it's also a good motivator just to practice," Smith said. Smith said she does miss the relationship building that occurs between stand buddies but said the changes this year have brought the students together in another way. "It brings us closer together because we have to be more aware of what's going on," she said. Ellie Myers, a music education major and piano soloist in the concert, said, "Dr. Moore has been such a positive leader and has done everything in his power to make this concert possible, even though he has faced significant challenges. The students have also been gracious in their response to all the rehearsal protocols and

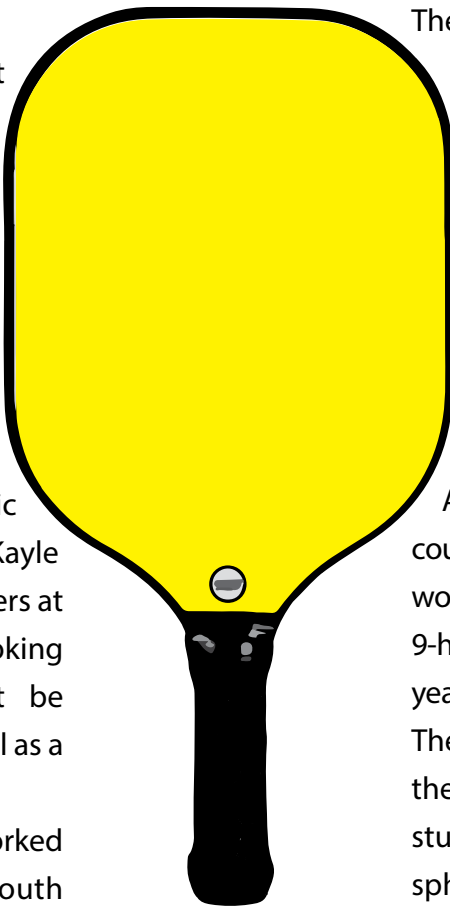
have worked hard to make it a success." Myers said she is really excited for the opportunity to play a piano solo with an orchestra. "God enabled me to get this opportunity," Myers said. "I am completely dependent on Him to empower me in my preparation and also in my performance. I hope that it will be an enjoyable experience for me and for the audience that I get to share it with." Despite the challenges of physically distanced rehearsals and the overwhelming changes due to COVID-19, students and faculty continue toward their goal of a successful performance. Dr. Michael Moore, chair of the division of Music at BJU and director of the BJUSO, eagerly anticipates the showcase and deeply appreciates the diligent work from the students involved in it. "This is a unique event, not just on our campus but in all of Greenville," Moore said. "I'm really proud of our students, and I can't wait for our campus community to come out and give them the support they deserve."



Students spend hours practicing for performances. Photo: Andrew Pledger



Newly finished pickle ball courts sit in place of the upper tennis courts adjacent to Mary Gaston residence hall, providing students a new recreational opportunity. A growing love for pickle ball among the student body inspired the tennis court renovation. When BJU's vice president for student development and discipleship Dr. Alan Benson heard about the student body's interest in pickle ball from his daughter, he felt inclined to do something about it. From there, executive meetings affirmed the possibility of renovation and the project started. "This whole thing has become an amazing collaboration between student life and our athletic department," Dr. Benson said. Sophomore Kayle Stevenson avidly plays pickle ball with a group of peers at BJU regularly. "We are very inclusive [and] always looking for people who want to come out, so don't be intimidated," Stevenson said. She describes pickle ball as a "hybrid between tennis and ping pong." Stevenson's interest in pickle ball began when she worked at courts in her hometown of Hilton Head, South



Carolina. "I've watched how pickle ball has transformed communities here," she said. The timing of the tennis court renovation has had an added benefit since it provides outdoor space compatible with COVID-19 guidelines. "Because of all the social distancing protocols [due to] Covid-19, it is a nice way to still interact with others," Stevenson said. Dr. Benson expressed similar thoughts on the addition of the pickle ball courts, particularly during a pandemic. "We want [the courts] to be a gathering spot, [and] COVID-19 makes [the pickle ball courts] being outdoors that much more valuable," Benson said. Additional plans to renovate the second tier of tennis courts, as well as add additional society sports, are in the works. Students should expect to see multi-sport courts and 9-hole putt-putt in the future. New society sport options this year will include dodgeball and pickle ball. The words "Home Court" stand out boldly on the walls of the courts to represent the idea that BJU is home to its students and that the courts provide a part of that atmosphere.



Peter Nguyen waits to serve. Photo: Lindsay Shaleen



Ellie Weier returns service. Photo: Lindsay Shaleen

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themselves to be better," Pratt said.

Pratt also said she had to learn to deal with some opposition from fellow cadets attending other universities such as Clemson. But Pratt said even this challenge provided an opportunity to be a testimony.

When Pratt and her fellow BJU cadets responded positively to the teasing, even occasionally participating in the jokes, Clemson students felt comfortable enough to approach the BJU cadets about more serious topics, Pratt said.

Andrew Taylor, a BJU junior in his fourth year with the ROTC program, also values the opportunities offered by the program.

"I wouldn't see enough of a reason to be here...unless I felt I could be useful for God," Taylor said.

Taylor said the new experiences of the ROTC program have been challenging—which makes them valuable.

"I'm glad I have the opportunity to make those adjustments, because they'll be useful to me later in life," Taylor said.

Brandon Swain, a BJU sophomore in the Air Force ROTC program, said

prospective cadets will have opportunities to build relationships with fellow cadets, as well as push themselves to a higher level.

"Expect a challenge, but don't be discouraged by that, because if you push through that, you can be a much better person because of it, spiritually and physically," Swain said.

The ROTC Air Force program is one of the most challenging things Aaron Doney, a junior, said he has ever done in his life.

But according to Doney, the opportunities for growth have been worth it, even more so than the tuition

benefits.

"Instead of going in expecting something for free, go in expecting to put in your best effort and get something that will last you

longer than college," Doney said.

Students considering the ROTC program should contact Com. Alan Carper at acarper@bju.edu.



An ROTC student at the gun range takes his aim. Photo: Caleb Olivero



William Driggers, Karina Wolfe and Thomas Wade discuss their operation. Photo: Caleb Olivero

Students find recreation at local parks and hiking trails

Katie French

STAFF WRITER

BJU students are finding that the Greenville area is home to several parks and hiking trails that serve as enjoyable outdoor recreational activities.

Senior business administration major Christen Moore recommends Paris Mountain State Park. "Paris Mountain is good [to go to] when you need to go out in nature but [...] don't have much time," Moore said.

The park is approximately four miles away from BJU and hosts quality camping spots, five of which are accessible on the sides of the trails.

A work relief program in operation from 1933 to 1942, known as the Civilian Conservation Corps, built the park during the Great Depression. Stone and timber from the original construction of the park are located outside of the Park Center to display the history of the park.

Caesars Head State Park overlooks the Blue Ridge Escarpment and provides views as far as North Carolina and Georgia. The park's Raven Cliff Falls trail is a 4-mile round trip and leads to a view of the falls. A 6.6-mile round trip trail to a suspension bridge gives another perspective of the falls.

Connected to Caesars Head State Park lies Jones Gap State Park. Both state parks are part of the Mountain Bridge Wilderness Area that is made up of 13,000 acres of mountain forest.

Jones Gap consists of several trails as well as the Middle Saluda River. Rainbow Falls Trail provides a gorgeous view of waterfalls, and the Middle Saluda River is a hot spot for trout fishing.

Table Rock State Park provides its visitors with 3,000 acres of trails, lakes and campsites, with mountains and waterfalls making up the views. The Civilian Conservation Corps built many of the

structures in the park that remain today.

The hike at Table Rock is especially popular among the student body. Junior education major Abigail Rocha recommends that students hiking this trail bring extra water since the hike is challenging.

"[Hiking Table Rock] was a cool way to refresh my soul and get out in nature," Rocha said. Senior music major Jared Miller noted that the hike could be of interest to both amateur and experienced hikers.

There are also scenic areas in the Greenville that require minimal hiking. Looking Glass Waterfalls is located in Pisgah National Forest, and Black Balsam Knob via Art Loeb Trail is located in the Shining Rock Wilderness Area.

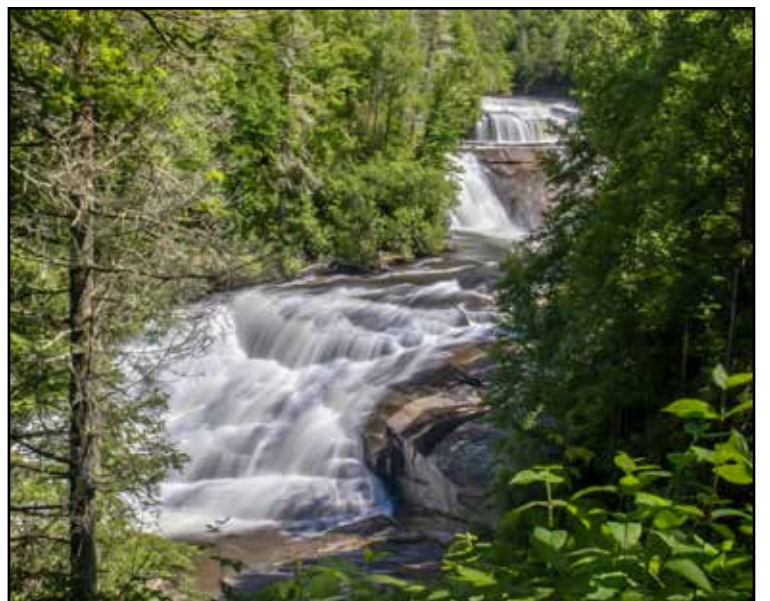
Neither Bald Rock Heritage Preserve nor Pretty Place require hiking. Bald Rock features a view of South Carolina's foothills, and Pretty Place overlooks a lavish hillside.

Many BJU students enjoy visiting Bald Rock for sunrise or sunset views.

For a challenging hike, Sasfras Mountain in Sunset, South Carolina, provides an 8.2-mile hike with a particularly extensive view. Hikers can see three states at the top of the 3,553-foot point: South Carolina, North Carolina and

Georgia. An observation tower with a compass dividing North and South Carolina stands at the end of the trail. Visitors can ascend this 11-foot lookout to experience the epitome of what the views have to offer.

For more information including directions to trails in Greenville and surrounding areas, visit alltrails.com.



Looking Glass Falls is a waterfall in North Carolina. Photo: Bradley Allweil

Bruins qualify for the NCAA

Zach Haynes
STAFF WRITER

Bob Jones University sports made the jump to Division III provisional status in the National College Athletic Association despite the challenges of the pandemic.

The NCAA Division III provisional status gives BJU a unique opportunity as the only Division III school in the state of South Carolina. Jonny Gamet, the director of sports information, said, "BJU opens the door for South Carolina for Division III sports and academics."

"There are a lot of North Carolina and Georgia Division III schools in the surrounding region, but we feel like that is why the NCAA was excited about our application," Gamet said. "Our hope is that we can get more schools from South Carolina."

Even though BJU has been accepted as a Division III school, the University is in a three-year provisional status period, which means the NCAA is observing and advising in BJU's transition to Division III.

"During the provisional years we won't be able to

play in the Division III postseason, which is one of the drawbacks of the provisional period—but that's also another reason why we wanted to maintain our affiliation with the NCCAA so that our student athletes can still have postseason opportunities," Gamet said.

This concept is called dual affiliation. With the NCCAA status still active, the Bruins can play in the NCCAA postseason and compete for championships.

With the pandemic taking its full form over the summer and BJU moving to NCAA Division III provisional status, student athletes were met with new challenges. One of those challenges were gyms, soccer fields and even tracks

being shut down for the summer.

Kayle Stevenson, a sophomore on the women's soccer team, said one of the biggest challenges was that her city either took down every soccer goal and put them away or locked up the goals together. "There was even a time they shut down public fields and gyms, so I had to do

body weight workouts at home and get touches on the ball in my driveway or yard until I could get back into the gym and field," Stevenson said.

COVID-19 affected players' ability to get better over the offseason and delayed pre-season training for some Bruins sports teams. Preseason is a key opportunity for teams to reinforce details and gain team chemistry with their new and old teammates.

Bruins teams are also recommended to follow protocols to protect them against the virus. During the pandemic, the NCAA has labeled sports in different categories: low risk, medium risk and high risk. Players of low risk

sports such as golf will not be tested for COVID-19 unless a player shows symptoms. In medium risk sports such as cross country and baseball, players will be tested every 3 weeks for COVID-19. In high risk sports such as volleyball, soccer and basketball, players will be tested every week.

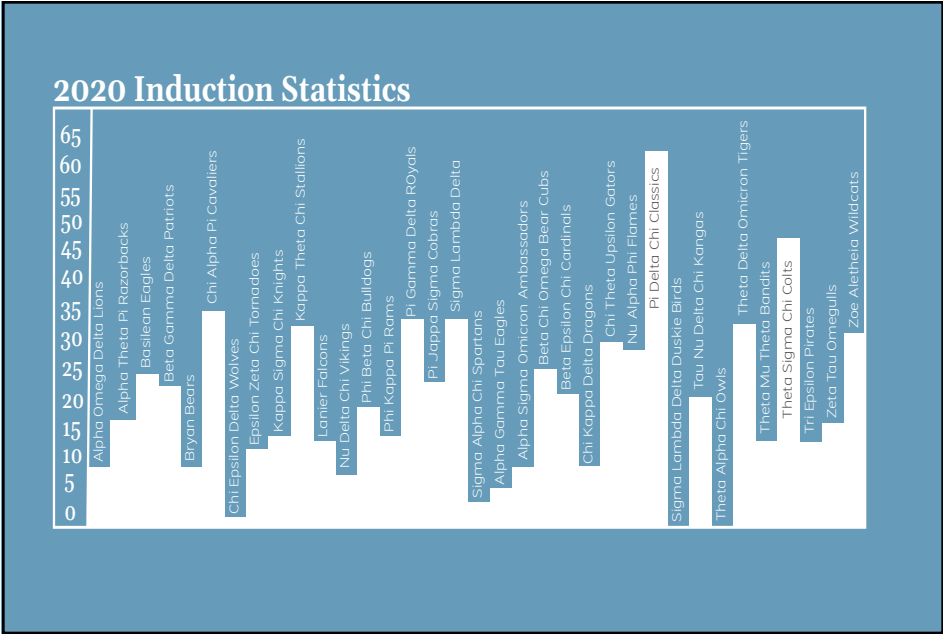
Coaches are enforcing physical distancing as much as possible, including during warm-up times and drills. These tests and physical distancing protocols are important to keep student athletes and the campus safe from COVID-19.



Bruins' player Elise Benke concentrates on her training. Photo: Andrew Pledger



Jessica Peterson presses to the ball on defense. Photo: Andrew Pledger



2020 Inductions Statistics : Alicia DeMott

HEALTH & wellness TIPS

with Melanie Schell

Does Timing Matter?

Oh yes, it does!! There is some evidence that it is not just what and how much you eat, but also when you eat that could influence your overall health. College life can have the tendency to disrupt your normal circadian "clock." Late night study sessions

and busy days equal higher nutritional needs. So fuel up at breakfast and lunch to provide energy when you need it most. Eat a larger lunch with a lighter supper - a winning combo for hectic college life.

Faculty spotlight: Dr. Bernard Kadio preps BJU for pandemic

Vicki Olachea
STAFF WRITER

Dr. Bernard Kadio first met students from BJU in 2018 in his home country of Ivory Coast. That meeting ultimately led Kadio, a medical professional educated and esteemed on three continents, to quit his job in cancer research and apply for a faculty position working with Bob Jones University.

Kadio was a 20-year veteran of medical missions when he met the BJU team that changed everything for him in 2018.

"In all my twenty years of training students, I had never seen such fine students," Kadio said. Out of the thousands of students Kadio had trained, he complimented the BJU students on their training, their attitudes and their manners. "I never heard even one [student] complain," he said.

To Kadio, this team represented something he had been searching for: a school that excellently equipped the next generation for medical missions. Kadio applied immediately for an adjunct position at BJU. Before the end of the semester, he was offered and then accepted

a full-time position in the School of Health Professions.

But the connection between Kadio and Greenville started much earlier.

Kadio accepted Christ at the age of 15 through the ministry of a missionary from Greenville. At the time, Kadio had no idea of the significance of the place. But he immediately understood the significance of missions, especially medical missions.

"Medical missions [are] the future of missions in general," Kadio said.

Kadio emphasized that medical missions open the borders of countries closed to traditional missionaries. "There is one type of missionary they cannot get rid of," Kadio said. "Those are medical missionaries—because they need them."

This burden for medical missions motivated him to attend medical school where he grew up in Ivory Coast. After graduating, he extended his focus to include public health. He received an international scholarship—one that took only the top 10% of medical students from all of Africa.

This new stage of training took him to an international university in Alexandria, Egypt,

where Kadio earned a master's degree in public health.

While earning his MPH Kadio took an internship in Toulouse, France, that placed him on a team with the CNES, the French National Centre for Space Studies.

With this team Kadio developed a model for predicting and controlling the spread of a global pandemic. Kadio and his team were among the first in the world to develop a workable model.

Yet Kadio felt he could not stay. As important as the work was, it was not as lasting as the impact of medical missions. Despite the CNES asking him to remain, he accepted a position at the University of Ottawa. There he worked on his PhD and was given a \$1 million grant for cancer research.

Yet again, Kadio was restless and continued in his search for a position that would let him prepare students for medical mission work. So when he returned to Ivory Coast for a medical missions outreach and met the BJU students, he resigned his position and took an adjunct job at Bob Jones University.

"I didn't have peace," Kadio said, when asked why he

would give up such enviable positions.

"You can have fame, you can have money, you can have a good position; but when you are a Christian, you can tell the difference between the peace of God and the peace from things that come outside the will of God," Kadio said.

Kadio now lives in Greenville with his wife, who is also an accomplished surgeon, and his son, who is in ninth grade at Bob Jones Academy.

"Honestly, I feel like I'm more useful in the hands of the Lord now, because I am training those students that are going to carry on medical missions," Kadio said.

Kadio emphasized how God has prepared him for battling the COVID-19 pandemic, years before it became a global crisis. Over the last three months, he has used every degree, contact and work

experience collected over years in the medical field.

Kadio said he sees God working through the students of Bob Jones University, from the beginning of his jour-



Dr. Kadio accepted Christ at 15. Photo: Andrew Pledger

ney into medical missions and onward. "There is absolutely nothing that you do today that you will not need probably ten years from now," Kadio said.

Kadio also thanks God for equipping him to help not only BJU but local pastors during the current health crisis. He emphasized that God is working not only before the pandemic, but through the pandemic. "This is how powerful God is," Kadio said.

Students and faculty preview fall theatre department season

Olivia Thomas
STAFF WRITER

Bob Jones University's theatre department is preparing a wide variety of productions, which will begin to premiere in early October to delight the students of BJU.

The theatre department is finding creative ways to plan and stage shows while observing COVID-19 restrictions, and the rules have inspired them to think outside the box in order to tell a story.

"We just want to be together telling a story to an audience," Dr. Erin Naler, head of the theatre department, said. "Whatever that looks like, we'll be okay."

The graduate students kick off the season with an adaptation of *Flute Dream*, which will

be performed on Oct. 6 and 7. Graduate theatre student Jordan Ford is directing the performance, which will be outdoors, making *Flute Dream* unique among the other plays this season. The play is adapted from Hermann Hesse's short story of the same name, in which a young man leaves his home to discover the world and encounters a pretty girl, a strange old man and a boat.

Later in the month *Measure for Measure* will be performed on Oct. 16 and 17. The Shakespeare play, featuring an all-female cast, was part of last semester's season but the cast was able to perform only once before BJU moved to remote learning. The majority of last semester's cast will return for this semester's performances to tell a story

of morality, power, abuse and forgiveness.

Naler, the director of *Measure for Measure*, said the energy and excitement surrounding the show is evident. Naler said she looked forward to putting on this production for the students of BJU, especially in light of the effects the COVID-19 pandemic have had on the community.

"You cannot replace presence," Naler said. "Even being present on stage is going to be powerful for us . . . and being present as an audience is a big deal, especially now when we haven't really been able to be present with one another."

Thinking outside the box is a running theme this semester. Megan King, a senior theatre major, is thinking outside the box as she directs and puts together a play titled *Fog*. It will run Oct. 29 through 31.

Written by Eugene O'Neill, *Fog* is the story of three characters adrift in a lifeboat and the conversation they have about class differences and who should live or die.

King is directing *Fog* as part of her senior capstone and said that having the opportunity to return to in-person classes to do theatre was a privilege she is grateful for. She encourages students

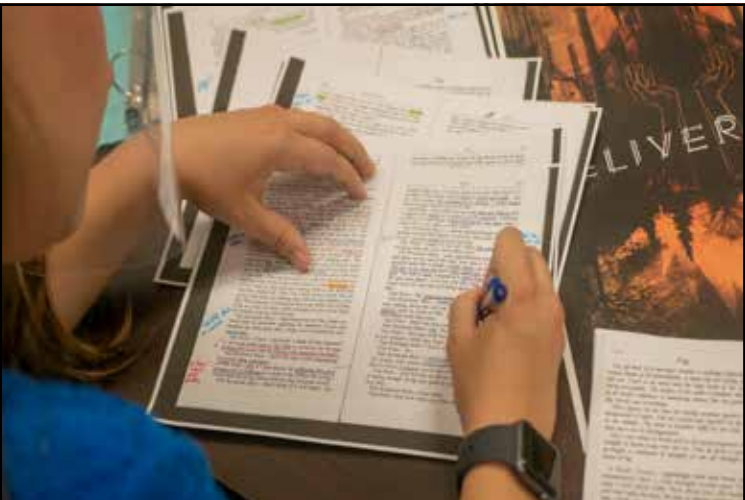
from all majors to come see as many of the different plays as they can.

"I think coming to see shows on campus as a student, even if you're not a [theatre] major, is important," King said. "Nearly everywhere else you look no one is doing theatre. The fact that we're doing it at all is an incredible opportunity and an incredible gift."

Differences in class and

privilege are also a theme that *A Christmas Carol* will touch on during its showing on Nov. 13. Ron Pyle, a faculty member of the theatre department, is the director of the play.

A classic play based on the story by Charles Dickens, *A Christmas Carol* will be staged like a 1940s era radio drama, putting a unique spin on a familiar story.



A theatre student reviews her script. Photo: Mark Kamibayashiyama

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