Vol. 33 No. 11 | collegianonline.com

Bob Jones University, Greenville, SC 29614

Students, faculty share Christmas traditions

Andrew Schmidt

STAFF WRITER

As Charlie Brown and friends once sang, "Christmastime is here." For many Bob Jones University students this means a chance to recall time-honored traditions with friends and family.

Many BJU students observe traditions related to holiday foods.

For instance, Ben Koestner, a sophomore IT major, said that his mother has a special oatmeal recipe she uses only for Christmas morning breakfast. This special oatmeal features raspberry jam and ginger sauce.

Isaac Slayton, a senior Bible major, said his family makes special Christmas punch by mixing 7UP, Hawaiian Punch and orange juice concentrate.

Caleb Goetz, a senior internationstudies major, said that his great grandmother. who is descended from Swedish nobility,

makes homemade Swedish meatballs.

Dr. Mark Vowels, chair of the Division of Ministries, said that his family eats a traditionally large Cuban Christmas dinner with roast pork for the main course.

Other students follow traditions related to gift-giving.

Jesse Yancey, a graduate assistant, said that his family hides a present for each person in the family in different places around their property. They then follow clues in a homemade scavenger hunt leading to the present.

Several BJU residents, including Dr. Vowels and senior engineering major Maverick Cowland, open one small gift with their families on Christmas Eve.

Many of the favorite activities enjoyed by BJU students at Christmas center around family time.

Many students like to put up and decorate full-sized Christmas trees with their families. Some said that their families also make an event out of finding and cutting down a live tree at a tree farm.

Sam Veira, a junior journal-

ism and mass communication major, said that her family sets up a tiny tree in different places around their house and decorates it with Beanie Babies, doll toys and other small accessories.

Several students said that they gather with extended family for Christmas. This can include grandparents, aunts, uncles, cousins and the spouses of siblings.

Jed King, a senior history major, said his extended family holds yearly reunions at Christmas.

Tabitha Leaman, a junior journalism and

> See CHRISTMAS p.6 >>



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/BJUCollegian

Student Body **Program**

End the semester Tuesday at 11 a.m. in the FMA with a laugh at the student body program, a Christmas-themed musical show.

Composition Recital

Visit War Memorial Chapel on Tuesday at 5 p.m. to listen to the best original works by music composition students.

Ignite

The final Ignite of the semester will be in The Den at 10 p.m. on Wednesday, Dec. 18. Join us for one last day of fun before heading home.

Alumni spotlight: Scott Wigginton

Katie Robertson, Jenna Webb, Joelle Gilbert and Maria Coco attend the lighting ceremony.

Callie Parker

STAFF WRITER

Greyrock Accounting and Financial Reporting is an outsource CFO accounting firm in downtown Greenville. The president and CEO of Greyrock is 1996 Bob Jones University graduate, Scott Wigginton.

Greyrock's 25 employees are responsible for the accounting and financial reporting, financial stratagy and analysis, tax services and

payroll administration for 150 companies both locally and regionally including the NC-CAA, Two Men and a Truck and Oobē Apparel Design Group.

Wigginton believes that his time at Bob Jones University prepared him for his career and his personal life in similar ways.

"From the actual classes I took to the life lessons I was taught, I learned overall how to do my job well and how to love people," he said. "The

greatest skill I learned was how to form strong relationships."

Wigginton credits the Christian community at Bob Jones University for his understand-

ing of the importance of incorporating the love of Christ into every aspect of his life,



Wigginton is president and CEO of Greyrock. Photo: Submitted

especially his company.

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Basketball Games

Come watch the men's basketball team play against Carolina Christian College at 7 p.m. today and the women's basketball team play **Trinity Baptist College** at 2 p.m. Saturday.

Semester Ends

See ya next semester.

Student Spotlight: Jan-David Green

Year in review

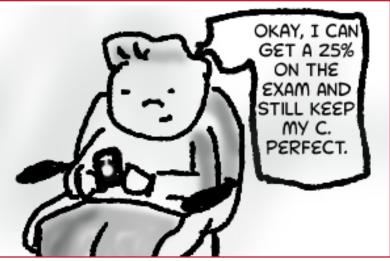
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Fall, sping society sports

How to survive final exams

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The Collegian Editorial

Enjoing your holly jolly Christmas

It's beginning to look a lot like Christmas, but there will be no silent night until finals are finished. But before we all head home for Christmas, consider the holiday. A time of pointing at magazines, or online ads, and saying, "I want that."

It doesn't need to be selfish; we have simply grown up asking and, often, receiving Christmas gifts, from our two front teeth to hippopotamuses.

However, this time of year, from Thanksgiving to the New Year, the question of self-control comes sharply into focus.

Do you want another helping of pumpkin pie? No second thought required. Should I sleep in till noon over break? Too late, it's already 2 p.m.

Humans can be notoriously undisciplined. In the words of that great American social critic Ariana Grande, "I see it. I like it. I want it. I got it."

Often times our train of thought follows this exact pattern. But the things of life don't come free to us. Building anything, including the person you should or want to be, takes effort and time.

So this Christmas, commit to waking up every day at 6 a.m., taking a morning jog, reading Scripture for two hours and not binging that Netflix show.

 $Or take \, a \, more \, moderate \, approach, \,$

which is what we would recommend. Take the time over break to purposefully be controlled, to resist the desire to press the "Continue Watching" button or to let the TV press the button for you.

Don't feel the need to schedule every single second of your break, but at least once, reign yourself in and purposefully resist your impulse.

Building self-control is a valuable skill. College forces us to monitor our actions, and entering the post-university will require more self-control yet.

A breath of heat hits your face as your mittened hand removes a pan of sugar cookies from the oven. Yes, you snuck some cookie dough while everyone's backs were turned. Sneaky you. But now the cookies are warm and perfect. So take one and grab some milk. Enjoy.

When the urge comes to take 10 more though, don't. Instead, remember this editorial and decide that this is your moment of self-control. After all the lights you hung and stockings you stuffed, you have the power.

Some might say, what's the point? "I have self-control at college, assignments turned in on time with A's as a result," you say. "Why shouldn't I have 15.2 sugar cookies?"

While a poor example, the point is the ability you receive to continue saying "no" to your stream-of-conscious desires. Like a bacterium that becomes resistant to a pesticide, you become resistant to your desires.

Perhaps you could take a break from social media for, gasp, a week. Or before you make that quick stop into Starbucks for another afternoon drink, keep on driving.

Find an action that you do impulsively or frequently, and choose to take a break from it. Try something new. Go on a walk, or better yet, walk your dog, who would probably love to leave the house.

Paul states in Romans "that which I do I allow not: for what I would, that do I not; but what I hate, that I do."

By tackling the task of saying "no" to sugar cookies — or whatever you decide to have self-control over — you can build a routine of denying yourself.

Despite the popular book by the same name, you cannot simply think and grow rich. You must work at it. Similarly, you cannot sit down one day and tackle a problem you've said "yes" to for years. By learning to have impulse control toward something you enjoy, sugar cookies, you can better prepare to deny yourself during situations of higher consequence.

So enjoy your holly, jolly Christmas, dance around the Christmas tree, have a white or blue Christmas and choose to consciously deny yourself just once.

the Collegian

Bob Jones University Greenville, SC 29614-0001 www.collegianonline.com www.facebook.com/BJUCollegian

The Collegian is the Bob Jones
University student newspaper. The
paper is published weekly with
issues out on Fridays. For advertising
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Comic: Hanna Buckland

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What is your favorite Christmas movie or song?



Abigail Proffitt
SOPHOMORE
"Chestnuts Roasting

on an Open Fire"



Susanna Smith
SOPHOMORE

It's a Wonderful Life



A Christmas Carol
with George C. Scott



Kyle Calhoun
SENIOR
The Dolar B

The Polar Express/ Muppets Christmas Carol

COLUMN



Sidney Seiber STAFF WRITER

When I first came onto *The Collegian* writing staff around the middle of the 2019 spring semester, I was excited and a

nervous wreck.

I did not feel like the best person for the position. My writing was not where I wanted it to be. My time management skills were still in the developmental stages. And the thought of interviewing strangers made me sick.

The newspaper staff had just lost many of its members that semester, and so

they definitely needed new staff members, emailing several of those students who were doing well in Principles of Journalism.

Hoping I would learn something from the experience, but still having a foreboding feeling that my pride was about to have major beat down, I signed up.

I could not be more thankful that I made that decision.

BJU's newspaper has allowed me to improve my journalism skills by requiring me to research topics, interview people and write articles every week. I was humbled by

the Christlike spirit of the people I had the honor of interviewing for *The Collegian*.

The Collegian allowed me to practice what I had been learning in the classroom.

But there were even more valuable things I have taken away from my experience on the newspaper staff.

Those things were the relationships I got the chance to build. The editing staff, Seth Johnson and Christina Laird, is ever-patient and helpful, with a work ethic that will inspire me long after I graduate from BJU. My fellow writers have been a comfort in times

of heavy article revisions and have made me laugh at some of the hard times in the semester.

In high school, I could never had seen myself here, writing a column for the University's newspaper, but as the LORD said in Isaiah 55:9, "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

Though I know that this is only one step that God has for me on my journey, it makes me excited to see what else God has in store in the future.

BONSECOS

Green plays rugby with the Greenville Gryphons.

Photo: Chris Harmony

Student Spotlight: Jan-David Green

Andrew Schmidt

STAFF WRITER

Jan-David Green, a freshman premed major, found his way to Bob Jones University from Zimbabwe.

Green grew up on a farm in Zimbabwe with his parents, two older sisters and two younger sisters. When the government started taking over private farms in the early 2000s, Green's father lost his farm

"I grew up with a lot of shortages and difficulty getting things," Green said. "I think it's taught me well to make plans and be content

with what I have."

Green's father now works in Z a m b i a, where he lives with the two youngest children.

Green was interested in medicine from early on in his academic life. Green said this fascination started when he studied biology and human anatomy in his early teens. " I ' m

" I ' m someone who really likes to keep training and expanding and learning, and I love a challenge. The medical

field is a great place to get both of those things," Green said.

He took basic paramedic and intermediate EMT training in Zimbabwe in preparation for a career in medicine. He worked as an ambulance driver and a member of an ambulance ride-on crew.

Green eventually also worked with helicopter and remote rescue teams and participated in search and rescue operations in the bush of Zimbabwe.

After being rejected by several European colleges that were not willing to accept his homeschooling, Green eventually decided to enroll in Bob Jones University and travel to Greenville.

Green has a significant interest in sports and is a skilled athlete. Since he grew up in the former British territory of Zambia, the sports he plays differ

from the ones that are most popular in the U.S.

G r e e n played cricket during high school. When he finished high school and started training as a paramedic, he began playing rugby. Since Bob

Jones University does not have a rugby team, Green looked for other opportunities to play rugby in the Greenville area and found the

Greenville Gryphons. He attended one of the Gryphons' practices and was offered a spot on the team. He began playing for them a few weeks later.

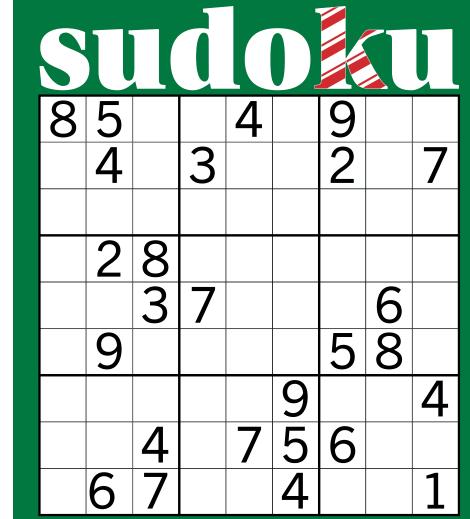
Green said that he likes the Bob Jones University campus and enjoys society activities.

He also said he greatly appreciates the University's faculty. "They're very engaging, and they're concerned about you as a person," Green said.

Green said he's had some difficulty growing accustomed to American weather, lifestyle and food.

"I don't know why you guys sweeten everything so much," Green said. "Everything's either sweetened or deepfried," he said.

Climate and culinary difficulties aside, Green looks forward to seeing what he'll learn next academically and spiritually.





Green began playing rugby after high school.

Photo: Chris Harmony



A YEAR IN REVIEW

Amazon becomes the world's most valuable listed company, beating Microsoft for the first time. The company is currently worth \$315.5 billion.

25 The U.S. government reopens after the longest U.S. government shutdown in history. The shutdown began December 22, 2018, and was the second federal government shutdown involving furloughs during the presidency of Donald Trump.

2Beneth Peters
Jones, wife of Dr. Bob Jones III, dies at age 81. Her funeral is held in Founder's Memorial Amphitorium. She was a public speaker, author, actress and inspirational Christian woman.

Mars Oppor-L Utunity rover is confirmed lost and at the end of its mission by NASA after a sandstorm damaged its communications equipment. The rover spent 15 years on the surface of Mars before being lost.

Greenville Tri-L Oumph partners with BJU. Greenville Triumph is a professional soccer team.

12 The Community Service Chapel launches the BEYOND initiative to encourage students in community service.

14 BJU presents the Broadway musical Titanic. Owners of the *Titanic* museum in Pigeon Forge, Tennessee, attended BJU's production of the Tony Award winning musical and allowed many artifacts from the museum to be displayed in the Rodeheaver Auditorium.

BJU hosts its **O**fourth NCCAA Nationals Tournament for basketball.

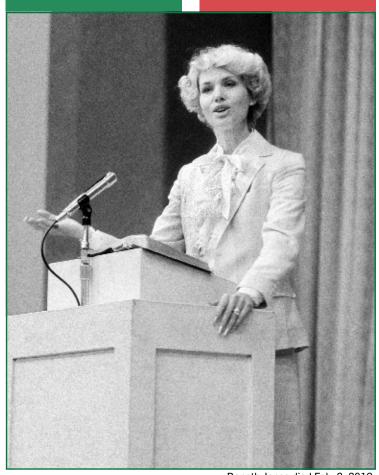
Huawei, a Chinese telecommunications company, sues the U.S. government due to a ban on its products. The government claimed the products were a danger to cybersecurity due to espionage claims.

14 Emma Haruka Iwao, a Google employee, calculates pi to 31.4 trillion digits, breaking the world record.

NASA's InSight Olander detects first recorded seismic event on Mars. The "marsquake" is the first one recorded trembling scientists believe was caused by forces inside the planet as opposed to wind.

First-ever photo of a black hole is revealed, taken by The Event Horizon Telescope Collaboration in 2017, 55 million light-years away.

26 The Stephens brothers present the student body play. The humorous play features two star-crossed lovers from opposite social groups at BJU - Bible majors and theatre majors.



Beneth Jones died Feb. 2, 2019.



The Stephens brothers perform for the Bruin Nation Talent Show. Photo: Hal Cook

Four people were injured in a shooting at a San Francisco mall, while two more were injured in a shooting the next day at a North Carolina mall.





Karis Matthews, senior nursing major, practices on a dummy.

Hurricane Dorian Ieaves the Grand Bahama coast. In its wake, it leaves destruction, at least 50 dead and over 2,000 people missing.

Poet John Milton's own copy of Shakespeare's First Folio of 1623 is found surviving with his annotations. According to scholar Jason Scott-Warren of the Philadelphia library, it is possibly most important modern literary discovery in the world.

John B. Goode-Inough, M. Stanley Whittingham and Akira Yoshino are awarded the Nobel Prize in Chemistry for the development of lithium-ion batteries. At age 97, Goodenough is the oldest laureate to ever receive the Nobel Prize in Chemistry.

coming and Family Weekend features the first Artist Series of the 2019-20 school year, titled *Dr Pano*sian: The Providence of His Story. The performance featured singer/songwriter Mariam Matossian. It honored Dr. Panosian and remembered the victims and survivors of the Armenian Genocide, which was officially recognized by the U.S. government just a few days later.

31 The BJO E... receives professional accreditation from the Commission on Collegiate Nursing Education.

rotesters gather around U.S. Consulate inHong Kong. Photo: Joseph Char

11 Toy Story 4 has its world premiere, 24 years after the original movie comes out.

12 Protestors in Hong Kong block and try to storm government buildings to stop a new extradition law, which was officially withdrawn by the Hong Kong government later in October.

2 In Chennai, India, doctors discover at 7-year-old boy with 526 teeth. A mass in his lower jaw contained the strange teeth, ranging in size from 0.004 inches to 0.6 inches. Doctors spent five hours removing the teeth from the mass.



BJU Homecoming's events included a picnic at the Activity Center.

Photo: Chad Ratje

BJU joins the global exercise initiative, "Exercise is Medicine on Campus," to promote exercise as a vital sign of health.

12BJU hosts the National Dance Company of Siberia for a night of cultural enrichment in the Siberian history of dance.

Public testi-15 mony begins in Washington D.C. in President Donald Trump's impeachment inquiry.

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mass communication major, said her family eats a potluck-style meal with a family from their church and goes caroling afterward.

Sid Silvester, a faculty member in the BJU Division of English and Literature, also said that family time at Christmas is important. Silvester said before his children grew up, Christmas included family trips to the beach at Hilton Head. Other years included trips to Disney World, where he and his wife celebrated their honeymoon during Christmas break 1979.

Silvester said that his family's Christmas now includes opening presents with his children and grandchildren, an informal dinner with family and friends and board games.

Silvester said, "[Our Christmas is] not particularly exotic or idiosyncratic, though no less memorable or delightful for all that."

Vowels said his family traditions include making waffles on Christmas morning, reading the Christmas account in Luke 2 and singing "Happy Birthday" to Jesus around a cake with one candle.

Many BJU students said they enjoy watching classic Christmas movies with their families. The most commonly watched among these include It's a *Wonderful Life, White Christmas* and *A Charlie Brown Christmas*.

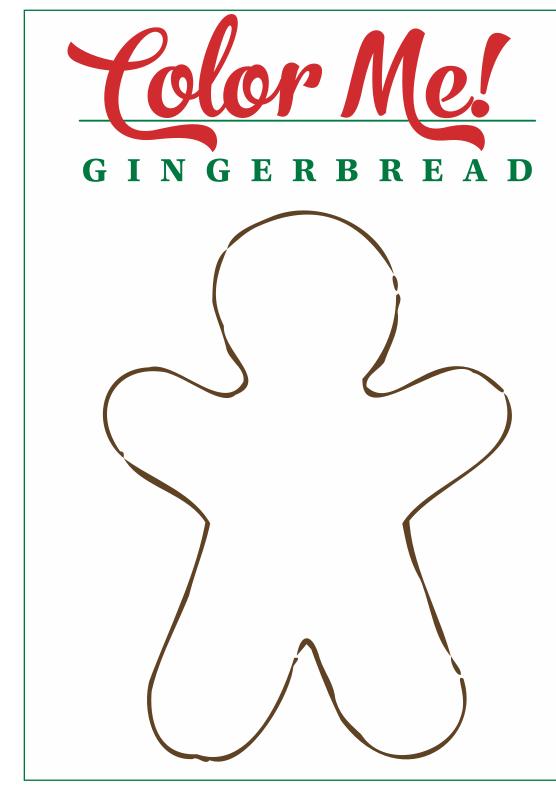




The Lighting Ceremony attracts thousands of guests every year.

Photos: Charles Billiu and Seth Johnson





Christmas Trivia!

- 1. In the early 1800s, the first gingerbread houses were reportedly inspired by what famous fairy tale?
- 2. Miracle on 34th Street centers on what real-life department store?
- 3. In the TV special How the Grinch Stole Christmas, what three words best describe the Grinch?
- 4. In what modern-day country was Saint Nicholas born?

I. Hansel & Gretel 2. Macy's 3. Stink, Stank, Stunk 4. Turkey

Fall society sports come to a close, spring sports ramp up

Anna Grace Casillas

SPORTS WRITER

The fall semester is coming to a close, and along with it, many society sports. However, the next semester offers students many chances to get involved in sports, including basketball, volleyball and water polo.

This past semester, students were able to participate in smaller, more individual sports besides soccer, including disc golf, dodgeball and flag football. Eleven men's societies participated in flag football, with games played before and after Thanksgiving break.

This semester societies also played a short season of ultimate frisbee for the first time. Teams were coed, with a requirement of at least two women players at all times. Ten teams participated, many of them consisting of a brother-sister society combination.

Society basketball also began at the end of this semester and runs through February of next year. Both the men's and women's leagues have championship and recreational divisions, which were created to allow anyone to play regardless of talent or previous experience.

Last season, the Alpha

Razorbacks won the men's championship league in basketball, and this season they look poised to make another championship run.

Alex Raddatz, Alpha's athletic director, said the team lost a few players but is still in a good position to win the championship. "We have some skilled seniors and an elite coaching staff in our lineup," Raddatz said. "We also have some big bodies on our team that have the leadership abilities to lead our younger players to a successful season."

Jacob Rodriguez, the athletic director for the Phi Beta Chi Bulldogs, said his team is excited to start the new season. "We have guys who love to play basketball and can't wait to get the season started," Rodriguez said. "We have never been looked at as one of the major basketball societies, but we would love to turn some heads this year."

Other contenders for the championship title include the Cavaliers, the Royals and the Beta Patriots. In the recreational league, Sigma Alpha Chi, Beta B and Cavaliers B are expected do well this season.

Last season in the women's basketball league, the Colts A and B teams won both the championship and recreational divisions, defeating the Classics.

This season, for the first time, the Colts have three teams. Kristyn Rygh, the Colts' athletic director, said her society teams look good going into the season. "Our A team hardly lost anybody, and we gained some talented freshmen to fill the holes," she said. "I have no doubt our girls could go all the way."

As always, the Classics performed well in their basketball season last year and are looking to do the same this time around. Cheyenne Wisenborn, the Classics' athletic director, said the Classics have made it to the championship game every year for the past three years. This year their teams look forward to incorporating freshmen players with the upperclassmen.

"We have a lot of fresh blood to get acclimated with the previous teammates," Wisenborn said.

The Kangas A, Tigers A and Flames A all have solid teams and could make it far in the championship league as well.

For the recreational league, Classics B and Colts B expect a good season, too.

Next semester, women's societies will also have the



Zach Taylor throws the football to a teammate. Photo: Seth Johnson

opportunity to compete in water polo. The games are typically held on Saturday mornings. Last year, the Tigers beat the Seagulls 4-0 to win the championship game.

Societies can also play softball during the last few weeks between spring break and graduation. Last season, the Cobras and the Rams both finished their seasons with a 4-1 record. Both the Colts and the Tigers finished their season with five wins and one loss.

Some other smaller spring competitions that have been done in the past include

tennis, racquetball and ping pong. These more individual sports allow students to get involved without having a bigtime commitment. The specific individual sports for the spring semester are yet to be determined.

No matter the sport, society athletics allow students to participate in low-pressure competition. Rygh said she enjoys the diversion that sports offer.

"I love playing society sports because of the friendships that are built," she said. "Plus, it's a fun outlet from schoolwork."



 ${\bf Caleb\ Garris\ scores\ for\ the\ Cavaliers\ against\ Beta.}\quad {\it Photo:\ Seth\ Johnson}$

HEALTH wellness TIPS with Melanie Schell It's Soup Season

With cooler temperatures, we all have the desire to hibernate in a cozy space with a bowl of something warm. Soup can be a wonderful, healthy addition to your meal, as long as you are mindful of your choices.

First of all, broth-based soups are the best. They are lighter in calories since they do not contain cream or cheese. Choose a soup that has a lot of vegetables. These soups will fill you up with nutrients, plus



boost your immune system during the cold and flu season.

Finally, if you can add in a whole grain ingredient, you will reap the benefit of added fiber in your meal. Choices like brown rice, quinoa or whole wheat pasta are all hearty selections that pair well with the other ingredients. Need some inspiration? Try this recipe for a warm and filling meal. www.yayforfood.com/recipes/instant-pothearty-vegetable-and-brown-rice-soup/

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Wigginton encourages Christians to be intentional about how they show their faith in the secular workplace. "I learned to build the love of Christ within the company," he said. "When you care about people first and foremost, regardless of their personal beliefs, they see and appreciate that."

Wigginton believes that an important part of working in a secular environment and living as a Christian in a fallen world is ensuring that he remains strong in his faith.

He explains that in order to treat people in a Christlike way, one must first be Christlike. "More than just the technical skills that I learned while at the University, I was taught that caring about people was more important than anything

else," he said.

Wigginton's advice to current students follows the same theme he pushes toward in his business and personal life. "Understand that building relationships and caring about people is just as important as all the technical skills you will learn," he said.

Wigginton and his wife have two daughters—Ashelyn, a sophomore interior architecture and design major at Bob Jones University, and McKenna, a junior at Bob Jones Academy.

How to survive final exams

Olivia Thomas

STAFF WRITER

One of the most exhausting and stress inducing trials humanity has ever had to face is college exam week. Luckily, no student must face that trial alone or unprepared. Bob Jones University students share their best tips for not just surviving, but conquering exams.

The best thing to do is to start early, as soon as you can before exams begin. To avoid feeling too rushed or stressed during exam week, Cathryn Gallione, a graduate biblical counseling major, starts studying a week before exams begin.

"Don't waste the weekend before exams," Gallione said. "Just know your schedule and use the time you have."

Being a strategic studier is important. Cramming before

an exam only adds more stress to the already stressful situation, especially if more than one exam falls on the same day.

Blocking her time is how Laura DePace, a junior health sciences major, tackles her exams. Studying an hour or two every day keeps her from feeling overwhelmed and makes the pressure to cram the night before the exam much less intense.

Whether the exam is a Grademaster or an essay test, there are a variety of tools available for students to use to help them study. Study guides and groups, class notes and Quizlet flashcards are all great and easily accessed tools.

DePace seeks out upperclassmen who have taken the class she is studying for and asks them if they have study guides from previous years they could loan her. She rewrites the guides by hand as she studies.

Rewriting guides and notes by hand are effective ways to memorize information, while reviewing quizzes and working through practice questions are easy ways students can test themselves to see if they know any formulas they may need to know.

Sophomore accounting major Spencer Robinson takes his questions directly to his professors. Talking with the people giving the exam about what will be on the exam is the best way to know what to prepare for.

"Ask your professors directly how they're going to ask [questions on the test]," Robinson said. "They will be quite open with you and willing to help you."

Students struggling with exams can also find help at

the Academic Resource Center. The Academic Resource Center coaches can help students with things like time management, organization and note-taking.

But no matter how students choose to study, it is also important for students to take care of themselves. Exam week is stressful, and it is easy to burn out after spending so many hours bent over a textbook or staring at a computer screen.

Spending some time er students



Kaylah Smith, senior nursing major, studies for finals in The Den.

Photo: Chris Harmony

with friends, going for a jog, stretching, taking a quick nap or getting a well-deserved coffee are all ways students can get up and away from their textbooks and laptops.

When studying becomes too exhausting, DePace grabs one of her favorite Starbucks drinks to cheer herself up.

Delicious snacks and drinks keep Robinson going through

exam week, his favorites being Sparkling Ice water and Dr Pepper. Having a cold drink and healthy snack the morning of the exam Robhelps inson stay awake and focused.

However students choose to prepare for exam week, the biggest motivator for surviving exams is just the simple thought of being done with them. Once exams are over, they're over.

"Once you're done with that class, you're just like, 'Wow, I never have to take that class again; I'm finished,'" DePace said. "You feel accomplished."

Read Me!



Colleen G. Hall, a BJU grad and current BJU Ministry Assistant, is a published author of historical romances. Her second novel, Wounded Heart, has been released and is available in the Bruins Shop. You can also purchase her first novel, Her Traitor's Heart, at the bookstore now. They are also available on Amazon.



Caleb Woo, health sciences major, studies in The Den. Photo: Chris Harmony

ACADEMIC RESOURCE CENTER

Main Office: *AL 213*

Mon.-Fri. 8-10:50 a.m. 11:45 a.m.-5 p.m. Writing Center: *AL 204*

Mon.-Thu. 8-10:50 a.m., 12-8 p.m. Fri. 8-10:50 a.m., 12-5 p.m.

