

the Collegian

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Bob Jones University, Greenville, SC 29614

Choirs, orchestra perform *Messiah*

12/06
2019

Daniel Quigley
STAFF WRITER

BJU's symphony orchestra and four University choirs will perform selections from George Frideric Handel's *Messiah* on Dec. 12 and 13 at 7:30 p.m. in Rodeheaver Auditorium as part of the University's Concert, Opera and Drama series.

The concert will celebrate Christ's birth, death and resurrection during the Christmas season.

Dr. Warren Cook, faculty member in the Division of Music, will conduct the choirs and orchestra. Cook said these two performances will mark the 12th and 13th time he's conducted *Messiah*, and the oratorio is performed every four to five years at BJU.

"It is one of the great

See **MESSIAH** p.4 >>



Dr. Warren Cook, faculty member in the Division of Music, conducts BJU's choirs. Photo: Derek Eckenroth

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THE WEEK

String Chamber Recital

The Department of Instrumental Studies presents its string majors in chamber ensembles with varying instruments – including string quartets and piano trios and quintets.

Lyric Choir

BJU's Lyric Choir will perform a program highlighting beautiful music for women's chorus on Dec. 11 at 5 p.m.

Women's Basketball

The women's basketball team plays against Wofford College at 2 p.m. on Saturday, Dec. 7, and against Covenant College at 6 p.m. on Tuesday, Dec. 10.

Men's Basketball

The men's basketball team faces off against Trinity Baptist College at 4 p.m. on Saturday, Dec. 7, and then against Warren Wilson at 7 p.m. on Tuesday, Dec. 10.

Christmas Celebration lights up front campus



BJU's first lighting ceremony was on Dec. 1, 1990. Photo: Derek Eckenroth

Sidney Seiber
STAFF WRITER

It was a dark and chilly evening last December when BJU choirs were singing in front of Rodeheaver Auditorium. The South Carolina snow was in puddles, and alumni and students were in huddles around the Bridge of Nations glorious.

Then, upon the high note of "Oh, Holy Night," Amy Doyle, the current Greenville Mayor Pro Tem – with a flip of the candy cane switch – gave power to BJU's 2018 Christmas lights!

When students get back from Thanksgiving break, the

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the Collegian

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The Collegian Editorial

Chick-fil-Yay or Chick-fil-Nay?

Just a few weeks ago, Chick-fil-A was all over the news because of their press release about past and future donations from the Chick-fil-A Foundation, saying that, going forward, they will now focus their giving toward three key problem areas — hunger, homelessness and education.

Chick-fil-A has been known for its strong stance on Christian and family values. Especially since 2012 when the CEO at the time, Dan Cathy, confirmed his conviction that marriage is between one man and one woman, the giant chicken sandwich company has been under attack from various activist groups.

Despite the conflict over the years, the company has exploded in growth to become the third largest restaurant chain in the U.S. And while some eat at the restaurant for the chicken sandwich or the friendly atmosphere, many have supported the business because of the very stance against current culture that Chick-fil-A has often proven to take.

But on Nov. 19 when the business announced new information on their charitable giving, controversy exploded again.

CNN, The Wall Street Journal, Business Insider and other media outlets carried headlines saying that Chick-fil-A revised its giving policies and stopped funding anti-LGBTBQ organizations such as the Salvation Army and the Fellowship of Christian Athletes. However, gay rights organization GLAAD quickly stated that while Chick-fil-A customers and employees should greet the announcement with “cautious optimism,” they weren’t entirely happy with the company because it still didn’t have good policies in place for the LGBTBQ community.

On the other hand, many conservatives, Christian or no, are calling the change a compromise on the company’s part. National Review called it a “shameful capitulation,” saying the company bears little resemblance to the original business founded by Truett Cathy over 70 years ago.

It appears that Chick-fil-A’s announcement appeased neither side of the controversy. Many activists are still unhappy, but many conservatives are now also disappointed. While there certainly are a lot of differing opinions regarding the chicken giant, we can learn a few lessons from this event.

Be careful when sharing your message.

Let’s give Chick-fil-A the benefit of the doubt for the moment and assume that they were not trying to compromise their Christian values and instead were just trying to focus their giving on specific needs.

If this is true, Chick-fil-A still made a mistake when they sent out this press release. By not being careful when sharing their message, they made it easy for others to miss the point of their message. If their point was that they are now focusing on specific initiatives and not that they were defunding two nationally-known organizations perceived by many to be anti-LGBTBQ, they obviously missed their goal, since news sites exploded with headlines focusing solely on the defunding of Salvation Army and other anti-LGBTBQ organizations.

The devil is quick to find every example he can of Christians compromising their values, painting Christians in a bad light. As an outspoken Christian organization, Chick-fil-A should be ready for every attack Satan sends their way.

However, if the company did compromise their values, we must remember an important lesson from the Bible: **Don’t try to serve two masters.**

In Matthew 6:24, Jesus gives an important adage about why we have to choose one side or the other. We can’t serve two masters. Either we are serving God, or we are not.

Chick-fil-A may be trying to get the best of both worlds. By appeasing activists, maybe they hope their business can expand. But be wary of compromising your beliefs to make people happy or to make money. As Jesus warns, either you are loyal to God, or you are against Him.

Don’t be lukewarm Christians.

For years, Chick-fil-A took a strong stance for Christian values, and the company was anything but lukewarm, as the metaphor in Revelation 3 uses. But as our country’s culture moves further and further down the path it’s going, Christian companies are receiving more backlash. We should remember not to try to stay neutral just because of the way the culture is going. God doesn’t want lukewarm Christians; He wants ones on fire for God, and this includes standing against various cultural beliefs that are normal in today’s society.

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TALKBACK

What is your favorite Christmas tradition?



Tristan Gordon
JUNIOR

Going out as a family and cutting down our Christmas tree



Elizabeth Kral
SENIOR

Decorating the tree and baking cookies



Brady Johnson
SENIOR

Decorating gingerbread houses



David Horton
FRESHMAN

All the Colombian delicacies—bocadillo and empanadas

Photos: Charles Billiu

COLUMN



Joanna Scoggins
STAFF WRITER

It's an unpopular opinion, but I really like Mondays. Don't get me wrong, I dread the end of the weekend as much as the next exhausted, coffee-dependent college

student. But there's something refreshing about the start of a new week. No matter how many classes I was late to, no matter how many tests I failed, no matter how many times I didn't wake up early enough to do my Bible reading first thing, the week before is over. Monday is a new start. I get to try again. I get to reset. I've found a lot of ways I can "reset" myself, take a deep breath and start over. When I can feel my hundred pages of reading, three papers and two tests overwhelming me, I stop and reset. When I feel myself getting frustrated with people around me, I reset. When I'm really tired of chicken noodle soup again in the dining common when I really want potato soup, I reset. Perhaps the biggest way I reset is through sleep: the human equivalent of turning

your computer off and back on again. My roommate loves to tell the story of when I slept through her vacuuming one morning. Didn't even flinch. Just kept right on drooling into my pillow, covers over my head. But in all honesty, sleep is incredibly important. There's a biblical precedent for making sure you get enough rest to continue to function. When you're tired, your patience grows thinner, your problems seem bigger and your anxiety level gets higher. The Christian life is a lot harder if you're not getting adequate sleep—which is probably why God tells us to take good care of ourselves in 1 Corinthians. My second reset button is food. If I eat a meal before I get started on my mountain of homework, I get a second

wind and can attack my books instead of letting them attack me. I reset. It's almost as if energy is tied to food. Imagine that. There are other ways I reset daily. Listening to music, drinking a cup of coffee, reading a book. There are also times where I get a reset because everyone gets a reset. New Year's, the beginning of a new semester and Mondays. I've even started finding a joy in the other bane of college student's existence: mornings. I've realized that life is a series of resets. With each day, we get a second chance, a new beginning. With each new week, we get an opportunity to do better. With each new year, we start a new phase of our lives. But my biggest, my best, my most important reset is God. It sounds sacrilegious,

God as a reset button. But God is the God of second chances: resets. He's made us new creatures by salvation through the blood of Jesus Christ. He's given us a second life. A reset. He asks us to come to Him and confess our sins, promising to be faithful and just to forgive us of our sins: a chance to make things right with Him, a reset. And at the end of our lives, He gives us the ultimate reset: eternal life with Him in paradise. We're nearing the end of the semester, and I find myself resetting at the end instead of the beginning. But no one ever said resolutions had to be tied to the new year. As I'm growing tired and losing motivation, I go more and more to God to reset. To revive. Finish well. Reset. A new start is only a prayer and a good nap or a cup of coffee away.

Caroling spreads holiday cheer

Katie French
STAFF WRITER

Students can participate in a Christmas caroling outreach, sponsored by the Center for Global Opportunities, on Dec. 14 from 8 p.m. to 10 p.m. Bob Jones University students will have the opportunity to sing at a Greenville city plaza downtown. This outreach will give students the opportunity to spread the love of Christ to the Greenville community. From a faculty perspective, there is a lot of purpose in putting on an event like this. "The goal is either to accomplish the great commission or the great commandment, and Christmas

caroling fits under both," CGO coordinator of outreach and evangelism Jordan Baun said. The caroling event is one of two student body outreaches the CGO sponsors each semester. Baun hopes that since the event is scheduled close to Christmas, the caroling will attract a lot of people and engage them enough to participate. Leader of urban evangelism Benn Silveira is excited for what this opportunity will provide the students. "[The caroling] will be an attempt to engage the people ... in downtown Greenville in a conversation of the Gospel while showing the love of Christ by handing out free hot

chocolate," he said. While there have been caroling outreaches at BJU in previous years, this is the first year that the CGO partnered with urban evangelism to sponsor the event. Because of this, Silveira anticipates that the number of students participating may be fewer but encourages whoever is able to come out. "Come with a willing heart to sing and engage in Gospel conversations," Silveira said. Sign-ups for the event will be sent out after Thanksgiving break with more details included.



The CGO and Urban Evangelism teamed up to sponsor this year's caroling. Photo: Stephen Dysert



Students caroled at Shepherd's Care Assisted Living Center in 2017. Photo: Stephen Dysert

sudoku

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			4				9	
7			5	9				
3					8			7
		1	6		9		2	
6					1		4	
			7				5	3
	4	9			3		7	

Senior capstone performance inspires us to reach for the stars

Olivia Thomas
STAFF WRITER

How much passion does it take to reach for the stars in a world that wants you to stay grounded? That is the question Lauren Gunderson's play *Silent Sky* asks of its central character, Henriette Leavitt.

Silent Sky is being presented in Performance Hall Dec. 9-11 and then Dec. 13-14.

Based on a true story, the play tells the story of astronomers Henrietta Leavitt, Williamina Fleming and Annie

Cannon, and the work they accomplished that had a profound and lasting effect on the field of astronomy.

Brooke Henige, a senior theatre major, is directing *Silent Sky* as her senior capstone project.

This is Henige's first time directing a full-length production, and the challenge of having to focus on so many moving parts of a play has been a difficult but exciting experience for her. From helping actors with their characters to keeping track of costumes,

lighting, props and makeup, a director never stops working.

"You really have to be aware of everything that's going on," Henige said. "You have to think about everything and plan for everything."

But the excitement of directing far outweighs the frustrations. Henige said the most exciting thing has been seeing the production move from concepts and ideas to concrete and visible sets, furniture and props.

"Seeing all the concepts and the vision that we talked

about back in September—that's all coming to reality," Henige said. "That's what's so cool and beautiful."

And Henige does not work alone. *Silent Sky* is an all-student production, and Henige meets with her production team regularly to make sure the production is on track. Every person on the production team has a role to play and specific tasks to do that they pour their heart into.

"Everyone on the team is so passionate about the play," Henige said. "I 100% could not do this on my own."

Set in the early twentieth century, *Silent Sky* seeks to champion women who lived during a time when most women's accomplishments were overlooked or credited to men and features an almost entirely female cast.

The role of Henrietta Leavitt is played by Kate Jones, a junior journalism and mass communication major.

For Jones, playing a character who achieved amazing scientific work during a time in history when men and women were not considered equal

has given her an interesting look at history.

The historical context and the obstacles that existed for women during that time are part of what makes the passionate Leavitt and her story inspiring.

"It's a beautiful story, and stories are such an integral part of who we are as people," Jones said.

Silent Sky is a story of family, love and discovery to Kayley Baker, a junior theatre major, who plays Williamina Fleming.

Although Fleming is a character that is very different from Baker herself, Baker is excited to bring such a unique and strong woman to life for the audience, saying that she herself has learned much from Fleming.

"Being Williamina has brought a new light and understanding to me," Baker said.

Reacting to injustice in a righteous manner and knowing when to stand up for one's own beliefs are just two of the things Baker said she learned from Williamina.

Baker hopes audiences will connect with and resonate with this story of astonishing discoveries and characters that are more than meets the eye.

"You truly see this story come to life," Baker said. "It's wonderful, beautiful and extremely moving."



Kayley Baker, Kate Jones and Melanie Terrazas are the only characters in *Silent Sky*, a play about the life of Henrietta Leavitt.

Photo: Andrew Pledger

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masterpieces of western civilization," Cook said.

Four soloists will perform in the concert. Laura Brundage, a faculty member in the Division of Music, is the soprano soloist, and Marianne Freeman, a senior communications disorders major, is the alto soloist. Jason Rush, a graduate, will sing tenor, and Dr. David Parker of the music faculty will sing bass.

The *Messiah* will also involve 206 singers from four of the University's choirs: Chorale, Concert Choir, Collegiate Choir and University Singers. They will perform 10 select choruses from the work, including "For Unto Us a Child is Born" and "Glory to God in the Highest."

"Hallelujah," the famous chorus that audiences traditionally stand for, will end the night.

Cook said in the past, fewer

choirs have sung the oratorio, and Handel might have used only twenty voices. But he's using 206 singers for an effect.

"I want the experience to be a little larger than life," Cook said.

Cook said the choirs began practicing in September.

The orchestra, led by Dr. Michael Moore, began practicing midsemester. Cook began conducting the orchestra during November to shape the styling closer to his vision.

Isabel Vosburgh, concert master for the orchestra, said she is excited to learn from Cook.

"I think the whole thing is going to be a good growing experience," Vosburgh said.

Because this is Vosburgh's first time as concert master at BJU, she said she's a little nervous but mostly excited about the opportunity.

"I think *Messiah* is a really cool piece," Vosburgh said. "So

I'm excited we get to do it."

Handel's oratorio debuted in April of 1742 in Dublin, Ireland. Its premiere was scheduled to celebrate the Easter season, since the piece focuses on Christ's death and resurrection as well as his birth.

Though much smaller than the 2,500 students who will attend the concerts over two days at BJU, the original performance drew a large crowd for its day—around 700 people.

The words of *Messiah* were written by Charles Jennens, who frequently collaborated with Handel.

Handel

Jennens with honor for his work, calling the piece Jennens' oratorio.

Cook said that it seems it was paramount for Handel that the listeners get a clear sense of the text before he ornaments the words with music.

"Handel is always careful to lay the text out very clearly before he ornaments it," Cook said.

Handel wrote the 259-page score in three to four weeks. After the premiere, Handel donated what he received to a debtor's prison and a hospital in Dublin.

Handel himself was born in Germany in 1685. His musical talent was discovered by a friend of his father, and Handel wrote his first opera when he was 18 years old. After traveling around Europe for years, he settled in London. Eight days after attending a performance of *Messiah*, Handel died in 1759.



The *Messiah* will be sung by a choir of over 200 voices. Photo: Derek Eckenroth

STUDENT ARTWORK

Students work semester long, turning in projects and papers stained with coffee, sweat and tears. In honor of all the midnight fuel burnt, *The Collegian* has collected coursework from the semester in order to showcase some of the excellent student accomplishments.

These examples came from classes in the Division of Art + Design like Photography I, Ceramics, and Oil and Acrylic Painting.



Caroline Gottschang



Cristi Goldfuss



Anna Nantz & Gretchen Seelenbinder



Various students



Leah Buffalino



Sharon Kearns



Steven Boulos



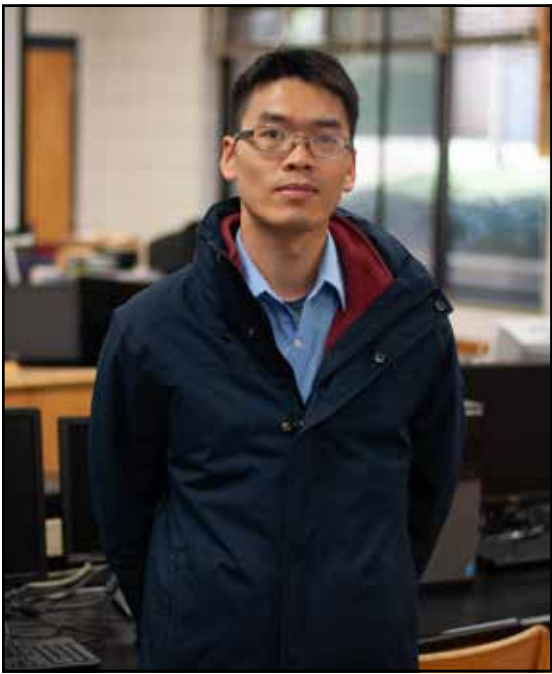
Various students

International professors share their experiences, BJU journey

Olivia Thomas

STAFF WRITER

With over 40 countries represented in the student body, Bob Jones University has not just students but also professors from all over the world living, learning and



Dr. Lai is a faculty member in the Division of Natural Science.

Photo: Charles Billiu

loving here on campus.

Dr. Vincenzo Antignani, a faculty member in the Division of Natural Science, came to the U.S. from Naples, Italy, and has been teaching at BJU for seven years.

He attended the University of Naples, and during his doctoral degree studies he began looking for a lab in the U.S. where he could expand his studies. He first worked and studied at Virginia Tech. After returning to Italy to defend his dissertation, he finished his studies at Virginia Tech.

He then worked in a

postdoctoral position at the University of Michigan.

After two years there, Antignani started looking for a new position that would allow him to teach and research. That led him to apply at BJU.

One of the things Antignani enjoys about BJU is the connections and interactions he can have with his students. He encourages students to take advantage of the diversity of the campus and get to know as many people from other countries as possible.

“Come out of your own bubble,” Antignani said. “Try to make friends at BJU who come from as many different backgrounds [as possible]. That’s part of your growth; that’s part of your experience.”

Getting to know other international students and adjusting to different cultures is something Dr. Miriam Patterson knows well. Originally from Mexico, Patterson came to BJU as an international student.

Despite her doubts and the fact that she was already a year into her schooling at the Universidad Autónoma de Tamaulipas in Mexico, Patterson applied to BJU and was very quickly accepted.

But she was not sure what she wanted to study when she came to BJU and that, coupled with the struggles of adjusting to a new culture and learning a new language, caused overwhelming frustrations. But through it all, Patterson saw God provide.

“It was a lot of pressure, but it was a lot of faith too,” she said. “I started seeing more and more God’s presence and guidance.”

After working as a paralegal assistant at a law firm in Florida, Patterson switched to working at a Christian school and fell in love with teaching.

Returning to BJU to receive a master’s degree in education, she worked as a graduate assistant teaching Spanish. She planned to accept a teaching position at the Universidad Cristiana de Las Américas of Mexico, but then BJU offered her a position teaching Spanish.

After much discussion with her husband and another friend, Patterson accepted the teaching position at BJU.

A desire to teach or help expand departments is what brought many professors to BJU. Dr. Wencong Lai, a faculty member of the Division of Natural Science, came to the U.S. to earn his PhD in civil engineering at Clemson



Dr. Patterson is a faculty member in the Division of Modern Language and Literature. Photo: Chris Harmony

University.

After working at the University of Wyoming and then at Clemson, he discovered BJU was looking to hire a mechanical engineering professor.

Despite his background being in civil engineering, Lai decided to apply for the job.

He was one of two professors hired at that time, and BJU’s engineering department expanded to include both mechanical and civil engineering.

Lai enjoys seeing students grow in their knowledge and experiences as they study in his classes.

He encourages all his students to step out of their comfort zone and explore as many things as possible.



Dr. Antignani is a faculty member in the Division of Natural Science.

Photo: Chris Harmony

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last stretch of the semester can feel daunting to some. One way that BJU tries to raise the morale of its student body is by giving the students a day of Christmas cheer.

BJU’s Christmas Celebration will be held on campus on Dec. 6 from 3:30 p.m. to 7:30 p.m. with the pinnacle of the festivities being the carol sing and lighting ceremony at 6:30 p.m.

Along with some BJU choirs, both Bob Jones Academy’s high school choir and Shannon Forrest Christian School’s choir will be singing before the ceremony in a pre-concert performance in front of Rodeheaver Auditorium.

Dr. David Parker of BJU’s Division of Music will lead the singing for the carol sing.

Parker said the 2019 lighting ceremony will be almost the same as 2018’s ceremony. The main difference about this year’s event is that the song “Oh, Holy Night,” which traditionally is sung by a soloist or choir to usher in the lights for BJU’s Christmas season, will be sung by the audience.

Parker is returning to lead the event’s singing for 2019 carol sing. He has led the event’s singing off and on since the 1990s.

Another person who is an instrumental part of the lighting ceremony is Dr. Ken Renfrow of BJU’s Division of Music. Renfrow will play the keyboard for the ceremony as he has done for many years.

Other activities on Friday include the Christmas village, a collection of holiday activities leading up to the lighting ceremony. It will take

over most of the front side of campus.

Festivities include photo spots, such as the giant snow globe on the sidewalk behind War Memorial Chapel and a sleigh located on the front lawn between security booths.

Children can participate in activities including face painting, cookie decorating and reindeer games run by Bruin athletes.

Junior high and high school students can participate in the Yeti Games.

Some other activities include the Christmas Radio Show in The Den, produced by the journalism and mass communication department, the Grinch Gift Exchange and the Merry and Bright Christmas Tree Decorating Competition.

To view a full schedule of all the events with times, go to [www.bju.edu/events/](http://www.bju.edu/events/christmas-lighting.php)

christmas-lighting.php.

So why did Bob Jones University start doing the lighting ceremony in the first place?

“It’s almost like it’s tradition, it’s been here for so long,” Pam Cushman, director of events management, said.

To be exact, Bob Jones University began putting on the lighting ceremony 29 years ago, on Dec. 1, 1990.

Many of Bob Jones University’s current students were not even alive, but their parents were, and they would have experienced the very first lighting ceremony if they were students at BJU.

According to *The Collegian’s* Dec. 6, 1990, edition, the event featured singing led by Dr. Gustafson, which was accompanied by a brass ensemble, and Dr. Bob Jones III, the president of BJU at the time, who read the story

of Christ’s birth. The event boasted of 50,000 Christmas lights that were illuminated with the flip of a giant switch.

Dr. Bob Jones III, currently the chancellor of BJU, recounted what it was like to be BJU’s president at the time of its first lighting ceremony. “I remember how happy I was [that] it turned out so well; the crowd was so good,” said Jones. “It’s just an amorphous good feeling.”

BJU’s campus has changed substantially in 29 years, with three different presidents, new buildings, building projects, accreditations, new ministries and new students every year. But Christmas is a nostalgic time where people can always come together to enjoy a hot drink, some Christmas carols and, especially, Christmas lights.

Sports Spotlight: Madison Shupe

Anna Grace Casillas
SPORTS WRITER

Ever since BJU senior Madison Shupe began playing basketball when she was 4 years old, she dreamed of playing professionally.

“If you had asked me what I wanted to be when I grew up, it would’ve been a WNBA star,” Shupe said.

As a kid, sports were what she lived and breathed – basketball, volleyball and softball. She played year-round, both for her high school and for travel teams, often participating in multiple sports in the same season.

Her entire life revolved around athletics. “I didn’t watch TV; I didn’t play video games – I was always outside, doing something sports related,” Shupe said.

Little did she know that she was about to receive news that would completely derail her dream of playing pro basketball.

In her junior year of high school, Shupe began to have health problems, often waking up feeling very dizzy. Her mom took her to an ENT doctor, assuming the recurrent health problems were related to allergies.

After checking her out, the ENT told Shupe that she had vertigo. She originally thought it was something hereditary, because her grandma and a few other relatives have suffered vertigo. However, the doctor told her that he wanted to run some additional tests just to be sure of the

diagnosis.

On April 19, 2014, her 17th birthday, Shupe had a CT scan. The results were serious – a cyst in her brain along with a possible mass. After an MRI, the doctor came back to her with even worse news – she had a brain tumor and needed to be operated on immediately.

After seeing a specialist, Shupe had brain surgery on May 15, 2014, only a few weeks after the doctors discovered the tumor. Although the surgery was successful, a few nerves were damaged during the procedure, leaving her entire left leg without feeling.

Because of the numbness in her left leg, Shupe had to overcompensate with her right leg.

Eventually the arch of her left foot completely collapsed, leaving her with so much muscle loss that she could not even stand on the tiptoes on her left foot. She also developed arthritis in her hip from lying down after surgery.

During the entire three-month recovery process, Shupe wondered if she would ever be able to play sports again.

“How can I play sports if I can’t even jump or run?” Shupe asked herself. “Before surgery, I could hit the backboard doing a layup, and now I can’t even get off the ground.”

For the next several months, Shupe went through intense rehab and physical therapy in order to regain as much muscle as she could.

Because of her athleticism before surgery, she completed recovery much faster than most people would.

Shupe wanted to quit sports, even telling her parents that she was not going to play her senior year of basketball. However, her parents would not let her give up.

“My parents always raised

women’s basketball team began talking to one of Shupe’s teammates, Rachel Clark, about playing for the Bruins.

Before surgery, Shupe had played for an elite AAU team, receiving letters from the coaches of several DI schools. After surgery, she began doubting if she would even play basketball in college. “I’ll

probably the slowest player on the team, but since then I’ve regained a lot of speed,” Shupe said. “In addition, I feel like I play smarter now than I did when I was in high school.”

Looking back on brain surgery and the recovery process, Shupe said the entire ordeal has humbled her.

“In high school I was



Shupe dribbles against PCC in last year’s match. Photo: Derek Eckenroth

me to finish what I started, to not be a quitter,” Shupe said. “They pushed me hard because they wanted to see me get back to the old me.”

A few months after surgery, in August of 2014, Shupe was back on the court, playing for State Line Rush, a basketball program in North Carolina. “Obviously I couldn’t run really fast, but I was playing,” Shupe said.

In her senior season, Shupe’s team came to Bob Jones University to play in the annual high school tournament. Her team won the tournament, and Mike LeViere, the coach of the Bruins

just finish out my senior year and enjoy it while I’m playing,” Shupe told her parents.

But her parents convinced her not to give up on her dreams, and after a few conversations with Coach LeViere throughout the season, she signed for the Bruins and began playing in the spring of 2017.

Today, Shupe continues to struggle a little bit with the aftermath of her brain surgery. Her left leg still does not have much feeling in it, but she continues to build up the speed and strength she lost during surgery and recovery.

“My freshman year, I was

focused on being the top athlete, not on glorifying God,” she said. “Now I see that my ability is a talent that God gave me.”

Shupe is a senior sports management major and plans to graduate in May. After graduation, she would like to coach younger kids.

“Coaches impact kids’ lives,” she said. “I want to give back to the kids what God gave me.”

Shupe’s experience with brain surgery has given her a different outlook on life. “Surgery definitely changed me,” she said. “I look at life in a different perspective.”



Shupe is a senior guard and sport management major. Photo: Derek Eckenroth

HEALTH & wellness TIPS

with Hannah Hill



Physical Activity and Depression

Research has shown that exercise is a natural anti-depressant. Regular physical activity can alleviate many of the symptoms as well as reduce the risk of developing depression.

Not only has physical activity been shown to improve mental well-being, but it can also elevate your mood, increase motivation, improve sleep quality and reduce fatigue. In fact, studies show that the effects are similar to those from drug therapy!

So, how do we maximize the benefits? Different types of moderate to vigorous intensity activities such as brisk walking, biking,

swimming, playing soccer or weight-lifting help deliver the best benefits. New to exercise? Don’t be discouraged: being regularly active is more important than being fit; just ≥30 minutes of exercise a day for 3 to 5 days a week may significantly improve depression symptoms!

To better fit your schedule, you can even spread the 30 minutes throughout the day by doing several brisk 10 minute sessions to alleviate stress and tension. Grab a friend for accountability, take a brisk walk and glorify God by honoring His temple with movement this week.

Jersey Bagel Brothers opens across Pleasantburg near BJU

Katie French

STAFF WRITER

Jersey Bagel Brothers on Pleasantburg Drive is an authentic New Jersey bagel shop co-owned by brothers Keith and Scott Schumacher.

The shop has been open for only a few weeks but has already shown signs of suc-

cess. Keith said that their profit increased 133 percent over the first week and has continued to increase since.



Jersey Bagel Brothers is located near campus on Pleasantburg. Photo: Robby Jorgensen

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The Schumacher brothers decided to open the shop to recreate the Jersey bagel. After retiring in New Jersey, Keith started making frequent visits to Greenville to visit Scott. Keith was not satisfied with Greenville bagels, so he decided to make his own and suggested to Scott that they start a bagel shop. After some planning and preparation, the

business was born into what it is now — a bagel shop resembling those in the northeast, particularly New Jersey. Jersey bagel shops do not sell overly ornate bagels, so the Schumachers have kept their menu simple for that reason. They sell a variety of Jersey bagels from the plain to the bialy, a non-boiled and

re-proved bagel that is a favorite of Jewish crowds in Brooklyn.

Another favorite is the flagel, a bagel with more toppings on the outside than the inside. Jersey Bagel Brothers' specialty menu item is Trenton Taylor ham, which is unique because it is manufactured solely in Trenton, New Jersey. It has a unique sweet flavor that is hard to come by in most other brands of ham.

"Jersey Bagel Brothers serves a good grade of coffee,

which is unlike most Jersey bagel shops," Keith said.

The Schumacher brothers wanted to include coffee as a menu item but knew that they would need higher quality roasts than those sold in Jersey bagel shops in order to compete with other coffee shops in the Greenville area.

On the walls of Jersey Bagel Brothers are framed photos and posters of famous people native to New Jersey to underscore the Jersey theme.

There are also maps of some of the northeastern states, including New Jersey, New York and Connecticut.

Jersey Bagel Brothers provides push pins for guests from these states to mark their homes on the maps. The Schumachers put up both the South Carolina flag and the New Jersey flag to communicate unity between the states.

Lining the sill on the entrance of the restaurant are vocabulary definition

signs to provide guests with the Jersey slang for common bagel shop terms. For instance, in New Jersey, butter is sometimes referred to as a "smudge" and cream cheese is called a "schmear."

Keith said that the company's ultimate goal is to make customers happy. He wants them to enjoy both the menu and ambiance of the restaurant and to get a feel for what bagel shops in New Jersey are like.

The Schumacher brothers are pleased with their restaurant's success so far and are excited to see where their

company will grow from here. Due to their steady increase in popularity, the brothers are considering opening satellite locations to serve their bagels in multiple places.

Located right across the street from campus, Jersey Bagel Brothers is looking forward to seeing many students visit. The shop's address is 1344 North Pleasantburg Drive in Greenville. Jersey Bagel Brothers is open from 7 a.m. to 1 p.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday.



Jersey Bagel Brothers is located near campus on Pleasantburg. Photo: Robby Jorgensen



TURKEY BOWL CHAMPIONS



The Beta Gamma Delta Patriots won their third consecutive Turkey Bowl championship on Saturday, Oct. 16. The Patriots edged out the undefeated Pi Gamma Delta Royals in a 3-1 victory to clinch the title.

Beta struck early as Justin Woodham netted a ball in the first five minutes. Woodham scored again 10 minutes before halftime which put the Royals at a 2-0 deficit. The second half passed without incident until the Royals put one into the back of the net with only six minutes left. Beta responded with less than a minute in the match to finalize their 3-1 victory.