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Global Opportunities Week begins Monday

27/09
2019

Sidney Seiber

STAFF WRITER

What exactly is Global Opportunities Week? GO Week, held Sept. 30 through Oct. 3 on BJU's campus, is a week when BJU exposes students to mission organizations and missionaries spreading the Gospel around the world.

Students can connect with various missions organizations in the Davis Room of the Dining Common Tuesday, Wednesday and Thursday from 11 a.m. until 7:45 p.m.

The Center for Global Opportunities organizes the event. Mark Vowels, director of the CGO, said GO Week 2019's theme is enduring temporal persecution for an

See **GO** p.6 »



Jesse Yancy passes out Gospel tracts in downtown Greenville during GO Week in 2018. Photo: Abby Marasigan

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THE WEEK

BJU Global Opportunities Week

Global Opportunities Week starts Monday. Read Sidney Seiber's article for more information, and get involved in the many activities available.

Ignite

The first Ignite of the year is in the Activity Center tonight from 10 to 11:55 p.m. Curfew is extended for those who attend.

Prayer around the flagpole

Join the BJU student body as they meet on front campus next Tuesday morning at 7:30 a.m. to pray for our nation and its people.

Washington Center Challenge Day

BJU students will participate in Washington Center Day today at the Davis Field House. The rear DFH lot and the south end of the tennis court will be reserved. Stadium View Drive will be closed Friday from 10 to 10:30 a.m. and 12 to 12:30 pm.

Senior walks 1,250 miles to Canada over summer

Daniel Quigley

STAFF WRITER

Many students spend some of their summer vacation going to other countries, but most don't travel by foot.

But Matthew Myers, senior accounting major, hiked from Greenville to New Brunswick, Canada, traversing 1,250 miles in 86 days this summer.

Myers said he got the idea for his journey during his sophomore year when he heard about Andrew Forsthoefel, who gained attention after trekking 4,000 miles across the United States in 2011.

The idea of doing something like that immediately appealed to Myers, but he didn't decide to go on his hike until this summer.

"I just sort of realized that I wouldn't have another

chance to try something like this," Myers said.

Before embarking, Myers read Forsthoefel's book, *Walking to Listen: 4,000 Miles Across America, One Story at a Time*, and did

online research.

Although the fastest way to Canada was to go up through Detroit, Myers said that he preferred to stick to the East Coast and big cities, staying near urban areas



Matthew Myers walked all the way to Campobello Island. Photo: Submitted

most of the time.

On May 10, Myers set out, having to rely on the kindness of others to find places to stay. "I just knew that I was gonna have to trust God," Myers said. "I was very thankful for God's provision."

During a rough first week including anxiety, blisters and struggles to find a place to stay, Myers found a fire station that let him camp out on the property. They gave him dinner and took him in a fire truck to McDonald's for dessert.

Later, while walking through North Carolina, he was asked by two men sitting on a front porch if he was homeless and needed to rest.

After making conversation, Myers discovered these two were homeless, hanging out

See **HIKE** p.6 »

SLC launches, explains semester theme

p. 4

Fallout from Rush: the dust has settled (Infographic)

p. 5

Review and outlook for BJU soccer teams

p. 7

Art + Design hosts Darell Koons exhibition

p. 8



COLUMN



Andrew Schmidt
STAFF WRITER

About a year after our old dog died, my family decided to adopt a 7-or-so-year-old thin-coat retriever named Clue. Her name proved to be quite bitterly ironic, because Clue’s default state turned out to be cluelessness.

This becomes particularly frustrating in relation to her personal hygiene. Whenever she needs to be brushed or get her ears cleaned or have her nails trimmed, Clue simply refuses to stay still.

This obviously made the previously mentioned activities quite difficult. No matter

how many times I tried to pacify her with treats or reassure her that I was trying to help her or point out that she was not at all being hurt by having a brush run through her fur, Clue still refused to cooperate.

One day, when I was stewing about my dog’s refusal to let her now frighteningly long nails be trimmed, I remembered some things people had told me about how stubborn I am about accepting help.

There are few things more humbling than mentally comparing one of your faults to your dog’s behavior.

I tend to be a very proud person, stubbornly refusing to share my problems or concerns with anyone and having a self-righteous sense of superiority because of my “independence.”

Based on experience, I think it’s safe to say this problem is not exclusive to me but relatively common among all members of the human race. And apparently to canines as well, to some extent.

Even the most open and freely-sharing of us can enjoy maintaining a sense of independence and thinking that we don’t need anyone but ourselves.

However, as much as we may wish otherwise, we simply aren’t wired to function purely independently.

Humans have always been social creatures, as far back as the first man and woman. We need to love and trust others in order to function at our fullest.

Contrary to popular opinion, trusting others to help us and share our concerns shows strength, not weakness.

If you asked me at any point in my life if it’s easier to reach out and ask for help or “handle it myself” as usual, I would always say the latter.

Trusting friends and family always takes emotional energy, and that risk is not always rewarded. But that does not mean we should never try it or that it isn’t worth it.

The Bible explicitly states this truth in multiple places.

Ecclesiastes 4:9 – 10 says, “Two are better than one . . . For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.”

Proverbs 11:14 similarly says, “Where no counsel is, the people fall: but in the multitude of counsellors there is safety.”

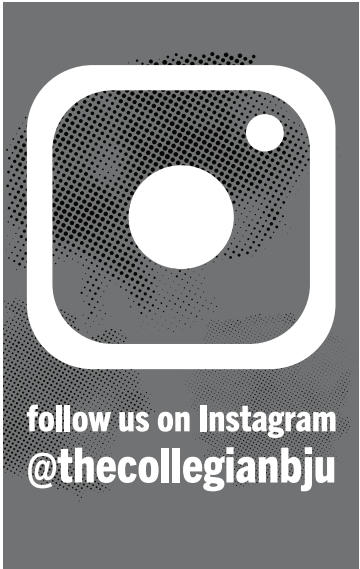
And above all, as

Christians, we can always trust God, even when the people in our life seem out of reach or unreliable.

Even though He too may seem out of reach at times, apart from God, we wouldn’t be capable of doing anything on our own.

So now, when I find myself going through a hard time and starting to pull away from the ones who care about me, I think of my adorable, stubborn dog and do my best to stay still and accept help.

And as far as Clue is concerned, she did let me brush her back and trim one nail before I left for the fall semester, so there may even be hope there, too.



TALKBACK

What book or movie character would you want to be, and why?

Abbie Rocha
SOPHOMORE

Lucy from Narnia: to see the wardrobe.

Daniel Hudson
SENIOR

Samwise Gamgee: because he is cool.

Matthew Castilla
SOPHOMORE

Iron Man: he’s my favorite superhero.

Victoria Craig
SENIOR

Annabelle from Percy Jackson: because she’s so cool.

Photos: Robby Jorgensen

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The Collegian Editorial

Due to the nature of the editorial, we have produced versions in Spanish, French and the usual English.

Conquistando las tensiones culturales

El mundo hoy, como en el pasado, es una combinación complicada de personas, culturas, países e ideas. Solo ayer, fue el Día Europeo de las Lenguas, un tiempo para celebrar la diversidad de los idiomas que en Europa se usan. Y la época en que vivimos nos permite ver y aprender sobre esta diversidad más fácilmente que, probablemente, la mayoría de las personas que en el pasado. Tenemos la capacidad de hablar con cualquier persona en cualquier parte del mundo. Aún en nuestra universidad, podemos ver la realidad de un mundo hacía más pequeña de causa de

tecnología y globalización. Un compañero de cuarto de Chile, o un profesor quien creció en Italia. Esta diversidad en el campus provee un lugar donde podemos aprender sobre culturas directamente y en paz. Pero la historia del mundo muestra que esta paz entre personas de culturas diversas es rara y, donde esta paz ha existido en el pasado, frágil. Ni necesitas estudiar la historia para entender esto. Ya nuestro mundo tiene puntos de tensión entre culturas y países. Los Rohingyas de Myanmar han aprendido de esta tensión cuando fuerson expulsados de su país en 2017

después de una purificación étnica. Miles de su grupo étnico fueron matados, y ahora más de seiscientos mil Rohingya están viviendo en campos pobres y sucios. Aun en los Estados Unidos, hay tensiones culturales. A veces te oyes algo como, “Si se van a venir aquí, necesitan hablar inglés.” Esta declaración muestra mucho orgullo. Aun más, lo que esta persona no entiende es que el mundo es demasiado complicado para pensar de esa manera. Es casi imposible tener un país exitoso sin una multitud de diversas lenguas y costumbres.

Sin embargo, esta multitud diversa no es algo que necesitemos resistir o superar como una cosa sobre la cual no tenemos una variedad. Es algo a aceptar. Además, es algo a disfrutar. Podemos ir a otros países y encontrar personas únicas que son más como nosotros que pensamos. Podemos visitar culturas y probar sus diferencias, desde la comida hasta las fiestas. Y podemos aprender que personas de culturas diversas pueden vivir juntos. Aunque las ideas de algunas culturas, o grupos pequeños a dentro de una cultura, causan conflictos. No es la mayoría.

Y eso es lo que necesitamos recordar. Lo malo es cuando un grupo quiere controlar otros a causa de sus convicciones. O cuando un grupo piensa que es mejor por una razón tan ridícula como la cultura que no se elige. Y cuando la gente piensa de esta manera, trata a cada otra cultura de una manera grosera, o a veces, como en el pasado y en Myanmar, inhumana. El mosaico de culturas, costumbres y lenguas en que vivimos es una reflexión maravillosa de la creatividad de los seres humanos, una reflexión imperfecta de Dios y como se ha creado nosotros.

Conquering cultural tensions

Today’s world, like in the past, is a complex combination of people, cultures, countries and ideas. In fact, Europe just held its Day of Languages, a time to celebrate the diverse mix of languages in Europe. And in our current age, we can see and learn about this diversity more easily than at any other point in history. We have the ability to talk with anyone in any part of the world. Even here at BJU, the reality of a world made smaller because of technology and globalization is evident – a roommate who is from Chile or a professor

who grew up in Italy. This diversity on campus gives us the ability to learn about cultures directly and in peace. But world history shows that peace between people of diverse cultures is rare and typically delicate. You don’t need to study history to know this. Our current world also has points of tension between cultures and countries. The Rohingya from Myanmar learned about this tension when they were driven out of their country in 2017 after an ethnic cleansing. Thousands of the

Rohingya ethnic group were killed. And now more than 800,000 of the Rohingya people live in harsh conditions in a Bangladesh refugee camp, the world’s largest. Even in the States, there are cultural tensions. Sometimes you’ll hear something along the lines of, “If they want to come here, they need to speak English.” Not even commenting on the sheer self-centeredness of the statement, what that person doesn’t realize is that the earth is too complex for this thinking. It is practically impossible to have a successful country

without a multitude of languages and cultures coming in and interacting with it. However, this diverse multitude isn’t something we need to resist or endure like a trial we had no choice over. It is something to accept. Further, it is something to enjoy. We can go to other countries and meet unique people who are more like us than we think. We can visit cultures and experience their differences, from the food to their holidays. And we can learn that their culture isn’t better or worse than ours, just different.

The bad comes when people think that they are superior for a reason as ridiculous as the culture they didn’t even choose for themselves. And because they think this way, they treat other cultures as inferior, and sometimes, as history and the situation in Myanmar show, inhumanely. The mosaic of cultures, customs and languages that we live in is a marvelous reflection of the creativity of mankind, an imperfect reflection of God and how he has created us.

Surmonter les tensions culturelles

Le monde d’aujourd’hui, comme auparavant, est une combinaison complexe de peuples, de cultures, de pays, et d’idées. En fait, l’Europe vient de célébrer la Journée européenne des langues, un moment pour célébrer le mélange divers de langues en Europe. Et dans notre époque actuelle, on peut voir et étudier cette diversité plus facilement qu’à aucun autre moment de l’histoire. Nous avons la capacité de parler avec n’importe qui de n’importe où dans le monde. Même ici à BJU, la réalité d’un monde rendu plus petit grâce à la technologie et à la globalisation est évidente. Un colocataire qui vient du Chili, ou un professeur qui a grandi en

Italie. La diversité sur le campus nous donne la possibilité d’apprendre d’autres cultures directement et en paix. Mais l’histoire du monde montre que la paix entre des peuples de diverses cultures est souvent rare, et, où cette paix a existé dans le passé, délicate. Il n’est pas nécessaire d’étudier le passé pour savoir cela. Notre monde actuel a aussi des points de tension entre les cultures et les pays. Les Musulmans Rohingya du Myanmar ont connu cette tension lorsqu’ils ont été chassés de leur pays en 2017 après une purification ethnique. Des milliers du groupe ethnique Rohingya ont perdu la vie. Et maintenant plus de

800 000 du peuple Rohingya vivent dans des conditions affreuses dans un camp de réfugiés au Bangladesh, le plus grand du monde. Mais même aux Etats-Unis, il y a des tensions culturelles. Parfois on entend dire quelque chose comme « S’ils veulent venir ici, ils ont besoin de parler anglais ». Pour ne pas même commenter le pur égoïsme de cette déclaration, ce dont cette personne ne se rend pas compte est que la terre est trop complexe pour cette façon de penser. Il est pratiquement impossible qu’un pays prospère existe sans qu’une multitude de langues et de cultures n’y entrent et n’interagissent. Cependant, cette

multitude diverse n’est pas quelque chose à résister ou à supporter comme une preuve dont on n’avait pas de choix. C’est quelque chose à accepter. Encore plus, c’est quelque chose à apprécier. Nous pouvons voyager dans d’autres pays et rencontrer des gens uniques qui nous ressemblent plus que nous pensons. Nous pouvons visiter des cultures et expérimenter leurs différences, de la nourriture à leurs fêtes. Et nous pouvons apprendre que des gens de différentes cultures peuvent vivre ensemble. Alors que les idéologies de quelques cultures, ou sous-groupes culturels, pourraient provoquer un conflit avec d’autres, la majorité coexiste

en paix. Et cela, c’est ce qu’il ne faut pas oublier. Le mal arrive lorsque les gens pensent qu’ils sont supérieurs pour une raison aussi ridicule que la culture qu’ils n’ont même pas choisie pour eux-mêmes. Et en pensant ainsi, ils traitent d’autres cultures comme étant inférieures, et parfois, comme le démontrent l’histoire et la situation au Myanmar, de façon inhumaine. La mosaïque de cultures, de coutumes et de langues au sein de laquelle nous vivons est un reflet merveilleux de la créativité de l’humanité, un reflet imparfait de Dieu et de comment il nous a créés.

Special thanks to Dr. Jeremy Patterson and Daniel Hudson, senior French major, for helping with translation.

Student Leadership Council reveals theme, Ignite schedule

Callie Parker
STAFF WRITER

The Student Leadership Council announced the theme for this year, “Collectively Called, Individually Empowered,” on Sept. 18. Abby Klass, assistant communications director of the SLC, said, “The idea is

that we are collectively called to be here at Bob Jones [University] worshipping as Christians but individually empowered to use the unique talents God has given us to carry out the Gospel.”

This theme will be emphasized in student body chapels and SLC events throughout the rest of the year.

The first event, Ignite, is tonight from 10 p.m. to 11:55 p.m. at the Activity Center. Curfew is extended for students if they go to Ignite.

Ignite is an opportunity for students to enjoy Christian fellowship outside of classes through games, food, a spiritual challenge and group singing.

To get the most out of Ignite, whether this is your first or you've attended them all, the SLC suggested trying to meet someone new and incorporate this year's theme

into your conversation.

Take turns sharing how God has specifically empowered you to spread the Gospel and in what ways you intend to use your time at the University to best live out your calling. In addition, you can empower your fellow believers do the same.

Tonight's Ignite is just the first event of many this year.

Follow @bjuslc on Instagram to learn about upcoming events and to see highlights from previous ones.

The SLC also said to keep your eyes peeled for awesome merchandise that will be available for purchase soon.



Students roast marshmallows at Ignite during the last academic year. Photo: Steve Choi

RUSH PHOTOS



Photos: Andrew Pledger

THE FALL OUT

2018 VS 2019



Biggest Societies 2018:

Women:

1. Theta Sigma Chi Colts: **146**
2. Tau Delta Chi Kangaroos: **129**
3. Nu Alpha Phi Flames: **128**

Men:

1. Epsilon Zeta Chi Tornadoes: **104**
2. Chi Alpha Pi Cavaliers: **86**
3. Pi Kappa Sigma Cobras: **75**

Biggest Societies 2019:

Women:

1. Theta Sigma Chi Colts: Total: **171**
2. Tau Delta Chi Kangaroos: Total: **151**
3. Nu Alpha Phi Flames: Total: **137**

Men:

1. Epsilon Zeta Chi Tornadoes: Total **109**
2. Beta Gamma Delta Patriots: Total **96**
3. Pi Gamma Delta Royals: Total **94**

MOST FRESHMEN RUSHED:

Women:

1. Tau Delta Chi Kangaroos: **60**
2. Theta Sigma Chi Colts: **57**
3. Nu Alpha Phi Flames: **43**
4. Theta Delta Omicron Tigers: **42**
5. Pi Delta Chi Classics: **40**

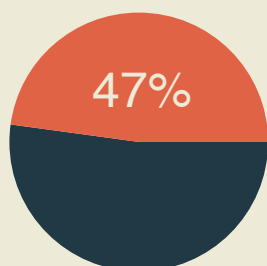
Men:

1. Beta Gamma Delta Patriots: **42**
2. Pi Gamma Delta Royals: **40**
3. Basilean Eagles: **29**
4. Epsilon Zeta Chi Tornadoes: **28**
5. Sigma Alpha Chi Spartans: **25**

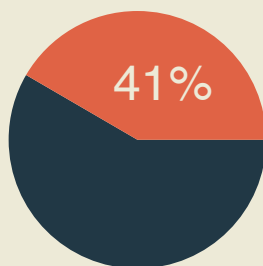
LARGEST RUSHES BY %

WOMEN

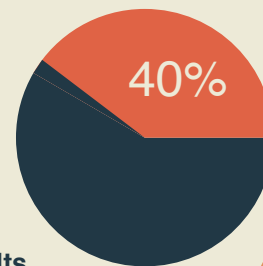
Beta Chi Omega Bear Cubs



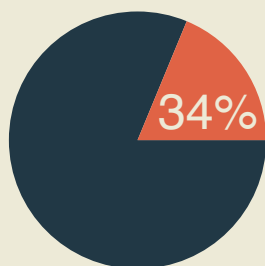
Pi Delta Chi Classics



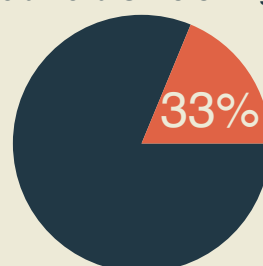
Tau Delta Chi Kangaroos



Chi Kappa Delta Dragons

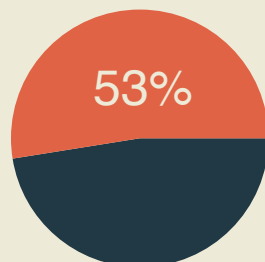


Theta Sigma Chi Colts
&
Theta Delta Omicron Tigers

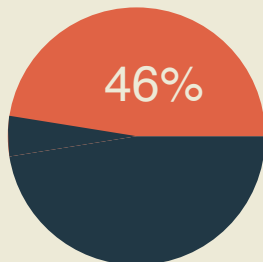


MEN

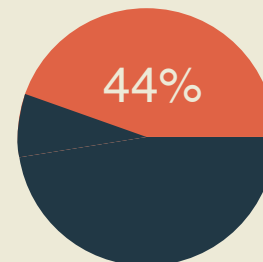
Basilean Eagles



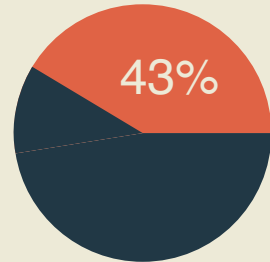
Sigma Alpha Chi Spartans



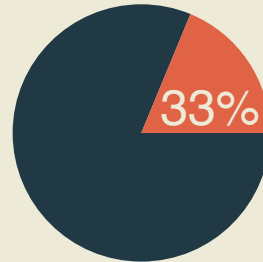
Beta Gamma Delta Patriots



Pi Gamma Delta Royals



Nu Delta Chi Vikings



» From **GO** p.1

enduring eternal possession. GO Week's chapel messages will focus on enduring the hardships Christians experience while serving the Lord here on earth, so that they can reap the eternal reward of glorifying Christ.

This reality of the Christian walk is important for Christian young people to understand before they go out into the world that will often reject them. While American Christians have opportunities to express their faith daily without oppression, not all Christians get such a privilege.

In order to minister to fellow believers and reach people who have never heard the Gospel, many of today's missionaries must take an approach that is different from traditional mission work.

Modern missionaries, attempting to reach countries that are closed to Christianity,

often welcome professionals, such as doctors, contractors or English teachers, so they will be allowed into these "closed countries."

GO Week workshops will allow students to hear from people who are taking their skills and using them to reach people around the world with the Gospel.

Last year at GO Week Workshops, students heard from professionals in fields such as STEM, graphic design, medicine and business, just to name a few.

These workshops are an essential part of Go Week since they allow the student body to understand how they can use their future professions for Christ.

Many Christians might not necessarily be drawn to missions as in the traditional term, but Vowels believes that GO Week puts missions in a very different light. "We believe that every career is

an avenue for making disciples," Vowels said.

Vowels said that since this generation has a very globalized culture, many young professionals can take their work just about anywhere around the world.

This shifts the idea of modern missions from exclusively preacher or evangelist-type missionaries to people who are using other professions to spread the Gospel.

The CGO does all this work—lining up speakers, putting together workshops, inviting missions organizations and creating a theme for the student body to listen to—but students might not learn much if they don't come into GO Week with a prepared heart, Vowels added.

Vowels advises students



Vowels speaks in Levinson Hall about GO week in 2018. Photo: Derek Eckenroth

to approach GO Week with a specific attitude, asking themselves, "How can God use me?"

Emily Hammett, sophomore fashion and design major, has gone on two mission trips to South Korea. Hammett experienced many new things, from visiting young refugee girls from North Korea to helping at an English teaching camp for elementary-age children to high schoolers.

"Personally, as I have been on multiple mission trips, I've seen how much fulfillment that you can get through working for God rather than just working for what you think is beneficial for yourself," Hammett said. "Trying to fulfill the Lord's purpose in your life and share the Gospel with others is way more rewarding than any amount of success that anything else you think could bring."

Though mission trips are an amazing way to serve God

and grow close to Him, not every Christian gets the chance to serve Him in this way.

Ai Ozaki, a junior health science major, found an essential way to aid people going on mission trips, even when she could not go herself.

"There were a couple of mission trips during the summer, and for me, I couldn't go because of financial stuff," Ozaki said. "But even though you're not there physically, you can pray for them."

Vowels wants BJU students to think that if God made them to be specific people and to pursue specific careers, that God wants them to use those specific skills to help other people follow Christ.

So what is the point of GO Week? To help students realize that God created them, with their gifts, aptitudes and flaws, and if they will allow Him, God can use them to glorify Him in ways no others could.



Caleb Rollins prays during a GO week session. Photo: Steve Choi

» From **HIKE** p.1

at an abandoned house. He spoke with them for about 30 minutes and then moved on.

Myers was also able to rely on various churches to provide lodging, including West Haven Baptist Church in North Carolina and Evangelical Baptist Church in Massachusetts.

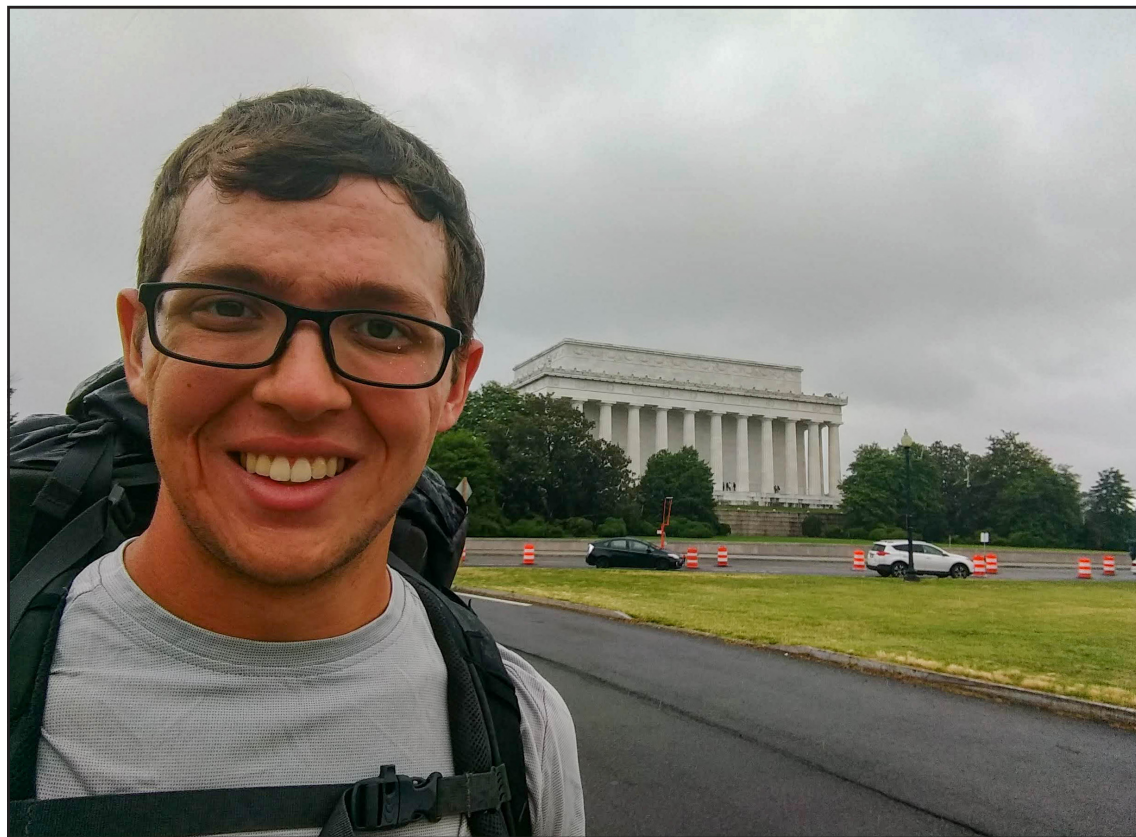
After attending a church's evening service, he would sometimes ask if he could rest there before setting out the next day.

He also used a network of friends of friends, whom he didn't always know.

"I didn't camp out as much as I thought I was going to," Myers said. "There's a lot of nice people out there who will help you if you ask."

But Myers' journey wasn't easy. Some days, he had to keep trudging through pouring rain. Other times, he struggled to find a place to stay.

In Northern Maryland, in order to avoid a 10-mile



Matthew Myers also cruised through Washington, D.C., during his journey. Photo: Submitted

detour, Myers sprinted across a mile-long road bridge that had very little space past the white lines. "That was pretty scary," Myers said.

Myers also got sick in New Jersey, vomiting and not wanting to eat.

At that point, he began to wonder if he had gone far

enough and should quit.

"But thankfully," Myers said, "I had a relative nearby who was able to put me up for the time, so I was able to

recover and keep going."

After three days, Myers continued onward from New Jersey with about 600 miles to go.

Eventually, Myers made it to Campobello Island in New Brunswick, Canada, on Aug. 3, where his parents were waiting for him, welcoming him to his finish line after 1,250 miles.

"It's hard to believe that I walked all that way," Myers said. "It's just one day at a time."

Although Myers doubts that time will permit another hike like this one, he remains open to the possibility, especially if someone else joins him during the long journey.

In the meantime, Myers encourages others to consider their own crazy ideas in the same way he did.

"You won't be able to do stuff like this forever," Myers said. "So take advantage of the time you have."

Soccer coaches summarize challenges, goals for season

Katie French
STAFF WRITER

The Bob Jones University intercollegiate soccer program is in full swing.

As with previous seasons, both the men’s and women’s Bruins soccer teams strive to play hard, bond as a team and achieve victory.

But every season differs based on the team roster and opponents, bringing new challenges to the table.

For the women Bruins, the initial challenge this season was the addition of 12 new freshmen and two transfer students who were still learning to communicate and work together.

Head coach Chris Carmichael said that the large percentage of new starters contributed to why the team had a slow start with three losses.

Senior defender Kayla Romeiser said the team had to figure out connections on the field. “We did not know how to play with each other at first,” Romeiser said.

Despite this challenge, the team has made drastic improvement throughout the season. They now have a 6-4 record.

Describing their first win against Southern Wesleyan University in overtime, freshman midfielder Jessica Peterson said, “[The team’s] passing was spot on. We . . . finally found our connections with each other.”

Carmichael said, “Our new players have diverse backgrounds and have continued

grow even more as a team. Though in the coaching position, Carmichael said he also enjoys being a “student of the game.”

He looks forward to continuing to mentor his players throughout the remainder of the season, and he takes on one game at a time.

The men’s soccer team



Gasheed Lareche competes during Tuesday’s game. Photo: Andrew Pledger

to strengthen our team.” This has enabled the team to develop talents that are building them into a stronger program. As the season progresses, the women’s soccer team hopes to win more games and

does not have as many new players as the women’s team. Instead, the team’s main challenge this season has arisen from competing against opponents in higher divisions. Their season began with four losses, many of the



Abby Herr dribbles during match against Greensboro College. Photo: Andrew Pledger

outcomes being determined in the final minutes.

Head coach Matthew Hotchkin said, “We’re defending well, but we’re just having struggles to score goals.”

The team is working hard to improve this season, their primary goal being to view soccer as a process. Aspects such as daily, individual growth and game results play a vital role in reaching their aim.

Hotchkin believes that keeping the season goals in mind is a high priority. These will help the team progress most—not just winning, he says.

But obviously, he would still love to come away victorious, especially when the Bruins play against Pensacola

Christian College Saturday.

Hotchkin also made it clear that having fans at games is important. During the home game versus Johnson University on Sept. 14, the Bruins scored two goals in the last two minutes, winning the game.

He said the larger fan section, likely due to the fact that society induction was taking place right after, definitely contributed to their victory.

He encourages fans to keep coming out. “We are asking for the support of the student body as we build this program,” he said.

He added that the team promises to provide exciting soccer if people show up.

sudoku

	5	7						
	2							
					7		4	
				5	9		2	
			1					
8		9			2		3	
4	8			3		5		2
						1		3
7	3		2		8			6

HEALTH & wellness

TIPS

with Melanie Schell



The Freshman 15: Part 2

If weight gain is not on your “to do” list, here are some concepts to consider.

Physical activity.

Make it part of your weekly routine. Especially if you no longer play organized sports, plan times to be active. Pick something you like to do. You have a better chance of following through with it if you enjoy the activity.

Food choices.

Fill your plate with lots of colorful vegetables and fruit first. Then, add smaller portions of lean protein like chicken or pork. Remember that animal products also contain saturated fat, so keeping the servings small will help keep your heart happy!

Next week, check back for strategies to avoid stress eating when college life gets the best of you.

Division of Art + Design hosts Darell Koons art retrospective

Joanna Scoggins

STAFF WRITER

The Division of Art + Design is hosting an exhibit of artwork by the late Darell Koons, alumnus and former art faculty member of Bob Jones University.

The exhibit will be open in the Sargent Art Exhibition Hall until Oct. 2 on weekdays from 7:50 a.m. to 10:20 p.m. and Saturdays 1 p.m. to 10:20 p.m.

It features artwork from the collections of Koons' son Mark Koons and daughter Shery Koons Borenstein.

Several pieces are available for purchase, and the Koons family is donating a portion of the proceeds to the BJU Division of Art + Design.

Prints, etchings, lithographs and puzzles of his artwork are also available for a limited time in the Bruins Shop in The Den, with a portion of the proceeds being donated as well.

John Nolan, a faculty member in the Division of Art + Design and curator of the exhibit, said Koons was one of

three art educators who were foundational to the art department at BJU.

The Koons exhibit is the first in a series of exhibitions called the Legacy Series. "It's featuring former faculty members in the Art + Design division," Nolan said.

Nolan said the exhibit is arranged in roughly chronological order. At the beginning is "Yosemite National Park," one of Koons' earliest works, completed when he was in middle school. The most recent of the paintings are from 2014. "It really does show the evolution of his styles over the years," Nolan said.

The exhibit includes paintings done in oil, watercolor and acrylic, as well as engravings and serigraphs. Nolan said the exhibit shows Koons' range and desire to use more than one medium.

Jay Bopp, chair of the Division of Art + Design, said Koons had a strong sense of composition in his art. "You see a lot of barns and farm-type structures in his paintings because he was obviously very familiar with that," Bopp said. "You also see in the work some more abstract or non-objective pieces."

Bopp said Koons was a product of the modernist era in art, giving his work a unique, haunting emptiness. "[His work] is not really super-duper nostalgic or sentimental,"



Koons produced over 2,700 paintings. Photo: Submitted

Bopp said. "I think it's interesting that there [are] no people in any of his work."

Koons' daughter, Shery Borenstein, said her family is honored by the exhibit. "We loved how [the exhibition committee] worked with us to make the exhibit one that showed the transformation and skill our dad's art revealed as he 'matured' in his artistic style," Borenstein said.

Borenstein said the use of art for giving the Gospel was something that impacted her, her siblings, and many other

people. Koons used chalk artwork for over 50 years to minister to churches, schools, and orphanages around the world. He also taught students to minister using chalk artwork.

Borenstein said she was holding her father's hand as he passed away. "With a steady motion, he began to take his right hand as though holding a paintbrush and moved it toward his left hand where he dipped the brush into what in his mind was likely a small jar of paint," Borenstein said. "He then proceeded to paint

something I could not see but cannot wait to see with my own eyes. I'm sure [he] was painting a picture of Heaven!" Borenstein said Koons wished to share the good news of Heaven more than anything else.

Koons grew up on a farm in rural Michigan before attending BJU. He received a bachelor's degree in art education from BJU and an M.A. from Western Michigan University. After receiving his M.A., Koons returned to BJU and taught for 45 years. He died June 28, 2016, at age 91.

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THE EXHIBIT INCLUDES PAINTINGS DONE IN OIL, WATERCOLOR AND ACRYLIC, AS WELL AS ENGRAVINGS AND SERIGRAPHS.

JOHN NOLAN, EXHIBIT CURATOR



Koons' paintings have been displayed in numerous public and private collections, including the White House. Photo: Andrew Pledger