

the COLLEGLIAN

Vol. 32 No. 21 | collegianonline.com

Bob Jones University, Greenville, SC 29614

BJU fills need by adding three new biotechnology concentrations

DANIEL QUIGLEY
Staff Writer

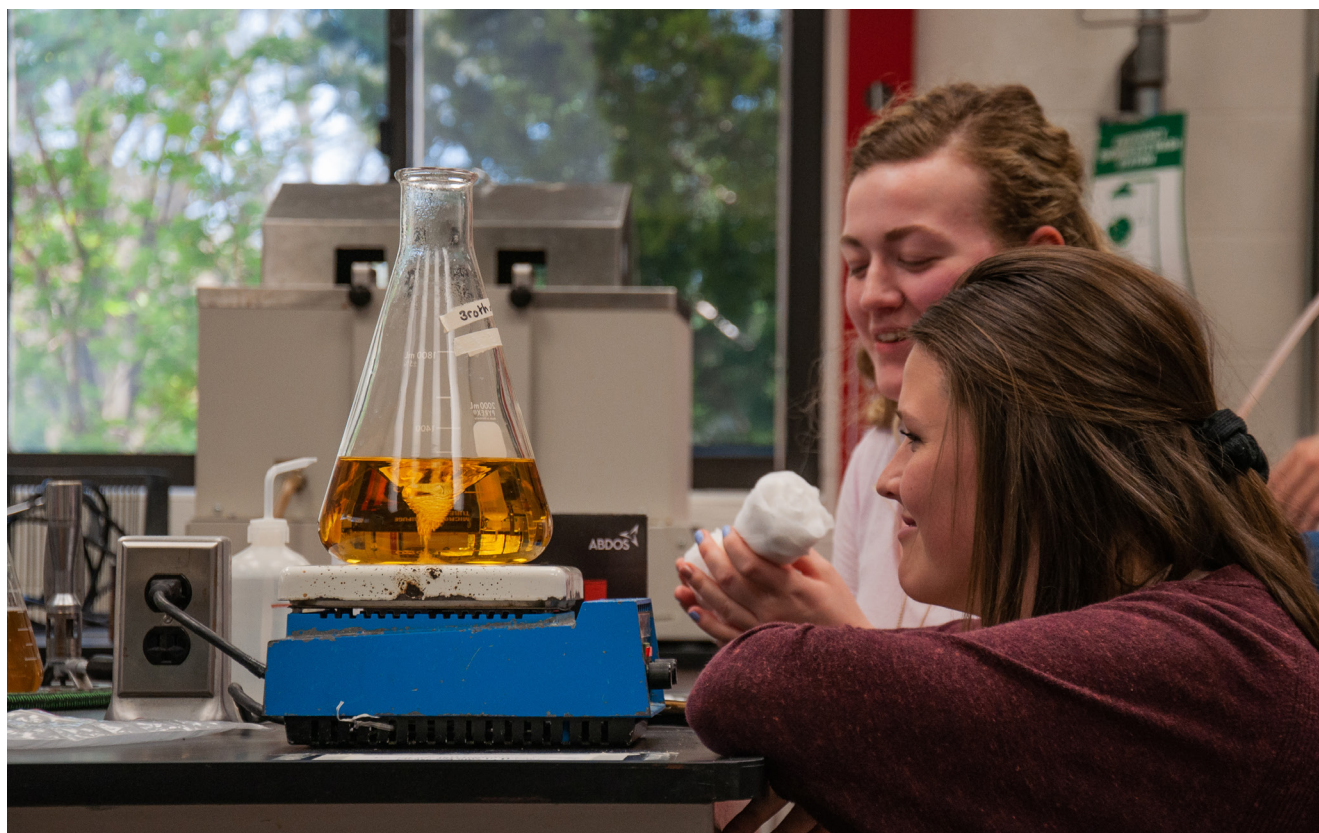
Three interdisciplinary concentrations focusing on biotechnology will be added to the biology program in the fall of 2020.

Dr. Vincenzo Antignani, a member of the biology faculty, said these concentrations resulted from a need to bridge the gap between the skills needed for jobs in the biomedical field and the skills taught at BJU.

"We're trying to reduce the gap between the skills that we produce and the skills that are needed," Antignani said.

The three concentrations include biomedical research, biomechanics and environmental technologies.

Biomedical research will train students who intend to go into the medical field as researchers rather than



Anna Garian and Aryn Akerberg work on a lab in a microbiology class. Photo: Charles Billiu

doctors. This concentration combines the cell biology and premed programs.

Biomechanics will combine the fields of biology and engineering to teach students to

study biological systems, such as mechanical objects.

Environmental technologies

and resources will combine the studies of zoo and wildlife biology and molecular

biology. Students will learn how to use natural resources with new technology, such as improving methods of deriving medicine from plants.

Antignani said the main change with the new concentrations will be more structure. Students will be given fewer opportunities for electives, and they will do more independent study or undergrad research credits, jumping from two to four credits to four to six credits.

Internships can count for some of these credits.

"The emphasis is on experiential learning opportunities," Antignani said.

Students in all three concentrations will take Introduction to Biotechnology, a career class focused on helping students know what area of biology they want to focus on.

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Contest sends three BJU winners to cupping

SETH JOHNSON
Editor

Due South Coffee Roasters and Aramark teamed up to hold a contest that allowed three BJU students with one friend each to attend a cupping at Due South in March.

Cupplings are how the

coffee industry tests its coffee, a kind of quality control.

The winners, David Bell, Jessica Comperry and Laura Gaston, purchased drinks at Cuppa Jones which allowed students to enter their names into a raffle. After their names were chosen, these three attended the cupping with their guests at Due South Coffee Roasteries on Hampton Avenue, a location Due South moved to eight months ago.

Ryan Hall, manager of the Due South location, walked the winners and their guests through the process of making coffee, from the fruit trees in Brazil, Guatemala and Ethiopia to the

mochas, Americanos and drip coffees the University family enjoys at Cuppa Jones and the dining common.

Hall handed out dried coffee seeds that Due South receives from around the world, warning not to eat the seeds unless you wanted a chipped tooth. He then explained how the shop's coffee roaster transforms the rock-hard seeds in the students' hands into the coffee beans they would soon enjoy.

He also highlighted how Due South and Aramark work together to provide coffee for BJU. Aramark places their coffee order on Monday. Due South roasts the seeds Tuesday or Wednesday and delivers them Friday, within the peak freshness period.

Next, the six participants entered a back room where the actual cupping took place. Hall explained how cupplings are designed and executed with a high degree of precision.



Ryan Hall, manager of Due South, explains the cupping process to Emily Wynn and Laura Gaston. Photo: Rebecca Snyder

Different blends of coffee were placed into bowls along a table. Participants then formed a line and smelled the dry grounds, one blend at a time. Hot water was then poured into the bowls. Again, the line filed through, smelling the now wet grounds.

Hall then filled the bowls

with water and waited four minutes for a crust to form. During this step, the students broke the crust with a spoon and smelled the coffee. With the smelling portion finished, the line now tasted a spoonful of each coffee. To finish, the group tasted the coffees twice more at different temperatures, which enhance

different flavors in the brews.

The point of so many passes at a cupping, as Hall mentioned, is to detect slight variations in the smell or taste.

The cupping proved to be quite a learning experience. David Bell, a senior accounting major, said, "I had never thought

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COLUMN



JEWEL SCHUURMANS
Staff Writer

I met Alice in Wonderland in a nursing home. In February, I participated in an outreach to give manicures to elderly women in a local facility.

Nursing homes are not unfamiliar environments for me; my only memories of my maternal grandmother, “Mia,” are of caring for her with my mother in such a facility.

By the time I was old enough to remember her, her mind had faded, and I only knew a shadow of the strong woman she was. Amidst her struggle with Alzheimer’s, her well-trimmed love for God still flickered brilliantly through the cracks.

As the years passed and she steadily dimmed, sometimes, to wake her mind up, I held her hand as she lay in bed and told her about the beautiful day outside. I would whisper the same description over and over, and slowly her eyes would begin to lighten and her mouth

would curl as she recognized what I said about the birds and the sunshine. Without fail, her heart would catch hymns being sung, and she still recalled and gently sang them with us to the end of her life in 2015.

When I walked in to the nursing home for the outreach this semester, those memories tapped me on the shoulder. I looked around at the elderly who were settled in wheelchairs or were shuffling behind walkers, and I felt as though I were standing at the edge of a corn field after harvest. Mere husks of souls seemed to blow about.

We spoke with the ladies as we cared for their hands, cleaning off old colors and trimming their nails.

Sometimes the conversations were chatty and light as we swapped soft laughter and stories. Sometimes the conversations were belabored and pitiful, as words were painfully bent and little meaning given or

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The Collegian Editorial

"Be yourself" is bad advice

“Just be yourself.”

How many times have we heard this advice—when going to a new school, starting a new job, meeting your significant other’s parents? We’re told that all we have to do is be ourselves—don’t be nervous!

The thought process behind this phrase, “Be yourself,” is that we’re supposed to be authentic and true to we you are—not fake.

So maybe the title is slightly misleading. “Be yourself” in and of itself is not bad advice, when taken to mean that we should strive to not be fake towards others.

This applies to any relationship, whether friends, coworkers, family members or anyone else. Really what this phrase is trying to say is that we should be sincere.

But by saying just “Be yourself,” however, we aren’t encouraging growth. By simply staying complacent, we aren’t striving to

improve ourselves to be the best we can be.

So maybe a better way to say the phrase would be, “Be your *best* self.” Being our best selves to glorify God should be our goal in life.

This can manifest itself in everything we do. When it comes to employment, we should always strive to do our best. Instead of staying static, always look out for ways to improve and ways to become more efficient.

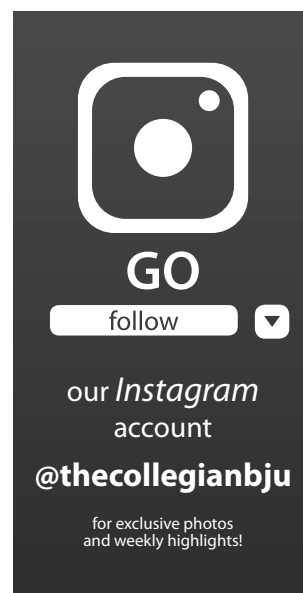
Showing a drive to improve ourselves will also prove to our employers that we are hardworking and willing to do our best, and this can result in possible raises or promotions.

When it comes to relationships, especially dating ones, we should always find ways that we can put the other person first instead of giving in to our own selfish tendencies.

Choose to do something

they want to do instead of just the activity you want, for example. Putting others first shows that we care about them and value them.

Striving to improve ourselves doesn’t mean to be fake; we should always be sincere. We should always value ourselves as God’s creations and make it our goal to try to be the best version of ourselves while glorifying God.



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Bob Jones University
Greenville, SC 29614-0001
www.collegianonline.com
www.facebook.com/BJUCollegian

The Collegian is the Bob Jones University student newspaper. The paper is published weekly with issues out on Fridays. For advertising information, contact Jonny Gamet (864) 242-5100, ext. 2973 campusmedia@bju.edu. All contacts © 2018 Bob Jones University.

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TALKBACK

What kind of animal do you want as a pet? Why?



freshman
JOSIAH SHANK
“A capybara because it’s a giant guinea pig.”



senior
TORI CONOVER
“A monkey because they’re awesome.”



sophomore
SARAH HOLMES
“A possum because they’re so cute.”



senior
NATALIE LARSEN
“A chipmunk because they’re joyously cute and have lots of personality.”

»COLUMN p. 2

received. Their eyes were heavy and their mouths rumped, bodies worn and minds calloused.

One lady with whom I sat had a light pink paint on her nails, and she told me she would love to switch it up. I cleaned off the old polish and offered her several other shades, but after being indecisive she reached over and picked the exact same shade she had just discarded. “Oh, this is lovely!” she said with a gasp.

I gently suggested that it was quite similar to the one she had been wearing, quite possibly the same, but she was unfettered and de-

clared it was the perfect new shade. “I can match this to my blouse!” she said with a blissful smile.

I felt like an accomplice to dramatic irony as I painted her nails the same shade I had just removed and observed her joyful approval of her fresh look.

One woman, with a mind seemingly a good deal brighter, selected a powerful shiny purple. I asked her name and she said with a beautiful smile, “Alice.”

“Like Alice in Wonderland?” I teased.

“Why, yes! That’s me,” she chuckled.

Encouraged by her laughter, I continued, “What was

it like? I hear it’s an awfully beautiful place.”

She chuckled once more, but this time with a question mark forming on her brow. I attempted to continue the joke, but I could see the interest fade from her eyes as she lost her own thoughts when they met mine. I changed the subject.

People often speak of the natural cycle of life. “That’s just the way things are,” parents offer to their children.

But the Bible tells us the story of how death is anything but natural. Death and the path to it were never included in the script. God wrote the world free from decay, with all He created

abounding delightfully in the ultimate form of life: fellowship with God.

We know that when man broke God’s law, we received the penalty of a death far more painful than that which we now claim as “natural.” Humankind was separated from Him by sin and discovered spiritual death for the first time.

As easily as we see the effects of death upon a wearied body, God sees our souls heavy with death when we live separated from Him. It pains Him to see us stumble blindly, incapacitated and unfruitful.

I can’t free those beautiful women from their physi-

cal debilitation. But God can do for us spiritually what I wish I could do for those women physically—with one touch of His hand He can illuminate our souls and liberate us from the law of sin and death. Now we see through a glass darkly, but soon our bodies too will be set free from this bondage of death.

As we cleared away the supplies and said goodbye to the women, I reflected on what a resident told me when I had remarked on her Star of David necklace. She immediately told me how much love she had for the Jewish people. “Before I came here, I donated the last

of my money—about \$30—to a Jewish charity,” she said.

Tears quickly stung her eyes as she looked down and said, “I wanted to do something while I could. It was the last thing I could do to help.”

Isaiah 40:8 says, “The grass withers, the flower fades: but the word of our God shall stand forever.”

Today is the day to be good stewards. Today is the day to plant. Today is the day of salvation. Our days are few and evil, but God is our hope that will redeem us to life everlasting. Surely goodness and mercy will follow His children all the days of our lives.

Hosting AACCS provides students service opportunities

SIDNEY SEIBER
Staff Writer

BJU set aside April 10 as a day of service to encourage students to volunteer for American Association of Christian School’s national competition being held on campus from April 9 to 11.

All morning and afternoon classes will be cancelled until 5 p.m., and students are encouraged to participate in any form of outreach with the extra time.

For three days, hundreds of high school students from across the U.S.

will compete in the AACCS national competition.

BJU needs students to volunteer for various positions in order to run the competition.

The speech section of the competition needs about 50 volunteers. The jobs will range from runners (individuals who are available to run errands), tabulation helpers and hall monitors to help people set up and tear down, organize paperwork for judges, give directions and answer questions.

The volunteering time slots range from one to one and a

half hours and are mostly on Wednesday, although some time slots need to be filled on Tuesday and Thursday.

Anyone with a heart to serve is welcome to volunteer. If you are interested in volunteering for the speech division of the competition, look at the university-wide email Mary Ann Perez sent about AACCS.

For the art section of the competition, six to 10 volunteers are needed to help move art work entries from the judging rooms to the exhibition space. Organizers prefer

art and design students—especially upper-class art and design majors—to set up the art exhibition, but besides that, volunteers require no other qualifications.

Students interested in volunteering for the art section of AACCS should email Jay Bopp (jbopp@bju.edu), Chair of the Division of Art & Design.

The Bible section of the competition needs Bible quiz scorekeepers and judges. Though it would be helpful if students have experience with Bible quiz competi-

tions, anyone willing to help can be trained for the volunteer positions in the Bible portion of the competition.

For the Bible competition,

25 one-hour time slots are available, starting at 8, 9 and 10 a.m. in four different rooms, plus one time slot

See **SERVICE** p.6 »



Katarina Schafer helps at Greer Relief. Photo: Abby Marasigan/BJU Marketing

A Week at a Glance

Monday

8

Divine Design Q&A

This Monday at 6 p.m. will be the last Divine Design Q&A session in Levinson Hall. The sessions have been held all semester long in order to supplement the chapel services. Students are encouraged to attend and ask they may have about the chapel messages.

Wednesday

10

University Service Day

Join other BJU students to serve this Wednesday by helping out at the AACCS high school competitions. With the day off, most students will have plenty of time available to help out in at least one of the various time slots available. For more information on jobs and times needed, read Sidney Seiber’s article above.

Thursday

11

ULA showing of **Coco**

The University Language Association is showing the film **Coco** in Levinson Hall at 8 p.m. The film premiered in 2017 and is inspired by the Mexican Day of the Dead festival. **Coco** also won two Academy Awards for Best Animated Picture and Best Original Song. The film will be shown in Spanish with English subtitles.

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about how much went into coffee. I was just shocked at how complicated [the process] is.”

Jessica Comperry, a senior health science major, said, “I learned that there is a lot more to coffee than just the grinding and brewing processes. Just because I don’t particularly enjoy a coffee that doesn’t mean it’s bad coffee.”

Nathan Swaim, a sopho-

more accounting major, added that the cupping made him appreciate good coffee now that he knows the process involved in making it.

Throughout the cupping, the BJU students talked with Hall and Roy Hulehan, BJU director of retail operations, about their experience with Due South coffee on campus, a switch made last semester.

“When [BJU] switched, I really didn’t like Due South coffee,” Bell said. “But I left [the cupping] appreciating it a lot more.”

Bell added that learning about the process that Aramark, Due South and BJU go through in order to provide coffee has made him more appreciative. “Now I think I’m more willing to be less critical of The Den,” he said.

Emily Wynn, a junior accounting major, said the experience taught her how blessed BJU is to have such high-quality coffee.

Hall said student feedback, like that at the cupping, helps perfect the process that puts the coffee in

BJU’s mugs. He also explained how the entire coffee industry, and Due South, is continually improving, making each batch of beans and pot of coffee as pleasant and pleasurable as possible.



BJU students David Bell, left, and Nathan Swaim, right, attended the cupping that was led by Ryan Hal, center. Photo: Rebecca Snyder



How to engage in community service

BRAD SHEPARD
Guest Writer

“What is community service?” I recently asked the BJU Community Service Council during our annual orientation.

The council answered with a simply-stated definition: “Love others, reach out and put others’ spiritual, emotional and physical needs before your own.”

Their definition aligns closely with the biblical description of a “servant.” In Philippians 2:7, we read that Christ “took upon Him the form of a servant, and was made in the likeness of men.”

Christ left glories of heaven to join our humanity and be in community with us. He became the greatest servant and showed us the greatest act of service—His sacrifice on the cross.

This Gospel message should motivate believers to action and to find ways to serve. Many of us, however, don’t know where to start. Here are a few pieces of advice for believers who want to show Christ in their communities.

Know your passions.

Many times what you’re passionate about tells you how you can best serve. What inspires you? After a long day of school or a busy work day, what do you enjoy doing?

Many students find joy in music, art, sports or simply talking with friends. Those same passions are tools for service.

For example, BJU hosts Special Olympics each year. You could use your

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BJU students attend leadership conferences

SAMANTHA VIERA
Staff Writer

Several Bob Jones University students had the opportunity to attend all-expenses-paid leadership conferences in Washington, D.C., and at the College of the Ozarks this March.

Three BJU students attended a leadership conference at the College of the Ozarks in Missouri on March 11 and 12.

According to their website, the College of the Ozarks emphasizes culture, patriotism, academics and vocation and Christianity. In addition to their focus on these values, their students don’t pay tuition.

Matthew Weathers, center for leadership development director, explained that the college instead has a method to provide students a way to attend. “They are a unique school in which all students work a minimum of 15 hours a week at jobs around campus and tuition is free,” Weathers said.

He added that the students



Over 18,000 people attended the American Israeli Public Affairs Committee conference. Photo: Submitted

do pay for room and board.

This year is the first year that BJU students were invited to attend the annual leadership conference at the College of the Ozarks.

Other schools invited to attend included The Citadel, the U.S. Naval Academy, Virginia Military Institute, Georgia Military College, Evangel University, Marion Military Institute and Southwest Baptist University. The U.S. Air Force Academy was also in-

vited but did not attend.

The conference opened with sessions by keynote speakers, and members were later split into small groups for discussion.

Former Attorney General Jeff Sessions was one of the keynote speakers. Other keynote speakers included Ruben Navarrette, a Washington Post journalist; Dr. Christine Porath, a professor at Georgetown University; and Alex Nsengimana, who works with

Operation Christmas Child.

Weathers said these types of events are great opportunities for students to be exposed to leadership speakers.

The main theme of the conference was civility. Weathers said one of the topics raised was the Golden Rule and how it can serve as a model or definition of civility.

BJU students who attended were Andrew Williquette, Abby McAllister and Bela Lopez Aguilar.

Abby McAllister, a senior composite social studies major, said she was interested in going to the conference to grow as a leader.

“As a leader in my society, I thought that applying to the leadership conferences sponsored by the CLD would be a great way to further develop and cultivate leadership to better serve those I encounter,” McAllister said.

Weathers said conferences like this one are a great opportunity for students to learn. “It helps our students to develop themselves, learn leadership skills, practice communication and learn with and learn from other schools,” he said.

Another conference BJU students were invited to for the first time was the American Israeli Public Affairs Committee conference in Washington, D.C.

Weathers said the bipartisan organization’s goal is to improve relations between

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Antignani said the class will explore a variety of careers, including cancer research, applied chemistry, biomimicry and biological control.

The class will include lectures, guest speakers from the industry and field trips to professional organizations.

“The goal of the class is to expose all the students who come into the biotech core . . . [to] the different options that [they] have in the biotechnology area,” Antignani said.

Antignani said the quality of education will remain the same after the concentra-

tions are added. “Their rigor is just the same rigor that we have in the existing ones,” Antignani said.

The goal is to improve the connection between students and professionals in the life science sector. “We want to

try to connect our students while they go through college,” Antignani said.

Many companies in the

life science sector have relocated to South Carolina in the past six years, growing the job market.

With the shift in industry, BJU reviewed its programs, interviewing industry professionals. Antignani said after the interviews, they

found that companies look for interdisciplinary skills.

“We’re just trying to navigate the wave, the trend of the growing market in the life science industry, which is growing globally,” Antignani said.

—Dr. Vincenzo Antignani

We’re just trying to navigate the wave, the trend of the growing market in the life science industry, which is growing globally.

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CRIMINAL JUSTICE



Leah Erb and Sam Hadley work with Public Safety. Photo: Joanna King

WHAT'S INVOLVED

David Davis, a new member of the criminal justice faculty, said the criminal justice major prepares people for a multitude of fields in law enforcement as well as peripheral fields like business and social work. The criminal justice program at BJU prepares students in both the broad aspects of law and the specific applications at the state and federal levels.

"Some want to work in local departments," Davis said, "Some in county or state departments; some in federal employment; some in military; others in probation and parole or some role in courts; others want to be in auxiliary services like working with children or women who are in need."

Davis said ultimately, the program aims to build a Christian worldview foundation CJ students can use to do the best job possible as they work within the system.

Besides a master's degree in both divinity and science, Davis acquired a bachelor's degree in criminal justice from the West Chester University of Pennsylvania and a graduate certificate in criminal justice from the City University of Seattle. He said he sees the criminal justice program at BJU as being high quality. "I just think this is more rigorous and more challenging," Davis said. "It's not just head knowledge, which is key, but also there's so much application and interaction. I really like the way things mesh together."

CRIMINAL JUSTICE MAJORS

Criminal justice students have a variety of backgrounds and goals. "It's exciting to see them all over in different motivations, all the different places they're from and what their hopes and desires are," Davis said.

Casey Stroud, a freshman double major in accounting and criminal justice, said he didn't originally plan on coming to college. He considered joining the Air Force but soon saw that God was calling him to BJU. "I felt God leading me toward criminal justice as the best avenue to use the passion He gave me," Stroud said. "With my [double major], I have many options to consider from law enforcement to homeland security."

The Bureau of Justice Statistics found that fewer than 15 percent of local law enforcement are women. Katie Black, a sophomore criminal justice student, said women have an important role in criminal justice despite law enforcement being a male-dominated field. "Women are needed because we're good communicators, and we have a different approach to

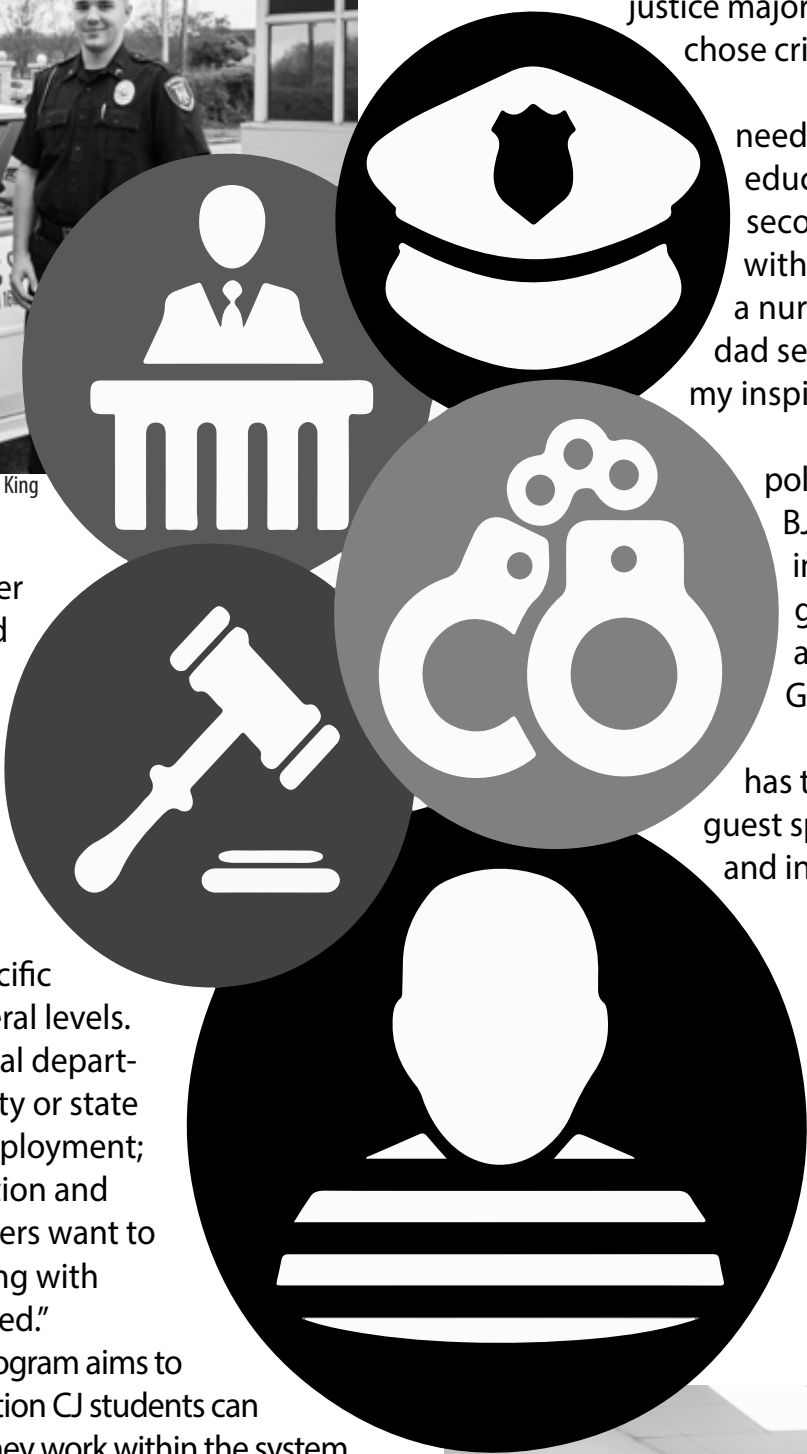
WHY CRIMINAL JUSTICE

Whether an example set by a loved one, a rescue by a first responder or simply a God-given drive to help others, every criminal justice major has a unique story to explain why he or she chose criminal justice as a major.

Black said her inspiration to help those in need came from three things: first, a young adult educational program called Police Explorers; second, a police officer who shared his experiences with Black; and third, her parents. Black's mother is a nurse, and her father is a pastor. "My mom and my dad see people at their worst, so they were kind of my inspiration."

John Gardner, a retired 25-year veteran of the police force and adjunct criminal justice professor at BJU, gratefully credits his success to those who invested in him personally. "[I'm grateful for] godly mentors and professionals that gave guidance and instruction to live a life that was God-honoring," he said.

Now, Gardner invests in students at BJU. He has taught Criminal Justice Ethics and has been a guest speaker in other classes, including Criminology, and in Criminal Justice Association Forums.



David Davis, above, and Larry McKeithan, below, teach in the Criminal Justice major. Photo: Joanna King

"I felt God leading me toward criminal justice as the best avenue to use the passion He gave me. With my [double major], I have many options to consider from law enforcement to homeland security."

- Casey Stroud

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love of sports to impact many individuals right here on campus.

Many opportunities exist for individuals outside of the student body as well. Organizations like Meals on Wheels love to work with energetic and personable volunteers to

deliver meals to seniors. Often you don't have to learn new skills to serve, just be willing to use the ones you have.

Know your mission.

Take a minute to define a clear goal. Answer the question, "What am I trying to

do, and how can I best help the community?"

Intentional service is impactful service. God has gifted you with skills and a purpose for them. A Gospel-centered life is one that looks for opportunities to use the gifts God has given. The BJU experience is not complete without service.

Apply your skills.

Get involved. Keep an eye open for routine communications emails. Take a minute between classes or while you're waiting in line to read about what opportunities are available to you. Find one that peaks your interest.

When you're ready to get involved, follow the prompts in the student body email or contact CSCDIR@bju.edu with questions or suggestions.

Continue serving.

Once you begin to serve, you will quickly learn that the experience often benefits you just as much as the people you serve.

That's not a bad thing! I guarantee you will make lasting relationships and fond memories by serving with people that share similar interests and a common love for God.

If you want to make a difference, all you need is a venue to continuously live out God's mission by applying your skills.

The Community Service Council is committed to providing this venue. We are excited to partner with you for the opportunities left in this semester and the semesters to come!

»SERVICE p. 3

from 12:30 to 1:30 p.m. in a single room. Students can volunteer for multiple timeslots if they wish. If you are interested in volunteering for the Bible section of the competition, contact Dr. Dan Olinger, chair of the Division of Bible.

AACS's testing competitions has 10 time slots open for volunteers who are willing to move computers to the rooms in which the testing will be held or monitor competitors as they take their tests.

The only qualifications for volunteers are that they should be able to log into a computer and prevent cheating by observing competitors. Various time slots are available to sign up throughout the day Wednesday and on Thursday morning.

Accounting senior Matthew Myers participated in

the Bible quizzes when he was in high school. Last year, when he saw AACS needed help running the Bible competition, he decided to volunteer. "Volunteering is a great way to show love to visitors and reflect well on BJU," Myers said. "I think taking time to volunteer allows us to stop focusing on our assignments and other responsibilities and lets us focus on helping others for a while."

Journalism and mass communication senior AJ Papagno wanted to volunteer for AACS. He had never gotten to experience the competitions in high school and was intrigued by the idea of students preparing all year for the quizzes in order to compete. AJ said, "I think it's always nice to help whenever there's a need and be selfless when you can."



Morgan Mattish and JD Efting volunteer on MLK Jr. Day. Photo: Morgan Roark

»CONFERENCES p. 4

America and Israel.

The conference ran from March 24 through March 26.

Vice President Mike Pence, Prime Minister Benjamin Netanyahu, former U.N. Ambassador Nikki Haley and House Majority Speaker Nancy Pelosi were some of the speakers at the conference.

Student body presidents Daniel Kim and Tori Conover were invited to the

conference. However, only Kim was able to attend. "I'm very honored and grateful for this opportunity," Kim said.

In addition to the time dedicated to political speakers, the conference included a scheduled time where attendees had the opportunity to meet with members of congress to discuss issues.

Weathers said his goal for this conference was to be a representative for Christ and

speak the truth in today's chaotic world.

Students can sign up to attend future leadership conferences through the Center for Leadership Development website.

Weathers said that more students sign up than the CLD can take on trips. Because of this, students can request to attend specific conferences during the sign-up process.



Matthew Weathers, Daniel Kim and others meet with U.S. Rep. William Timmons, center. Photo: Submitted

Your Last Cram-Session of the Semester!

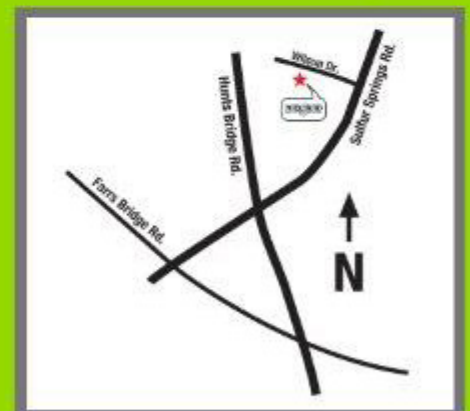
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BJU sports teams engage in community service

KAYLA ROMEISER
Sports Editor

Image the Upper Room—Jesus washing His disciples’ feet. One by one, He lovingly cleans and dries the dusty feet of his followers.

Now imagine a group of young men removing the tattered shoes and wiping the dirty feet of 8- to 11-year-



Cam McKennedy and Zac Orr clean children's feet. Photo: Submitted

olds on the floor of an elementary school. Child by child, the men fit new socks and new shoes onto the newly cleaned feet.

The Bob Jones University Bruins athletic teams have had many opportunities to impact others through team community service projects such as this.

During their regional tournament in Kissimmee, Florida, the men’s basketball team was able to minister to children by cleaning their feet and replacing their old shoes.

Forward Zac Orr said he immediately noticed the impact of his team’s ministry. He and a teammate had been talking to one of the girls as they gave her the shoes. In the conversation, she mentioned she loved basketball but had never been to a game.

The Bruins were giving

the students free tickets to the Bruins game, and Orr told her so. “She had the biggest smile and said, ‘Wow! This is a dream come true,’” Orr said.

“The world is big, but we can change a little piece by doing things that we can do,” Orr said.

The men’s basketball team also volunteered at Greenville’s Meals on Wheels.

According to Jon Allen, guard, the team took a van and delivered meals to the homebound around the city.

When Allen delivered one of the meals to an elderly lady, she told him that he had made her day.

Team service projects also impact the players themselves. Caroline Hartzler, a forward on the women’s soccer team, saw the bond that grew from serving with her team. Around Christmas-time, the team traveled to Brookdale, a senior living home, to decorate doors, craft ornaments and interact with the residents.

Serving with the team allows players the opportunity to encourage the community, other teammates and themselves. “You get to be with other people with the same mind, serving God and being an encouragement to others,” Hartzler said. “It’s important to get outside of ourselves and serve God.”

Being on a team helps with community service, especially in outreaches to children. Children look up to athletes.

According to goalkeeper Isaac Landry of the men’s soccer team, being an athlete provides an opportunity to serve in a way not available to everyone, especially in children’s ministries.

Often, athletics serve as an entry point for connecting with children. “It’s a huge opportunity to impact them positively, whether materially or sharing the Gospel with them,” Landry said. “It’s a big responsibility, but it’s

also a big opportunity to reach out.”

The men’s and women’s soccer teams often collaborate and offer free sports clinics to children in the area. The teams run drills, interact with the kids and provide a short Gospel presentation.

Similarly, the women’s basketball team participated in a children’s ministry every Monday from September to mid-October.

The team traveled to the Brutontown Community Center and set up basketball-related after school activities such as games of knockout and hot shot and free throw shot competitions.

Having an established

team made these ministry opportunities run more smoothly because each player knows how the others work. “We all bring something different to the table,” forward Charsie Johnson said.

The community service

opportunities allow athletes to use their sport as a platform for impactful ministry.

“It helps us not to be so basketball-centered and understand that there’s other people in the world,” Johnson said. “It’s not just about sports.”



The men's basketball team bonds during a service project. Photo: Submitted



The men's Bruins basketball team along with other NCAA DII teams serve at a community outreach. Photo: Submitted

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Snack Attack

A study recently published in Brazil shows a positive correlation between snacking while watching TV/using electronic devices and the development of metabolic syndrome (risk factors such as high blood pressure, cholesterol levels, waist circumference, etc.).

If you automatically reach for a huge snack every time you crash on the couch, you could be developing an unhealthy habit, leading to chronic disease down the road.

Be aware and be wise —do you really need that whole bag of Cheez Doodles or Oreos?!

A little preplanning can help. Stock up on your favorite fruit, some sparkling waters or perhaps pretzels and hummus.

Just don’t turn down time into devour time.

HEALTH AND WELLNESS TIP

By Melanie Schell



How taking music electives can benefit students

JO ELLEN WALKER
Staff Writer

At the start and close of every semester, students can audition for University choirs or private music lessons, but some non-music majors may wonder why they should seek such musical instruction.

Music majors and non-music majors pointed out some of the benefits of lessons that may answer these questions.

Weston Crowe, a junior music major, takes private percussion lessons from Rob Schoolfield, adjunct

faculty in music. Crowe said having a private music instructor gives him a constructively critical perspective on his playing.

“It really helps you improve because it’s another person watching your performance and your practicing,” Crowe said. “They point out mistakes, and they give you things to work on.”

Tiara Horne, a sophomore early childhood education major, took private piano lessons from Donna Crawford her freshman year and is currently in Lyric

Choir, conducted by Dr. Eliezer Yanson.

Horne said that the purpose of taking private music lessons or joining a choir is not to get a good grade at the end of the semester but to see personal growth and improvement and to feel a sense of accomplishment.

Horne said she enjoys the camaraderie among her fellow choir members as they learn and grow together throughout each semester.

Horne chose private instruction in classical piano music rather than the hymns she was more famil-

iar with to challenge herself and improve her classical music playing.

Private music lessons provide students with opportunities to work

through challenging music with someone who understands it and can provide practical help.

Crowe said he likes being able to bring difficult

sections from the music he plays in band, orchestra and percussion ensemble to his private lessons, where his teacher can work through the music with him and give him practice tips.

While music majors are required to take private lessons, Crowe said lessons could benefit non-music majors as well, especially those who play in bands and orchestras with music majors.

Crowe said that when all band members are receiving private instruction, they are more likely to play on the same level.

This lends to unity and cohesiveness during practices and performances, especially if students have the same instructor.

At the end of every semester, each student performs before a panel of judges who analyze the student’s progress through the semester. Crowe said Schoolfield helps him pick out and adequately prepare pieces to play for the judges.

When she took piano lessons, Horne said she played for two music professors at the end of the semester who determined her final grade and noted her progress over the semester.

In Lyric Choir, Horne said members simply receive a pass or fail grade, solely dependent upon their attendance record.

Since percussion involves multiple instruments, Crowe said he focuses on different instruments each semester.

Last semester, he took lessons on snare drum and marimba, while this semester he is taking lessons on marimba and timpani.

Schoolfield gives Crowe exercises to practice during the week in addition to the pieces he plays for the various music groups of which he is a member.

“All the faculty here are just phenomenal, and they can help you progress so far,” Crowe said.

Crowe said the monetary cost for taking private lessons is nominal compared to the time invested in students and the good it does for them.

Auditions are held in various professors’ offices in the Gustafson Fine Arts Center. Signs are posted on billboards around the building to indicate where and when auditions take place.

All the faculty here are just phenomenal, and they can help you progress so far.

—Weston Crowe

A MID-TERM LIKE THIS TAKES DRIVE.



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