

the COLLEGIAN

30 YEARS

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Curriculum innovations enrich education

KATIE JACKSON
Staff Writer

Bob Jones University will be expanding academic options in the fall of 2017 by enabling students to double major or minor and by offering a new major called interdisciplinary studies.

Dr. Doug Garland, who works in the Office of Planning, Research and Assessment, said these plans will be extremely beneficial to many students and their futures.

“Essentially what we are trying to do is make our curriculum more accessible to students and give them a lot more options as to how they can shape their degree programs and what they want to study,” Garland said.

Students will be able to combine two majors of the

same degree type into one major.

For example, a bachelor of arts in English and a bachelor of arts in history will be able to be put together.

When students with a double major graduate, they will have one diploma but their transcript will list both majors.

Those who wish to graduate with two majors in different degree types will be able to do so through the dual degree program.

For example, a student could graduate with a degree in Communication, BA and Accounting, BS.

Graduates who are part of the dual degree program will graduate with two separate diplomas.

For both the double major and the dual major, students must choose majors



Students seeking advice for changing their majors can go to the Academic Resource Center to see a transition adviser. Photo: BJU Marketing/Derek Eckenroth

with 30 unique credits that do not overlap.

Double minors will also

be an option starting next fall with each minor requiring 18 unique credits.

The third major program is called interdisciplinary studies—which will be a

completely new major. Garland said this is a very See **CURRICULUM** p. 3 »

How should the Christian approach depression?

REBEKAH ANDERSON
Staff Writer

What is it like to feel so sad or lonely to the point that you cannot get out of bed in the morning? What is it like to have no appetite, no motivation? Inability to sleep? No desire to socialize?

These are symptoms common to 44 percent of American college students, according to healthline.com.

Depression can be a difficult topic to approach. But it’s necessary to know about it since so many people—including friends and family members—deal with symptoms of depression regularly.

Victoria Sanders, a sophomore journalism and mass communication student, shared her own experience with depression.

“The worst part about my depression was how I became a stranger,” she said. “I went from someone who was passionate about God, life and people to someone withdrawn, angry and unempathetic.”

Sanders said she thought

that this angry person was the “new” Victoria when, in reality, it was just the symptoms of depression that had such a tight grip on her.

“It was only after the healing that came with Christian counsel and God’s grace that I realized how much the depression had changed me,” she said.

Dr. Pearson Johnson, director of Student Care and Discipleship, has had many opportunities as a pastor to help those like Sanders who are struggling with depression.

Johnson said it’s important not to oversimplify the issue. Instead, people must be aware of several factors that could be contributing to one’s depression.

“Be careful about giving quick answers,” he said. “Depression is a multi-faceted issue, not a simplistic one.”

Dr. Marc Chetta, an M.D. and associate professor of biology, said the very nature of depression warrants the need for a team of both biblical counselors and medical professionals.

“Because depression is multi-factorial—physical, genetic, spiritual—depression is often the ‘perfect storm’ where everything comes together at one time,” he said. “That’s why we recommend forming partnerships between biblical counselors and

physicians.” When approaching the issue of depression, Chetta said it’s important to remember that it can be shaped by three different categories:

1. Situational or circumstantial: This type of depression is something everybody

encounters such as a bad break-up, a financial crisis that threatens finishing school, illness, or the death of a friend or loved one.

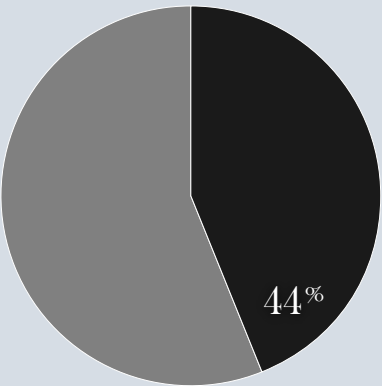
“We all go through sadness, which is a part of life,” Chetta said.

2. Spiritual: Deep spiritual

issues such as pornography, presumptuous doubts about where God is in all this and thoughts such as, “I must not be saved if I’m having these feelings,” and recurrent sins can cause depression.

“This guilt that is God- See **DEPRESSION** p. 6 »

DEPRESSION FACTS



44% of American college students report symptoms of depression

CATEGORIES OF DEPRESSION

- | | |
|---|----------------------------|
| 1 | Situational/Circumstantial |
| 2 | Spiritual |
| 3 | Biological/Physical |

WAYS TO HELP OTHERS

- | | |
|--------|---|
| Listen | 1 |
| Love | 2 |
| Learn | 3 |
| Lead | 4 |

COLUMN



ANDREW MILLER
Staff Writer

I never thought of myself as a leader.

You probably don't most of the time either.

During high school, I certainly didn't feel it either (and sometimes even still don't).

It was the end of a short summer after my freshman year of high school and the beginning of a long journey of pain, hardship and perseverance.

During the months that followed, my father was bed-ridden in agonizing pain. I had never felt life's pressures as I did during that time. As the oldest of five, I felt suddenly called upon to a whole new family role.

I was called on to serve in church in various ways, help my siblings in different areas and be an encouragement to my mother.

Our family persevered through those grueling months not on my back alone, but on the shoulders of each one of our family members. We served each other and with each other.

The biggest lesson I learned that year became the key to my future leadership

See **COLUMN** p. 4 »



COMIC: JORDAN HARBIN

The Collegian Editorial

March Madness and making plans: trust God in this unpredictable life

NCAA March Madness brings out the strategic planner in nearly every sports fan. Watching the games, analyzing the statistics and picking the teams, sports fanatics create their brackets.

Once the games begin, so does the madness. Fans obsess over their brackets.

Sports bettors go crazy during March Madness, strategically wagering on the 68 NCAA basketball games.

Friends compete with one another to see whose brackets survive the longest.

Emotions are high as basketball fans anxiously watch the games, hoping they were correct in their predictions.

Once the inevitable happens and their "perfect" brackets fall apart, disappointed fans take to social media to express their frustration.

The bettors experience the crushing feeling of losing their

precious money.

Who would've thought that so much research, planning, time, emotion and money would be involved in a game—basketball.

Bracket makers try their best to predict the outcomes of the games. But it's impossible to do so.

With the many variables associated with how a team performs, no one can guarantee which teams will come out on top.

This is life—unpredictable. Oftentimes, we try our best to predict how our lives will turn out.

It's in our nature to plan. Most of us grew up with plans to become nurses, teachers, firefighters, astronauts or U.S. presidents.

As we grew, we continued to plan, deciding which colleges to attend and which fields to study to best reach our dream jobs.

We make plans to take all the right classes, intern at the right places and network with the right people.

Sometimes we think we have it all figured out. But pretty soon, something happens that completely turns our plans upside down.

It's in these moments that we realize life cannot be planned to the T.

It's also during these times that we realize who is in control—God, not us.

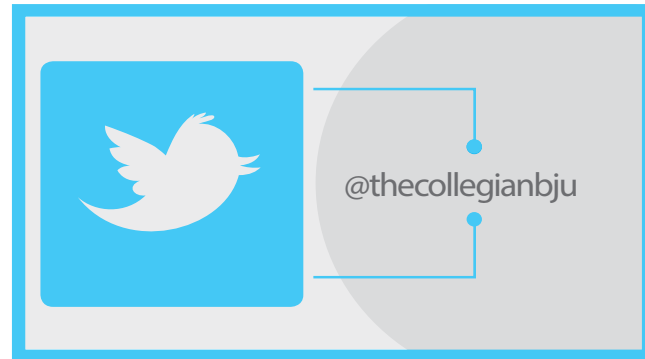
Nothing takes God by surprise. We, on the other hand,

can be surprised by a game of NCAA basketball.

How blessed we are to serve an all-knowing God.

We are saved from the stress and disappointment of trusting in manmade plans. As God's children, we can fully trust Him to plan our lives according to His will and what He deems best for us.

"For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end," Jeremiah 29:11 says.



TALKBACK

Who would you want to sit with on a park swing?



senior
SOHEE PARK
"Maybe my mom?"



sophomore
AMARA CABALLERO
"My younger sister."



junior
MAKENZIE CARLSON
"Hopefully no one."



junior
BEN SINGLETARY
"Sara Cox my beloved girlfriend."



senior
THIRZA VILLIGER
"My dog, Sheriff."

PHOTOS: IAN NICHOLS

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EDITOR

Abby Sivyver
editor@bjv.edu

COPY EDITOR

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Ian Dyke
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April Fools!

GRISELDA GUZMAN ▪ SOPHOMORE
EARLY CHILD CARE AND DEVELOPMENT

“My parents have really inspired me. They actually did not go to college so they wanted me to, and this was kind of their dream come true for me. They have been huge supporters all the way through, always motivating me and helping me financially, spiritually and emotionally.

“My favorite part [about my major] is learning about the development of the young child. I think it’s fascinating how the Lord created us. The more I learn about it, the more it intrigues me, and it amazes me how we really are wonderfully and fearfully made. That’s really what leaves me in awe. It’s just really neat because it’s only the Lord that could do something like that—that could form us.”



PHOTO: IAN NICHOLS

SNAPSHOT



Don't forget to stop by your adviser's office to discuss potential major changes. Photo: BJU Marketing/Hal Cook

FOLLOW THE
CLUES FOR A
SURPRISE!

NEXT: BOTTOM LEFT CORNER OF PHOTOSTORY

» CURRICULUM p. 1
popular major in other colleges, and it involves combining two or three disciplines to reach a very specific goal.

“There are almost limitless possibilities as to what students can do with this,” Garland said.

As an example, Garland said students who wish to work with terminally-ill children may apply to combine health sciences, counseling and education into a single major. Or students who want to write music software can apply to combine music and computer science or information technologies into one degree.

Students who wish to become an interdisciplinary studies major must apply. To apply, students must be at least a second-semester freshman, have a minimum GPA of 3.0 and have specific goals in mind of a job or ministry that they want to pursue.

cific goals in mind of a job or ministry that they want to pursue.

When students graduate from this program, they will receive one diploma that states they majored in interdisciplinary studies.

BJU will also offer a biblical studies minor. This minor requires all the BJU required core Bible classes and one additional two- or three-credit Bible class.

“Most people have enough electives where they can [add one more two- or three-credit Bible class] without a lot of difficulty,” Garland said. “So essentially you can add a minor to your transcript by taking one course. That seems to be kind of a no-brainer.”

Students who wish to change their major or minor will need to complete a major/minor change through StudentCentral.

CURRICULUM INNOVATIONS

DOUBLE MAJOR

- Choose two majors of the same degree type
- Transcript lists both majors
- Majors chosen must have 30 unique credits

DUAL MAJOR

- Combine two majors of different degree types
- Receive two separate diplomas
- Majors chosen must have 30 unique credits

INTERDISCIPLINARY
STUDIES MAJOR

- Combine two or three majors to achieve a specific career goal
- 3.0 GPA needed to apply
- Must be a second-semester freshman

RESTAURANT REVIEW

TORI SANDERS
Staff Writer

Travelers Rest welcomed a new farm-to-table restaurant, Farmhouse Tacos, to its busy Main Street in January.

The restaurant's mission is evident in their slogan, "Hand Crafted. Locally Sourced. Made with Love."

Farmhouse Tacos mainly serves tacos and quesadillas, but they also offer appetizers and a few larger dishes.

Farmhouse Tacos prides itself in serving creative tacos and food.

Diners can choose from over 10 different types of unique tacos, with prices ranging from \$3 to \$5.50. These tacos range from more traditionally inspired tacos to more adventurous creations.

Some of the more unusual tacos include a crab cake taco with fried green tomatoes, a chipotle BBQ chicken taco and even a farmhouse buttermilk chicken taco.

The quesadillas cost about \$10 to \$12. The Farmhouse plates all cost \$14 and include two sides, flour tortillas, sour cream, pico de gallo and guacamole.

The quesadillas are more traditional, with options like steak fajitas and charred ancho chicken, while the Farmhouse plates are more Southern inspired.

Plates like farmhouse buttermilk fried chicken and fried catfish are served with two sides, a tortilla, pico de gallo and guacamole.

All customers are served
See **FARMHOUSE** p. 6 »

Farmhouse Tacos brings organic variety to Greenville restaurants



Farmhouse Tacos prides itself in sourcing ingredients from local farms. Photo: Rebekah Mierta

»COLUMN p. 2
philosophy. And that same key element is a large part of what the BJU Center for Leadership Development's main purpose is. Their mission tagline is "Develop yourself, lead your peers and serve your community."

The key to my leadership philosophy is summed up in this tagline, but is particularly focused on that last phrase, "serve your community."

Servant leadership is the

best example of reciprocal leadership because the leader and follower, while serving together, learn from one another. Each one pushes and challenges the other in diligence, humility, perseverance and faith.

I had the wonderful opportunity this past week to attend a leadership symposium at The Citadel in Charleston. From the many distinguished speakers who spoke on varying topics, I connected a few common themes concerning

leadership.

One of the most prominent themes was that the best leadership in the world begins with service.

It starts with service to your employees, customers, coworkers, peers, family and community. It continues with service to your followers—guiding and directing the vision by serving on the front lines, so to speak.

If I may add some biblical application, we as Christian leaders are called to be

servants of our God and of His people. We've all heard the phrase "you can talk the talk and/or walk the walk." The phrase goes on to say, "but your walk talks louder than your talk talks." This doesn't just apply to our walk in faith with God. It applies to our everyday service to others. Don't ask someone to do something you wouldn't want to do yourself.

Just as I started learning back in high school with

serving alongside my family in the ministry and just as the University develops us to be leaders in our career fields, we need to keep service as a top priority in our careers, family, community and life.

You may make it this far and reply, "but I don't have any leadership positions or experience."

But as a servant leader, it doesn't matter if you have a society officer position, a council position or any of-

ficial organizational leadership position. You can always be the first to serve. And that makes you a leader in service, right?

As we strive to build our faith, challenge our potential and follow Christ, we must be constantly focusing our attention on the ultimate Example of humble servant leadership—Christ Himself—and what He desires us to accomplish.

Let your service to others and *for* others begin today.

nooks and crannies

» Jerusalem Chamber «

Within the Mack Library, the Jerusalem Chamber holds the University's collection of rare Bibles, including an original 1611 Authorized Version. Added as part of the Library expansion in 1980, the chamber is named and modeled after the room in Westminster Abbey, where much of the King James Bible was translated. The exhibit of antique Bibles follows the history of translating Scripture into English. The exhibit begins in the Reformation with the German Lutheran Bible, which sparked the trend towards developing vernacular Bibles, and progresses all the way to the Aitken Bible, the first Bible produced in the United States. Members of the Bible faculty often use the collection to teach through the history of the Scripture in English, and hundreds of potential students and campus visitors tour the Jerusalem Chamber every year.



The room's high open ceiling is reminiscent of the original Jerusalem Chamber's Gothic character. Photo: Ian Nichols

DOWNTOWN SWEETS

LUNA ROSA



Enter and experience a taste of Italy at Luna Rosa Gelato Café, located at 9 W. Washington St. and just a half mile from Falls Park on the Reedy. Luna Rosa serves gelato, the denser and smoother Italian ice cream, in flavors such as French vanilla, caramel latte crunch and chocolate velvet. Luna Rosa is family owned and has a colorful and modern design. The most

attention-holding décor in the café is the mounds of swirling gelato in a variety of colors and mouthwatering flavors. Visitors are encouraged to sample any of 20 daily flavors available. If you need lunch, Luna Rosa can provide that too. In addition to gelato, the restaurant also serves pizza, sandwiches and soups made from scratch that reflect genuine Italian cuisine.

KILWINS



The Kilwins chain brought a chocolate and fudge paradise to downtown Greenville in 2013. Since then, the sweets store has become a favorite for local ice cream. Located at 220 N. Main St., Kilwins is in the NOMA Square Plaza next to the Hyatt Regency Hotel. The Kilwins

original recipe ice cream comes in classic favorites and delicious specialties that include cappuccino chocolate chip, New Orleans praline pecan, Georgia peach and cinnamon crumb cake. Kilwins is also famous for its chocolates and fudge that fill the restaurant with sweet aroma and enticing charm.

SPILL THE BEANS



Locally owned, Spill the Beans may serve gourmet coffees, but it is also a downtown Greenville favorite for ice cream. Conveniently located at the entrance to Falls Park on the Reedy, Spill the Beans offers customized ice cream blends that inspire creativity. First, choose chocolate or vanilla ice cream. Then pick one ingredient or choose more ingredients at 50

cents per addition. Ingredient choices include candies, cake mix, cookie dough, fruits and other classic ice cream toppings. Finally, the ice cream is blended and made ready to enjoy. Ice cream is served in bowls or in freshly baked waffle cones. Besides blends, hot fudge sundaes, milkshakes, floats and ice cream cakes are available to sweeten any trip to the park.

MARBLE SLAB



The Marble Slab is a creamery located at 108 N. Main St. across from Mast General Store. The international chain has a wide selection of homemade flavors that are crafted daily and offered with unlimited mix-ins. Sorbet is also available in flavors such

as mango, raspberry and watermelon, and low-fat yogurt is offered in birthday cake, chocolate, strawberry and vanilla. Marble Slab's central location on Main Street. makes the restaurant a great place to take a break from walking the strip to enjoy a cone or sundae.

»FARMHOUSE p. 4

chips and salsa.

Chris William, co-owner of the restaurant, worked in white tablecloth French restaurants for 15 years before deciding to open Farmhouse Tacos.

William said that since fine French dining is going out of style, he came up with

the idea to open a taco eatery.

William views the tortillas as a blank canvas. Tortillas allow William to use creative culinary techniques in his recipes, while keeping the food cost friendly and attractive to Greenville area residents.

On a recent Friday at 7 p.m., every seat in the res-

taurant was filled, with an average of a 45-minute wait.

The restaurant is clean and has a very modern style, with its mint green chairs at wooden tables, a counter with high-top chairs and an open ceiling strung with lights.

The restaurant also offers outdoor seating when the weather is warm.



Farmhouse Tacos provides customers with an environment reflective of its organic style. Photo: Rebekah Mierta

»DEPRESSION p. 1

given bears them down,” Chetta said.

3. Biological or physical: Chetta said people experience this in physical conditions such as post-partum depression, premenstrual syndrome or Parkinsonism.

In the case of hypothyroidism, a person may be tired, lacking energy and foggy.

“You put them on thyroid medication and they’re no longer depressed,” Chetta said.

Although these three categories are helpful in determining specific causes of depression, Chetta said it’s important to remember that they often overlap like a Venn diagram.

“The issue is that there’s no ‘one size fits all,’” he said. “Although sin can be a cause of depression, it is not always the cause of depression.”

Since depression is often multi-faceted in cause, Johnson never discourages students from seeking help from medical professionals in the community—especially when they are in very desperate situations.

Instead, he encourages people to educate themselves on the realities of what the medications deliver.

“Seeking help should include educating oneself about

the realities of what medications offer and deliver, speaking openly with their doctors in partnership with their biblical counselors,” he said.

Chetta also said the use of medication in treating depression is a case-by-case scenario.

“The proper approach [to depression] should be a judicious use of medications when needed to be a bridge where their mind is then enabled to receive biblical counseling and a focus on counseling to bring patients to holistic healing.”

Sometimes simply changing one’s lifestyle can help depression.

For depressed college stu-

Depression is a multi-faceted issue, not a simplistic one.

dents, Chetta recommends incorporating these four physical habits that have much research data to combat depression: adequate sleep, which for college-aged students is at least seven hours each night, sun exposure or 2,000-5,000 units of vitamin D3 each day, vigorous exercise for at least 30 minutes three to four times each week and a healthy diet.

Chetta said, for many college students, depression can

be an issue of invincibility.

“Young people don’t like to say ‘no,’” Chetta said. “They tend to have the mindset of ‘I can do everything’ or ‘I have no limits.’ College students often think they can meet every single relational or academic demand brought before them, and failing to fulfil those responsibilities can cause depression. They’re missing a reality check.”

The greatest difference between a Christian’s approach to depression and the secularist’s approach is that the latter tends to ignore the spiritual aspects of depression.

Along with the physical factors of depression, it’s important to approach the issue with a biblical worldview in mind, considering the nature of the fall, the whole person and the hope of redemption.

Johnson said the very first step to approaching depression is to consider expectations.

“Our culture promises the ideal—to be always feeling well, always healthy, always satisfied,” he said. “That’s not a realistic promise for life in a fallen world.”

Pearson gave four practical ways Christians can help their depressed friends:

1. Listen. Find out information by listening to the

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circumstances and issues that are manifesting themselves in either self-diagnosis or a diagnosis of depression. This is the most important step.

2. Love. Commit to doing whatever you can to help them—to walk through the valley that they’re experiencing with them. This is not always easy, and it requires sacrifice, but it’s critical.

3. Learn. Take the time to learn what they’re dealing with and how you can help them. This requires learning from your hurting friends as well as learning from the Scriptures. Look for ways to come alongside them.

4. Lead. Lead them to Christ, Scripture and other resources that can be a help to them. Sometimes, this means taking them to the doctor or advising them to get a medical

checkup.

A proper view of life plays an important role in understanding depression.

“While having realistic expectations of life in a fallen world, we also shouldn’t have it as our goal to be morose or be content with being melancholy,” Johnson said.

“A balanced biblical view of life in a fallen world will lead to expectations of both pain and suffering, but also hope in Christ and final redemption, the experiences of joy and other fruits of the Spirit, as well as the difference-making encouragements of fellow believers.”

Oftentimes, the spiritual aspect of treating depression is overlooked.

“It’s important to recognize that we live in a sin-cursed world and that we’re

going to bear the sin-cursed effects of the fall in our bodies, spirits and emotions,” Johnson said.

People will suffer with depression until Christ returns because of sin. Chetta said, “Just like we are all sinners, because of the fall, we are all a little mentally ill.”

Chetta further explained that because of sin, we all struggle with broken minds that do not think God’s thoughts apart from the enlightenment that the Holy Spirit brings when He indwells a Christian.

But there is hope.

“We deal with [the effects of sin] by hoping in the resources God has provided now and the future redemption of our bodies,” Johnson said. “That helps us get through the present.”

Bruins players reach out to Greenville community

AJ PAPAGNO
Staff Writer

Being a Bruins team member means more than just practices and games. In addition to training, practicing and competing, Bruins players often minister in outreaches in the Greenville community.

Christopher Gray, a junior sports management major and member of the men's basketball team, has been participating in the Bruins outreaches for three years.

Gray said that he and other Bruins players travel

to the Greenville Memorial Hospital to visit the children.

"I really enjoy going and seeing all the kids," Gray said.

Gray said that being an example to the kids that he and his teammates get to meet is his purpose when serving in these outreaches.

"Just being a light to all the kids that we meet, being kind to them and showing Christ to them when we talk [is how we make a difference]," Gray said.

Gray said he has seen firsthand how their visits can brighten a child's day by simply visiting him in the

hospital.

Gray said he met one child at the hospital who was going through a lot. He had no desire to be active or eat. But when Gray and his teammates walked in, the boy greeted them with a huge smile.

Gray said that he and his teammates also enjoy giving Bruins gear to children as well as getting to talk to them about basketball and the Bruins team.

In addition to their hospital visits, the men's



Marshall Riddle, Camden Jones and Ray Holden visited children at Greenville Memorial Hospital. Photo: BJU Marketing/Dan Calnon



BJU Bruin Robert Horn recently visited elementary school students in Iowa. Photo: Submitted

basketball team had the opportunity to visit an elementary school when the team was in Ankeny, Iowa, for the NCCAA Division II National Tournament earlier this month.

Matt DeHart, a junior elementary education major also on the men's basketball team, has been involved with the Bruins ministry outreaches for three years.

"I usually take the BJU basketball team to Brook Glenn El-

ementary in Taylors," DeHart said.

DeHart said that he and the other Bruins players get the opportunity to talk about what it means to be a good student.

"We will read to classes or we will speak to a large group about what it means to stay in school and be a good student," DeHart said.

DeHart said that these outreaches give kids from mostly low-income environments someone to look up to and identify with through sports.

"These kids just want to know someone believes in them, and God uses us to give those kids a lot of hope," DeHart said.

DeHart said that besides witnessing and ministering to the children, his favorite thing is to see his teammates speak to large groups.

"The best thing to me when going to the outreach is to see the guys on the team who normally wouldn't read in front of a group or speak in a large setting break out of their shell and really dive into the experience," DeHart said.

bruins spotlight

1 | What made you interested in running track and cross country?

"After graduation, I am going to be trying out for the Navy SEALs. Cross-country is one of the sports that requires the most mental toughness, so I knew it would be good preparation."

2 | Who has made the biggest difference or impact in your life?

"My former teammate, Sam Koenke, has been a big inspiration to me. He is the personification of mental toughness."

3 | What has been your favorite memory of your time playing sports?

"It is hard to choose one favorite memory. I would just say running hundreds of miles with the same guys for four years has been the highlight."

4 | What do you want to do with your degree after graduation?

"After I get out of the Navy, I am interested in going into management at an engineering firm."



Joshua Strubel
senior
Engineering

PHOTO: REBEKAH MIERTA

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Pause: studio art show about humanity, reflection

ELISA CRAWLEY
Staff Writer

Sometimes in the business of life we all feel the need to take a break and think.

This year's studio art seniors wanted to make their show about humanity and the importance of reflection, and so they titled it *Pause*.

"It's about life," senior Margaret Pasztor said, "which is very general. But each of us chose a different aspect and even used different mediums."

Pause came to the upper level of the Sargent Art Building on March 18 and will remain there until April 10.

The show features the work of six senior studio art students who took the theme and came up with diverse, yet

related material using charcoal, mixed media, oil paints and more for their mediums.

All six students were surprised about how many of them created portraits.

Pasztor's work deals with waiting.

"I focused on the Scripture's 'peace that passeth all understanding.' My work features serene portraits that people can look at and gain a sense of calm," Pasztor said.

Anna Rench's work is about her heritage as a woman and her personal heritage through her family.

"I made a series of pieces that incorporate old family photos and found vintage textile items made by women in the past," Rench said.

"I was inspired by women in my life, specifically my mom

and my grandma who died two years ago, as well as women in general."

She feels that there is a lot to learn from "the strength and poise we find exemplified in women throughout history."

Benjamin Pitts' work focuses on the general basis of emotion.

"It's a very direct portraiture of life," Pitts said.

Ruth Woo Ree Kim's pieces are all about the challenges Christians face.

"I want my work to tell people: 'Aren't you feeling the same struggles? Look to God!'"

Cait Schoolfield's work uses mixed media to talk about vulnerability. She said



The artists' unique styles are reflected in their works and chosen mediums. Photo: Rebecca Snyder



The six seniors' works will be on display in the exhibition corridor of Sargent Art Building until April 10. Photo: Rebecca Snyder

it is about the way we perceive ourselves.

"My art is about aliens," Jaquica Smith said. She said it's sort of a revamped version of taking a second look.

"At first people may see them as strange, but in the second look the viewer begins to see that they have very human characteristics."

"We spent a lot of time brainstorming," Kim said laughing. Pitts agreed. "It was a very long process," he said.

Kim and Pasztor said that the group spent a long time discussing various philosophical terms until they decided that the theme should be about humanity but with a focus on introspection and retrospection.

They want their viewers to take

a break and reflect on their lives.

"We stayed away from the heavier philosophical terms because we want this to be casual, and life is more than academics," Pasztor said.

She also stressed that she hopes people will really take time observing each piece of art.

The group members began their work two years ago and have worked tirelessly through semesters and breaks to bring everything together.

Beginning with the theme, they then weaved their projects into the various other assignments they were given in multiple art classes.

The artists encourage viewers to come in and take time on each work. Each piece, they said, has emotions invested in it that they want people to discover.

And the group? "We are a family," Kim said, "even though we do look very different from each other."



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