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The annual Washington Center Day allows students to minister to children with special needs. Photo: Photo Services

Students lend a hand at Washington Center Day

By: JESSI HARGETT
Staff Writer

As the buses pull onto campus Friday morning, bringing more than 100 special needs children and young adults aged 5 to 21, an adventure for both these Washington Center student athletes and BJU students will begin.

This special event, known as Washington Center Day, is an annual Special Olympics day hosted by Greenville County Recreation and has been held at BJU for more than 25 years.

Students majoring in education, communication disorders, and health, fitness and recreation participate in making the event

happen. Students are assigned to set up and tear down equipment, work at different stations or accompany individual special needs students throughout the day.

Inside the gym, the Washington Center students challenge themselves to accomplish skills they have been training for over the past eight weeks. In Olympic Town, along the outside track, the special needs students play games, have their faces painted, play musical instruments or simply soak up the different sights and sounds surrounding them.

Becca Hayes, a junior elementary education major who has worked at Washington Center Day for the past two years, said her favorite part of the day is walking with the

See **WASHINGTON** p. 8 >>

Culinary arts majors get hands-on training, real-life experience

By: CARLIE MALDONADO
Staff Writer

The buzz from the culinary arts dining room is continuous, as is the stream of food coming from the kitchen. The culinary family has come together to sample the work of the sophomore Bistro class.

From fried Oreos to pancetta-wrapped peaches, each hors d'oeuvre looks too pretty to eat. But the students have no problem digging in. They meander around the room chatting as they sample, marveling over a unique dessert that includes goat cheese topped with spiced fig. The flavors are sweet and spicy.

"You have to try my cheese dip!" Mary Davis, a sophomore culinary student, calls out on her way back to the kitchen. Chef Rob Hansen of the BJU culinary arts faculty reminds freshmen that it will be their turn to host this party next year. One begins to wonder

if this small dining room is really a college classroom. Here the lines between work and play are pleasantly blurred.

No matter how much fun BJU culinary students have, the demanding nature of their major can't be denied. "The food dictates when you're finished with class," Chef Hansen said. Students spend long hours on their feet and endure constant assessment of their work. It's not only about knowing information; it's about being able to perform. However, all this work prepares culinary arts students for the real world.

The culinary arts associate's degree represents four semesters, 14 classes and three chefs preparing not only highly qualified professionals but also missionaries to the food industry. Chef Rick Nifenecker, Chef David Miller and Chef Hansen guide students to become skilled culinarians.

Each cooking class is



Food, glorious food

A group of culinary arts students try their hand at baking in Chef David Miller's class. Photo: Stephanie Greenwood

composed of a demonstration, lecture and lab. During their first semester as freshmen, students learn the basics. Second-semester freshmen focus on cooking for customers and meeting deadlines. Bistro begins at the beginning of sophomore year and involves preparing menu items for a casual restaurant setting. Finally, Fine Dining encompasses all skills, requiring fourth-semester students to perform in formal, full-service venues.

After two years, students will have earned their associate's degree. If they want to gain more management skills in preparation for running businesses of their own, students can continue another two years to earn a bachelor's degree in business.

As is quickly apparent, culinary students begin to form a strong family dynamic. Working with the same group of people day after day forces students to deal with conflict and authority issues.

"We are a team," Chef Hansen said. "No event that we do can be pulled off by one person. It has to be everyone working together."

Mary Davis has witnessed the culinary family drama. With both challenges and perks, it is a place to find identity. "It's like a different little world within Bob Jones University," she said.

By the end of four semesters, BJU culinary graduates are prepared to use their skills in ministry or the

workplace. The culinary arts program has developed an excellent professional reputation, and graduates go on to use their skills in a variety of food industries. One works at a top-notch restaurant in New York, another at a bed and breakfast. One graduate bought a bakery. BJU culinary students can also be found in local Greenville restaurants such as Nose Dive, Two Chefs Deli and Market,

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COLUMN



By: CAITLIN ALLEN
Staff Writer

Bad days happen all the time. Sometimes every single day of the week is bad, and the weekend can't get here fast enough.

But do you remember the time when just one conversation or friendly smile completely changed your outlook on the day? When one person's smile said, "Hey, I know your day is as awful as mine, but remember God loves you, and everything He does is for a reason," and it made your day so much better?

That's been happening to me a lot recently at the dining common, of all places. On Monday, Wednesday and Friday I go to lunch at 2. My favorite place to eat is the sandwich bar.

During this hour, the grills are usually being run by two freshman girls. I consider these two girls my afternoon talk show hosts, as talking is one of their strengths.

But they're also incredibly friendly and kind. Even though they're working in the middle of the afternoon at the dining common, they make an effort to talk to strangers, make friends and just be nice.

I appreciate that they have no qualms in telling you about their day or asking you

about yours. They are two of the most outgoing freshmen I have ever met. It's amazing to watch.

I've been at BJU for more than two years, but I still struggle to smile at the people walking toward me or strike up a conversation with the person I sit next to in chapel. I'm usually too distracted with what's going on in my life.

I seem to have forgotten that my days and my life aren't mine at all. Life isn't about me.

These girls seem to understand what I've forgotten: I need to show Christ's love by being an encouragement to every single person I come across.

This year in my prayer group, we're doing "secret sister." It's a lot like "secret Santa" that people do during Christmas, except instead of leaving gifts on desks or in

See **COLUMN** p. 8 >>



*The instance illustrated in this comic is only representative of one outcome. Results may vary based on charisma, timing, and choice of talent used to impress her.

NYC subway ad sparks outrage

The Collegian Editorial

A controversial advertisement on the New York City subway system is causing debate over what constitutes free speech under the First Amendment.

The ad, which was produced by the American Freedom Defense Initiative and began popping up on subways this week, sparked outrage from members of the Muslim community, as well as others who have advocated for its removal, calling it "offensive" and portraying Muslims as "savages."

The ad reads, "In any war between the civilized man and the savage, support the civilized man. Support Israel. Defeat Jihad."

Initially, the city's Metropolitan Transportation Authority rejected the ad because it was considered hate speech. But last month, the MTA's decision was overturned by a judge who ruled its content was protected under the First Amendment.

Pamela Geller, executive director at AFDI, said she doesn't see the problem with the message the ad conveys. "We don't think it's controversial," Geller said. "It's truth." (Geller is also head of the group Stop Islamization of America, which was at the forefront of the fight to halt the building of an Islamic community center just blocks from the World Trade

Center memorial.)

Yet coming in the wake of last week's violent protests throughout Muslim communities across the world, which were sparked by an anti-Muslim documentary that appeared on YouTube, it seems an insensitive move on Geller and her organization's part to display the ad at such a tumultuous time.

Of course, one wouldn't expect violence on the scale of that in Muslim communities worldwide to descend on New York City. But what good is the ad actually accomplishing other than to foster outcry from both pro- and anti-Muslim advocates?

Does the AFDI have the right to run their ad? Yes. But that doesn't mean they should. We live in a free country where Muslim supporters have every right to produce their own ad, and if history tells us anything, they likely will. But such action will only continue the vicious cycle of back-and-forth hatred between the groups.

World peace and unity are nice thoughts. But until Christ comes back to earth, there will never be true peace. Yes, we have the right to express our opinions freely without fear of government censorship. But that doesn't necessarily mean it's always wise to do so.

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TALK BACK

When you were younger, what did you want to be when you grew up?



BRITTANY GIBSON

A flight attendant.



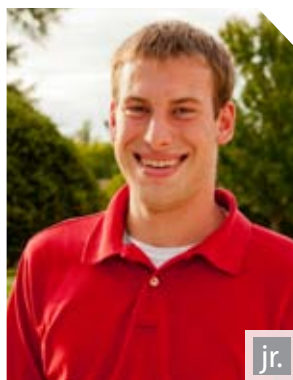
JEREMIAH BAUMAN

A log truck driver.



DEE FARRELL

A policewoman who hops over fences to catch bad guys.



KYLE GAWNE

A demolitions expert.



JOSEPH LEE

The president.

»CULINARY p. 1

and Strossner's Bakery.

The culinary arts program will be catering many university events this semester. A luncheon for local youth pastors, the University Business Association's Christmas party and many others occasions pack their calendar. These events not only provide ministry opportunities but also hands-on experience for students. Students participate in designing the menu, but the chefs have the final say, and they push their students to try new ideas for each venue.

"We want to stretch them to grow and be creative," Chef Hansen said. This creativity starts in the classroom. In the "market basket" exercise, students spontaneously create a dish using a random food item from the market basket.

All this cooking practice creates an abundance of food. You can take advantage of the succulent products of the culinary arts program through two venues. Culinary Arts Retail (located past the academy building) is open each Tuesday through Friday from 2:30 to 4:30 p.m., offering baked goods and healthy drink options such as Gatorade and Izze. Stumped for gift ideas? The bakery items are a perfect and convenient choice.

Then, beginning Oct. 5 and every Friday after through the end of the semester, the culinary program offers Bistro lunches from 11:45 a.m. to 1:15 p.m. Take a break from the dining common and order from a menu full of flavorful options—soups, salads, sandwiches, chicken pot pie, pizza for two and other entrees.

Although the culinary arts program demands perfectionism and long hours, students never go away from class hungry. And they offer to the rest of us the fruits of their labor.

Working with passion and pride, the culinary family prepares students to impact their ministries, their families and the food industry.



Junior Kayla Unruh takes advantage of the services offered by the recently opened Writing Center. Photo: Stephanie Greenwood

New Writing Center offers helpful tips

Latest addition to Academic Resource Center now open

By: ERIN KIMBRO
Staff Writer

Whether you're a new college student or a graduating senior, an English or a math major, every student tends to dread the same thing: papers. As of last week, the Academic Resource Center is now offering constructive, professional help to students who are looking for ways to improve their writing skills. The new Writing Center can:

- help with brainstorming.

- help students demonstrate effective organizational techniques.
 - provide strategies that will strengthen editing skills.
 - help with writing issues such as presenting ideas clearly and supporting points effectively.
 - guide students in becoming better writers and critical thinkers.
- Located in AL 207, the Writing Center is open Tuesdays from 9 to 11 a.m. and 1 to 3 p.m. and Fridays from 9 to 11 a.m. Writing

sessions last for 25 minutes. Students may either sign up in advance to ensure a time is scheduled or drop by at their convenience to see if a writing mentor is available. The writing mentors include GAs, faculty and

"We are here to guide students through the writing process."

staff. University juniors and seniors are also eligible to volunteer their time at the Writing Center.

Although they can't proofread or mark students' papers for them, writing mentors can provide assistance to students with the mechanics of writing, such as punctuation, grammar and sentence and paragraph development. Mentors can also help with thesis statements and supporting points.

Dr. Lisa Midcalf, head of the Academic Resource Center, encouraged students to come to the Writing Center early in the paper-writing process.

"We are here to guide students through the writing process so that their writing becomes a quality product," Dr. Midcalf said. That process includes the early stages of brainstorming and organization.

Students should come to writing sessions prepared with a copy of their assignment (mentors will want to keep up-to-date on teachers' expectations), two hard copies of the paper (when possible) and specific questions in order to best use time.

Students may visit the Writing Center as often as needed during the writing process, and the staff encourages multiple visits.

"We are not just helping to develop a paper, but we are also helping to develop the writer," Dr. Midcalf said. "The more a student visits the Writing Center, the better writer he or she will become."

week at a glance

By: KYLE SEISS

► SYMPHONIC WIND BAND GAZEBO CONCERT

Friday, 6 p.m.
Gazebo

The Symphonic Wind Band invites you to its annual gazebo concert tonight from 6 to 7 p.m. The concert will move to Stratton Hall in the event of rain.

Director Dr. Dan Turner titled this year's concert "American Salute" because each song either refers to America or is patriotic in theme.

The repertoire includes selections from Meredith Willson's musical *The Music Man* and several marches and overtures. "One [piece] called "Fourth of July" is like a musical portrayal of fireworks," Dr. Turner said.

This concert is one of the more casual musical events of the year. Audience members sit on the lawn around the gazebo and are welcome to bring food.

► DAY OF PRAYER

Tuesday, 9 a.m.
FMA

The university family will set Tuesday aside for prayer and praise, beginning with chapel at 9 a.m. in the FMA.

Dr. Layton Talbert of the seminary faculty will preach the opening chapel sermon, and the service will also include singing and a prayer session among chapel buddies.

Mr. Kyle Wilcox, who organizes the event, said chapel and prayer times will focus on God's attributes and their effect on prayer life.

Students will then divide by state to pray, focusing especially on this year's election. Weather permitting, a picnic lunch at the activity center will follow.

The day will end with a praise service from 1-1:35 p.m., followed by a half-day of rest.

► MISSIONS CHAPEL

Monday, 11 a.m.
FMA

More than 80 students from the University went across the globe last summer on seven mission teams to preach, teach and aid those in need.

Mr. Mark Vowels, director of missions at BJU, said Monday's chapel will feature a video presentation of this past summer's mission trips, as well as information about opportunities opening for next summer's mission teams.

Eight or nine teams will be sent out from the University next summer. Although the main thrust of the chapel will be informational, Mr. Vowels said he hopes the video testimonies of former team members will inspire other students to go.



Food truck brings urban flavor to Greenville culinary scene

By: KYLE SEISS
Staff Writer

Yes, they're cooking in a little orange truck. But that doesn't mean they don't make tasty, quality food.

Chefs Lauren Zanardelli and Graham Foster opened their food truck—a familiar sight to urbanites but less common in Greenville—with their own little twist.

At the Neue Southern Food Truck, Zanardelli and Foster serve fresh gourmet food in a menu of mostly international (especially German) foods cooked with a southern style. ("Neue" [pronounced NOY'-ah] means "new" in German.)

Ms. Zanardelli said they wanted to cook quality food that reflected their training, but they wanted to do it their own way. And so the little restaurant on wheels rolled into

Neue Southern Food Truck

(864) 918.1738

Price Range: \$1-10



Offering a wide assortment of international and southern flavors, the Neue Southern Food Truck is a welcome addition to the Greenville community. Photo: Emma Klak

Greenville, Mr. Foster's hometown, and opened Sept. 4.

Most meals cost less than \$10. A falafel entrée, cookie and bottled soda total \$8, for instance, and all orders are "to go."

Falafel is an Arabic dish that's essentially fried balls made of ground chickpeas. The falafel is fried to a delightful crisp without tasting greasy and is served with a tossed salad of fresh, local produce.

And their cookies are not to be taken lightly. The plump ginger cookies—with glaze spooned over them—crumble into the classic autumn mix of sugar and spice.

For such a cramped kitchen—just the

back of the little box truck—the chefs manage to prepare a variety of foreign and local dishes, from banh-mi (a kind of Vietnamese sandwich) to tomato and watermelon salad. Aside from a few German standards like the schnitzel sandwich, most of the entrées are also available as vegan dishes.

The Neue Southern Food Truck is currently set up in the parking lot at 205 Wade Hampton Blvd. (next to Dapper Ink and right before the stoplight at Church Street).

Ms. Zanardelli said Wade Hampton will be their usual location. And if the truck happens to move to a new location for a few days? "Follow us on Twitter [@NeueSouth-

ern] or like us on Facebook," she said. "We're really good about posting where we're going to be."

Both chefs studied culinary arts at Johnson & Wales University in Charlotte. They also spent several months cooking in highly rated restaurants in New York City, where food trucks and carts are nearly as ubiquitous as street corners.

Now they are hoping to establish themselves here in Greenville. "[Long-term], we just hope that it's still fun, that people still want to come and eat our food," Ms. Zanardelli said. "That would make us incredibly happy."

The art of the perfect nap

By: JESSICA KANE
Staff Writer

We spend over a third of our lives sleeping, yet we know so little about it. We seem to know even less about naps specifically, possibly leading us to go without these daily luxuries when we otherwise wouldn't.

Anytime you sleep, you deposit hours into your figurative sleep bank. Likewise, all the hours of sleep you miss turn into sleep debt, which can accumulate for up to two weeks. Our bodies struggle to make up for that debt; we need the sleep we miss during the week.

Ninety-eight percent of people require at least eight hours of sleep per night. For instance, if a college student sleeps for six hours every night during the school week, he's missed two hours of sleep for five days. That's 10 extra

hours he needs to account for by the weekend, not including the eight hours needed for Saturday. Making up those 10 hours can be pretty difficult, and that's where naps come in.

Exactly 50 BJU students were surveyed at random to assess how often they nap and why or why not. Over half reported that they don't have sufficient time to take naps, and several more said they would feel too guilty to snooze during their busy days.

But naps have several benefits that make these mindless breaks worthwhile. For example, naps extend alertness. If you feel like you can't take a nap because you have too much homework, but you feel sleepy, a 15-to-30 minute nap will sharpen your alertness enough for you to complete the rest of the assignment adequately, according to Mr. Josh Smythe of the psychology faculty.

Cameron Hall, a junior business administration major, can vouch for this. "I get more done after taking a nap," he said. "And I generally understand and remember what I've studied better."

A lot of students wonder how long the ideal nap lasts.

"If you would like to improve your memory, improve your attention span and improve your patience, you can do all of that for free," Mr. Smythe said. "The only cost is time."

The body sleeps in cycles. The full sleep cycle

takes about an hour and a half to complete, so that would be the ideal time to plan for a nap. Sleeping for less than 30 minutes is considered "safe" because

you will more than likely wake up before the cycle plummets. However, when you sleep inside the 30-to-90-minute window, you run the risk of waking up in the middle of a deep sleep cycle, which could result in sleep inertia, or extreme grogginess, Mr. Smythe said.

There are also environmental considerations. First, darkness helps. Mr. Smythe advises reducing the light for about 10 minutes before you lie down. Second, a cool environment is a natural cue to your body that it's time to rest.

Of course everyone's time is invaluable. Still, by investing in our sleep banks, we bring ourselves closer to overcoming sleep debt, inadvertently giving our inner loan sharks much-needed breaks themselves.



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IT'S ALL IN THE NAME



You walk by thousands of students every day. You don't know all of their names, but chances are you pass by multiple people who have the same name every time you head to class. *The Collegian* was provided a list by Miss Kathy Sykes, BJU's research specialist, of the top 10 men's and women's names on campus. Here are the results.

"Sarah" holds the top spot on the women's side of campus at 44. Add in the "Sara's" without an "h" and the number goes up to 53. There are also a few other "Sarah" variations at BJU: Sararose, Sarahbeth and Sarai. Topping the list for the guys is "Joshua," with 39 students holding that name.

For 10 years, the parents of junior creative writing major Sarah Brunson prayed for a child. "All my mother had ever wanted was to be a wife and mother, but after 10 years of marriage and still no children, it seemed that God had other plans," Sarah said. While Sarah's parents were patiently praying and waiting on the Lord, they were doing a Bible study on Sarah and Elizabeth. "My mom hurt for these two women because she understood what they had gone through and loved studying about how God had never forgotten them or their petitions to Him," Sarah said. During the time Sarah's parents were studying these women of the faith, Sarah's mother became pregnant. Sarah said her parents gave her the name "Sarah Elizabeth" as a way to honor the two women who left a legacy of encouragement to the couple.



Is senior music major Sarai Dahlhausen's name pronounced "sar-ee-ye" or "sah-ri?" Neither, actually. "I've gotten many questions over the years about the pronunciation and I always insist that it is simply 'Sara,'" she said. Sarai added, however, that she is open to the other pronunciations. "My mother loves to be unconventional, so she decided to use the Old Testament spelling of my name because she thought it looked pretty," Sarai explained.



SARAH meet SARAH



JOSH meet JOSH

If you know Sadie Montgomery, a senior biblical counseling major, you may be surprised to know Sara is her legal name. "I actually never go by Sara," Sadie said. She said she has several relatives with the name Sara, and they all have nicknames to avoid confusion. "Mostly the only time I get called Sara is when I'm in trouble with my parents," she said.



Freshman information technology major Josh Mangum said his name was chosen after his family came together to decide what the name of the new baby would be. Josh's parents and four older siblings listed the names they liked on a white board. Next, the meanings of the names were looked up, and Josh's dad put an asterisk by the two he liked the most: Joshua and David. All of the names were then put into a hat to be drawn. "The first two names drawn were Joshua and David, so that's my name [Joshua David]," he said.



When senior humanities major Josh Austin came to BJU as a freshman, he found he wasn't alone—there was another Josh Austin here at the time. "I actually checked in as the other Josh Austin," he said. Because of the confusion freshman year, Josh said he has received thank you cards, gift money and even demerit notifications—all meant for the other Josh Austin.

TOP MEN'S NAMES

- | | |
|------------------|-----------------|
| 1. JOSHUA – 39 | 6. DAVID – 29 |
| 2. DANIEL – 38 | 7. TIMOTHY – 23 |
| 3. ANDREW – 36 | 8. STEPHEN – 23 |
| 4. JONATHAN – 34 | 9. MATTHEW – 22 |
| 5. BENJAMIN – 31 | 10. NATHAN – 21 |

TOP WOMEN'S NAMES

- | | |
|-----------------|-------------------|
| 1. SARAH – 44 | 6. ELIZABETH – 26 |
| 2. RACHEL – 35 | 7. LAUREN – 25 |
| 3. JESSICA – 35 | 8. ABIGAIL – 24 |
| 4. EMILY – 30 | 9. BRITTANY – 23 |
| 5. HANNAH – 28 | 10. AMANDA – 21 |

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Late offensive surge lifts Beta past Lions in 3-0 shutout

By: ADAM GINGERY
Sports Writer

The Beta Gamma Patriots rode a second-half offensive surge home Saturday to gain a third win and improve their record to 3-0.

Impressive goalkeeping and blown shots kept the game scoreless for the first half. Omega's Michael Rogers made a diving save early in the first for the Lions, and Joseph Wooster countered for Beta with an aggressive play on a loose ball that almost ended up in the back of the net.

Caleb Franco put a direct kick on goal for Beta at the eight-minute mark, but Rogers continued his exceptional play and made a great save, keeping the score 0-0.

Both Omega and Beta had scoring chances to close out the first half, as Omega

nearly had a breakaway down the middle from a punt, and a baseline cross from Franco barely passed over Will Edwards' head inside the six-yard line for Beta.

Beta's first goal came at the start of the second half off a penalty kick to the keeper's right. Rogers kept the Lions in the game with another diving save several minutes later, but Omega couldn't even the score as they sent their next open shot sailing over the goal and later missed a one-on-one opportunity denied by Beta keeper Joseph Wooster.

Beta closed the door midway through the half when Ben Van Holstyn sent a perfect ball down the right side of the field to set up an easy goal for Franco. Junior Eric Dickinson tacked on another goal in the closing minutes to make the final score 3-0.



Omega's Andy McKnight fights Beta's Caleb Franco for a loose ball during Saturday's matchup. Photo: Emma Klak

AROUND *the* WORLD

England - Manchester United beat top rival Liverpool 2-1 last Sunday with a controversial PK late in the 81st minute. This was Manchester United's first win at Liverpool in five years.

Azerbaijan - The FIFA U-17 Women's World Cup began Sept. 22 and will finish this Sunday, Sept. 29th. Japan is the current champion holder.

Cincinnati - The Reds continue their shocking winning streak and are currently tied with the Washington Nationals at 92 wins each (as of 9/23).

Rome, Italy - Spain took home the most gold medals in last week's canoe-marathon world championships. The course is always between 22-25 miles, and this year's course was hailed as one of the most scenic racing routes in the world.



TOP 5

SOCCER

1. Beta
2. Alpha
3. Pi Gamma
4. Sigma
5. Omega

VOLLEYBALL

1. Classics
2. Cardinals
3. Colts
4. Eagles
5. Pirates

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BOX SCORES

MEN’S SOCCER

Alpha Theta defeated Basilean | 5-1 Epsilon Zeta defeated Bryan | 3-0
Beta Gamma defeated Alpha Omega | 3-0 Pi Kappa defeated Omicron Epsilon | 4-0
Phi Beta defeated Kappa Theta | 2-1 Pi Gamma defeated Zeta Alpha | 7-0
Sigma Alpha defeated Phi Kappa | 1-0 Chi Alpha defeated Theta Kappa | 3-1

WOMEN’S VOLLEYBALL

Nu Alpha defeated Alpha Sigma | 25-8, 25-9
Theta Delta defeated Tau Delta | 25-18, 25-13
Beta Epsilon defeated Tri Epsilon | 25-20, 25-13
Theta Sigma defeated Chi Kappa | 25-7, 25-6
Theta Mu defeated Chi Theta | 25-23, 25-19
Zoe Aletheia defeated Sigma Lamda | 25-20, 25-15
Theta Alpha defeated Zoe Aleltheia | 25-9, 25-13
Pi Delta defeated Sigma Lamda | 25-7, 25-7



The Pirates’ Kamri Payne goes up for the block against the Cardinals’ Jen Colwell. Photo: Emma Klak

Cardinals scrape by Pirates in two sets, stay undefeated

By: JON CLUTE
Staff Writer

The Beta Epsilon Cardinals volleyball team stayed undefeated Friday night, defeating the Tri Epsilon Pirates 25-23 and 25-20.

Despite losing 10 players to graduation and the inter-collegiate soccer and basketball teams, the Cardinals entered the game undefeated. “My expectation [for the team] was to start fresh and get a team together that was going to work well,” junior Taylor Gordon said of the Cardinals’ new look.

The Pirates, however,

also boasted an undefeated record, and both teams knew this would be a difficult match.

The Cardinals jumped out to an early 3-1 lead in the first set, but the Pirates pegged them back to 4-4 before falling behind again at 9-6. The Pirates cut the lead to 11-9 before another point and a kill by Cardinal Abbie Heusinger made it 13-9.

A key block from Kamri Payne kept the Pirates close, but the Cardinals pulled away to win the first set 25-13.

The second set started

out close with the game tied at 2-2 then 4-4. An ace by Pirate Norma Chavarria put her team ahead 6-4. The Pirates could not maintain their advantage, however, allowing the Cardinals to take a two-point lead.

A kill for Payne and an ace serve closed the gap to one, but a kill by Gordon pushed the Cardinals’ lead back to two.

The Pirates rallied to take three out of the next four points and tie the game at 14-14. After both teams traded several points, a long volley was won by the Cardinals, giving them the 18-16 advantage.

A Pirates’ kill, then another block from Payne followed by an ace put the Pirates in the lead 19-18. The Cardinals recovered though, and two more kills by Gordon propelled them to a 25-20 victory.

“[The win] helped get our morale up,” Gordon said.

She said she hopes team chemistry will improve as the season progresses, as they need to work on trusting each other and communicating well on the court.

» BRUINS «

9/28 Bruin Men vs. Columbia International University @ 7:30 p.m. (HOME)
9/29 Bruin Women vs. Georgia Gwinnett College @ 2 p.m. (AWAY)

WHAT 2
WATCH 4

» INTRAMURAL «

9/29 Soccer: Pi Kappa vs. Alpha Theta @ 4:30 p.m.
9/29 Volleyball: Pi Delta vs. Theta Delta @ 1:45 p.m.

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Run for your life

Students prep for upcoming local races to benefit charities

By: **SAMANTHA LOUCKS**
Staff Writer

Whether caked in mud or splattered with paint, students participate in area races not only for an experience, but also for a cause.

Mud Run

The Greenville Mud Run will be held Saturday at 8 a.m., and at least four BJU students are ready to get a little messy. Junior nursing major Emily Dickinson plans to run the 3.5-mile race with three of her friends. Emily said her team looks forward to a fun experience. Having already run a marathon, Emily isn't intimidated by the distance of the race. However, she has been exercising to increase her arm strength in preparation for the climbing obstacles.

Race Director Paul Callahan said he tries to keep the race fresh each year. This year's race features three brand new obstacles, and other obstacles have been enhanced. The Mud Run now features 35 obstacles total, including wall climbs, mud pits and army crawls.

Callahan, who is also development manager at the Goodwill Foundation, the organization that oversees the Mud Run, said the proceeds from the event are used by the Goodwill Foundation in projects to help people find jobs. "We are all about jobs and job training," Callahan said.

Those interested in the event can sign up

for the spring Mud Run that will take place on April 13-14, 2013.

Tough Mudder Race

Looking for a race that takes mud to a whole new level? The Tough Mudder Race does just that. An intense, military-style obstacle course that stretches for 10 to 12 miles makes this race a challenge for even the toughest of participants.

Junior nursing major Lyanne Acevedo plans to take on the Tough Mudder challenge on Oct. 27 in Society Hill, S.C., with Casey Thomas and Jenn Alexander, two other junior nursing students. In preparation for rope climbs, steep inclines and log carries, Lyanne is training with cardio exercise, primarily on a stationary bike.

Lyanne said the goal of Tough Mudder isn't to win, but simply to finish. She also emphasized that camaraderie is important in achieving that goal, as runners help one another finish.

Tough Mudder supports the Wounded Warrior Project, a charity that offers aid to wounded U.S. soldiers. "Yes, it's awesome that I'm doing a mud run, but it's a bonus that it supports an awesome project," Lyanne said.

Race for the Cure

In support of another cause, runners will participate in the Susan G. Komen Race for the Cure Saturday morning. Beginning at Fluor Field, participants will walk or run in support of those who have fought or are



Emma Klak and Hannah Choi participate in last spring's Color Run in Racine, Wis. *Photo: Submitted*

fighting breast cancer. Junior nursing student Holly Helm will run the race with her sister, 2010 BJU graduate Heather Helm Olson.

Holly said she has always wanted to participate in the Race for the Cure and is excited to support the charity. "So many people have been touched by breast cancer," Holly said. She and her sister aren't planning to run competitively; they just hope to enjoy being part of an event that impacts many lives.

Color Run

And while some wear pink, others wear paint. On Nov. 17 in Charlotte, runners will be doused with bright colors throughout the 5K Color Run.

Junior education major Morgan Leath-erwood ran in the Color Run last year in Atlanta. According to Morgan, at each half-

mile mark, participants are sprayed with a different color of paint until they reached the finish line, their white T-shirts changed into a collage of neon colors.

The Color Run's charity partner in Charlotte is Habitat for Humanity.

Turkey Run

Don't forget to prepare for BJU's 26th annual Turkey Bowl 5K Run scheduled for Nov. 17. Students, faculty and staff, Alumni Association members and family members of runners may participate in the race, which is sponsored by the Alumni Association.

Proceeds from the race cover event costs, and surplus money benefits the Demonstrative Need Scholarship Fund, an organization that provides scholarships to students attending Christian colleges.

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athletes around Olympic Town as they interact with the different games and activities. "It's just fun watching them light up and seeing them have fun," Becca said.

The event opens in the gym with the Parade of Athletes. The Concert Band, under the direction of Dr. Bruce Cox, plays inspiring music as the student athletes enter the gym, which is filled with cheering fans. This year the opening ceremony will be emceed by WYFF-4 anchor Geoff Hart, followed by Dr. Stephen Jones greeting the visitors and getting the event

underway with an opening prayer.

Several BJU faculty and staff work behind the scenes to prepare for Washington Center Day, but students also have a strategic role in the event. Miss Jane Smith, liaison between Greenville Rec and the BJU School of Education, said the BJU students work directly with the Greenville Rec staff, specifically BJU graduate Randy Murr and his assistant, Lara Ceisel, in order to make the day a success.

Junior English education major Stephanie Ware has participated in Washington

Center Day since 2010, working with students who struggle with mobility. "The event opened my eyes up to special education and the need to help these kids have the best education that they can," Stephanie said. Working with these students also helped Stephanie see how rewarding it is to help people with special needs.

Senior math education major Jon Edwards has participated in Washington Center Day for three years. Though each year he has spent the day accompanying an athlete, each of the students has come with different

abilities and disabilities. Jon said this event helps the students achieve their goals and have fun. "We need to help these people," he said. "God made them for a purpose, and God is perfect in all His plans." Jon said BJU students should come to the event realizing the student athletes are normal and need to be accepted as such.

Washington Center Day may intimidate some BJU students who have never worked with people with special needs. Mark Sherwin, a junior math education major, said he was intimidated when he first

started working at WCD his freshman year. However, after two years of experience, he suggests that BJU students go all out and make the day enjoyable for the special needs students.

To help the Washington Center students have a memorable day, junior special education major Lindsay Cummings said to interact with them as much as possible and treat them as a younger brother or sister.

"Don't come at them scared," she said. Rather, Lindsay said she comes to this special day with the mentality that these children are created by God and need to be challenged beyond stereotypical expectations.

"Those you think cannot . . . can!" is Washington Center's motto, and it captures the essence of Washington Center Day. During this special day, Washington Center student athletes and BJU students are challenged to try new, difficult and perhaps scary things. But just as the motto suggests, what may seem beyond reach may be right out front for the taking.

»COLUMN p. 2

rooms, we leave letters in envelopes on the wall between our dorm rooms.

The idea is to encourage one another by putting notes or candy in the envelope. It seems really elementary and kind of silly, but it's already been an encouragement to everyone.

One of the girls in my prayer group shared with me the other day that her "secret sister" has taken her job seriously. The sister has taken time to give candy and write out encouraging verses every day.

Those little things have been such an encouragement to this girl. The sister is showing Christ's love just by putting something in an envelope on the wall.

Being nice to other people is showing God's love. As you go through your day, remember that everyone you come in contact with could probably use some encouragement.

Be kind. Reach out. Be the person that makes everybody's day. Let Christ's love shine through you.

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