

BJU preps for Gold Rush Daze

JOSHUA PRIVETT

What if BJU encouraged students to use blue and red hair dyes and face paints, abolished Quiet Hour and allowed constant yelling and cheering, decorated the residence halls with red and blue lights and hand-delivered breakfast to each room? Sounds like a rare day at BJU, right?

Well, that day is coming. On March 10, classes will be canceled and Gold Rush Daze will transform BJU with a frenzy of fun, food, games, skits and colors.

» **Gold Rush Daze** p. 8

BJU wins recognition for volunteer efforts

DAN GASS

BJU will be recognized for its civic volunteerism in the Greenville community on Feb. 9 in Washington, D.C.

The recognition, the 2008 President's Higher Education Community Service Honor Roll, is awarded to universities nationally who encouraged community service and service-learning programs in the past year.

Mr. Kasey McClure, coordinator of student activities and organizations, said the service award is a good measure of BJU's contribution to the community.

BJU will be among 11 out of the nearly 70 universities in South Carolina to be recognized for their community service, standing with schools like Clemson and University of South Carolina.

The award recognizes the estimated 43,100 hours of volunteer time that more than 2,100 BJU students spent in the community. Student work in service-learning programs like student teaching was added to the work spent on Community Service Council projects and extension ministries.

That work, combined with the work of students at other colleges in the area, helped give Greenville the fourth-highest rate of college volunteerism in the country among mid-sized cities, according to volunteerisminamerica.gov. Greenville holds the honor in a tie with Ogden, Utah.

The submission for the honor roll included some of the big projects undertaken by BJU students in 2008, such as the Subway Big Dig and the CSC Blood Drive. For the over 1,400 students who participated in the Blood Drive, volunteer hours were calculated by estimating a half hour for each student.

Dr. Jim Berg, the dean of students, said college students seem to understand the importance of volunteer activities.

"There is universally in college students a real satisfaction of being involved in something bigger than themselves that many of them see for the first time when they volunteer in an organization," he said.

He emphasized the importance of using community service as an outreach tool. "We want to grow in our relationship with God to the extent that we see the necessity of these things for the sake of the gospel."

President's Higher Education Community Service Honor Roll Facts

The President's Higher Education Community Service Honor Roll was created in 2006 in order to feature and reward colleges and universities in the United States.

This award is the highest federal volunteer award available to colleges or universities.

There are three award levels: Honor Roll, "With Distinction" and Presidential Awards. BJU was included in the 2008 Honor Roll.

INFO PROVIDED BY WWW.LEARNANDSERVE.GOV

Criteria for selections include these:

- Percentage of student body participating in community service
- Percentage of students enrolled in the Army, Navy or Air Force
- If community service is mentioned in the institution's mission statement
- If there's at least one full-time coordinator of student community service or service-learning activities



LOGO COURTESY OF THEPHCS

CAMPUS NEWS

STRING DEPARTMENT RECITAL

String majors will perform a selection of piano, harp and string pieces at 5 p.m. today in War Memorial Chapel. The string department will also hold a second recital at 5 p.m. Monday in Stratton Hall.

CORE LEADERSHIP SEMINAR

PCs, APCs and students holding key leadership positions in student organizations will attend the seminar at 7 p.m. Monday in the FMA. All other students are welcome to attend.

RÉSUMÉ / CAREER-CENTRAL WORKSHOP

CareerCentral will host a résumé workshop at 6 p.m. Tuesday in Lecture A for students interested in constructing a professional work résumé and preparing for a future career.

Schol Bowl to try new competition format

BRENNA SMITH

Scholastic Bowl, BJU's inter-society quiz competition, kicks off its 25th season today at 11 a.m. with new first round pairings that could alter which teams compete in the finals this May.

"We're doing something different that will perhaps make the first clash more enjoyable for some of the women's teams," said Dr. John Matzko, faculty coordinator of the Schol Bowl.

Beginning this season, almost all women's teams will compete against other women's teams, and almost all men's teams will challenge other men's teams. Because there are an odd number of both men's and women's societies, at least one women's society will have to face a men's society.

Although Scholastic Bowl has evolved over time, the basic format is still the same. Beginning every spring semester, each literary society com-

petes in a single-elimination round. The round culminates during commencement week with a face-off between the best of the best.

In the past, the teams on stage have been those repeatedly recognized for their Schol Bowl prowess.

Sarah Hays, a junior speech pedagogy major, has one word pop into

Dr. Matzko comes up with the questions for the competition. In the fledgling years, questions were submitted to Dr. Matzko by various teachers. Problems occurred when he found the majority of questions were either too difficult, too easy or not in the proper Scholastic Bowl format.

Areas of study were also lopsided. "The biggest problem was that there were too many music questions. We couldn't have it be the Music Bowl!" Dr. Matzko said.

» **Schol Bowl** p. 8

Graduation prep tips continued

Page 3






Interleague matchup: Omega beats Z

Page 6



Friday Saturday Sunday

 High 57° Low 34° chance of precip. 0%	 High 60° Low 40° chance of precip. 10%	 High 63° Low 42° chance of precip. 10%
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the COLLEGIAN

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People need to consider God's law, not their emotions

Many in today's culture bear a moral compass influenced by only two criteria:

- 1) Is whatever I'm about to do right for me?
- 2) Will I be hurting anyone else by doing this?

While these two questions may seem like valid moral bases to many, in reality they completely undermine the moral laws God has set up for both His children and the rest of humanity.

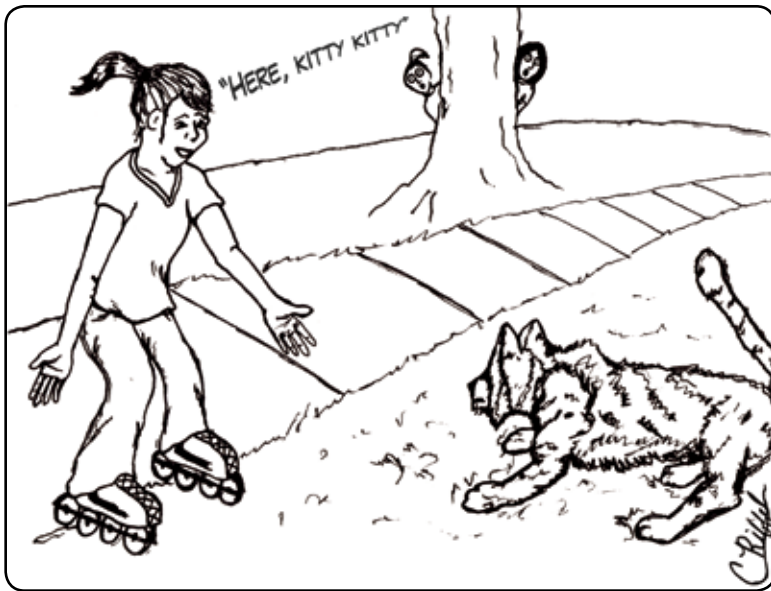
By merely relying on these two criteria to justify or condemn any action, a person completely removes God from the picture.

Those who resort to asking themselves if something is "right for me," have set up a scenario where anything that they "feel" is right, becomes right by default. While it's true that God has commanded Christians not to violate their consciences, this takes the issue to an unwholesome extreme, leaving the door open for individuals to self-justify virtually anything.

Many, though, justify this first question by then applying the second—whether or not their action will hurt anyone. Because if an action offends neither one nor the other, certainly it must be permissible.

True, the Bible says people are not to offend those around them, but without God's law as an ultimate guide, where is the line drawn? How does one qualify "hurt?" Certainly murder would be ruled out, but what if something only bothers or annoys another—would that be permissible? With these further probings, the lines of what seemed like a stable rationale begin to blur.

Ultimately, people—Christians especially—need to seek God's face in times of moral dilemma, rather than emotions or reasoning.



THE IMPORTANCE OF CHECKING ONE'S E-MAIL SHOULD NEVER BE UNDERESTIMATED...



Any package is good.

Crystal Thomas
sophomore



I really like when relatives make homemade goodies. My mom will make cornbread and send that down.

Charity Shambaugh
senior



JONATHAN BROWN

I'm a senior at last!

Looking over the last three and a half years, I can't help chuckling at how many mistakes I made as a freshman. When I came to Bob Jones University, I was one of the biggest bipedal ignoramuses on campus. I had never even set foot on this sacred soil. And I had no clue where I was or what I was doing. Not wanting to manifest my vast ignorance, I carried a small map of the campus in my hand. I walked slowly, acting all cool. Every so often I would nonchalantly stop as if to tie my shoe, stealthily line up a building on the map with a similar-shaped building on campus, determine where I was and walk until I got lost again.

Doing laundry was also uncharted territory for me. I don't know if you have one, but at my house we have this magical hamper box thing. It's really cool. You take your dirty clothes, put them in this magical hamper box thing, and they show up on your bed the next day: fresh-smelling, folded and clean!

As a freshman, it didn't work like that. I was convinced my magical hamper box thing was broken. Instead of cleaning themselves, my clothes just sat in a malodorous heap smelling like a pile of decomposing tuna fish. And ironing—ha! I never even heard the word! Who ever thought up such a concept? Seriously, you take an insanely hot object, put it on a wobbly padded table thing and then try to rub all the wrinkles out of your clothes, all the while jumping out of the way every time the iron falls off the wobbly padded table thing. I personally find this mode of clothes de-wrinkling dangerous and outdated. I prefer the spray-and-shake method. This method involves taking your wrinkly shirt (who irons pants?), spraying it with Wrinkle Release and then shaking it violently. Or just wear a sweater.

But the bells confused me the most. There were bells for everything: quiet hour bells, start praying bells, stop praying bells, artist series bells, vespers bells, get-in-your-room-now bells, get-out-of-the-dorm-now bells, 30-minute bells, 15-minute bells, seemingly random bells interspersed throughout the day—for crying out loud they even have hand bell choirs!

But I survived! Poor freshman take heart. You can make it too. College is a time of growing, learning and experiencing. I've loved every moment of my college experience. If I could start all over, I would.



Mark Zockoll
sophomore

What kinds of packages do you get?



Ryan Smith
freshman

I've gotten four: cookies from my mom; warm, fuzzy gloves from my mom; and breakfast bars from my mom. The other was books from Amazon.

Brandon Fornwalt
freshman

talk
back

PHOTOS BY LYNDY HENDRIX

Annual sermon contest hones preaching skills

AMELIA PILLSBURY

After hours of preparation, contestants will deliver their sermons Thursday at 7 p.m. for the second of five rounds of the Ministerial Sermon Contest, which will culminate in the final round during Commencement week.

In the second round, contestants who made it through the first round will be joined in the Alumni Building by a few students from first semester's pulpit speaking class. The third round on March 17 at 7 p.m. is called the manuscript round, because all participants are required to have their speeches memorized.

The judges are all members of the Bible faculty and judge based on content and delivery. They also take into account general impressions they receive from the speaker, such as the sincerity of the message. As the preachers advance into the semifinal and final rounds, the judges ask themselves questions in light of a real life scenario.

Dr. Bruce McAllister, director of ministerial training and extension, said one question they might ask themselves is if this sermon and this preacher will do well in the FMA for the final round.

However, while the event is labeled a contest and judges are involved, the ultimate purpose is not for the young men to compete and win for their own gain.

"The purpose is ultimately to glorify God. If anyone is competing, he's competing against himself," Dr. McAllister said.

Not only can the contest bring glory to God, but it also serves as an educational tool outside of the classroom for those competing.

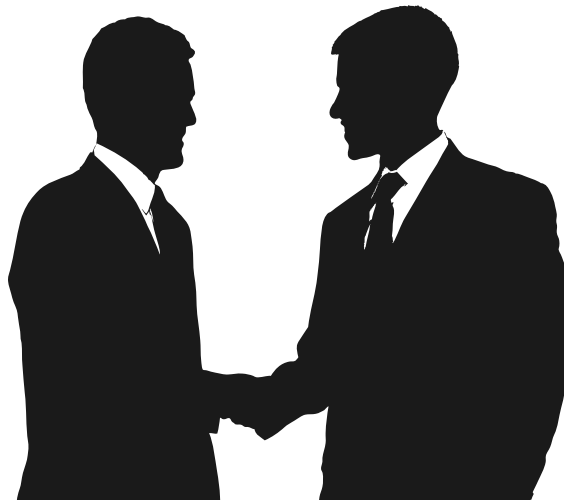
"It gives the young men an opportunity as upperclassmen to sharpen their skills," Dr. McAllister said.

But sharpening preaching skills is not the only lesson the participants learn. Both the hearers and the speakers learn from the text.

"No matter how much time I prepared for it [his sermon], no matter how many times I preached it, there was always a new lesson the Lord taught me," said Kyle Wilcox, senior Bible major and participant in last year's contest.

The contest consists of five rounds. Three rounds will be held in the Alumni Building, one semifinal round in Grace Levinson Chapel and the final round in the FMA.

Graduation preparation: additional tips for post-grad job-seeking



DAN GASS

In addition to the topics covered last week, such as networking, interviewing and writing resumes, several actions and attitudes are crucial to finding a job waiting for you after graduation. Here are a few more tips to consider.

TAKE OPEN DOORS

Many seniors may not have full-time jobs with benefits in May—but they will have opportunities for internships or temp positions. Use those. Get your foot in the door of an organization, even if it doesn't come with benefits immediately. If you show your employer that you are a hard worker, he will often be willing to hire you full-time.

Nathan Paugh, a December graduate who was a global technologies management major, found his job as a senior network engineer through an internship. He had planned to work the internship for six weeks and then work construction to make money, but the Lord had other plans.

"About two weeks into my internship, the network engineer went into the hospital, so a lot of things got dumped onto me," he said. "About a week or so after that, the director of technology [got sick], which then dumped even more work onto me as an intern." That work ended up in a full-time job offer that started Dec. 22.

Rebecca Wagner found her job, on the other hand, through a temp agency. A December graduate with a major in humanities, Rebecca earned her full-time position through lots of hard work.

"Do the menial tasks that everyone hates," she said. "I answered phones and made copies at [my company] BDI for a few weeks, and now I'm working in the licensing and financial department. If you work hard at the little tasks, your managers will notice."

BE AGGRESSIVE

Interview for as many jobs as possible, and work hard at polishing your résumé and portfolio.

That's how Brandon Glenn, a graphic design major who graduated in December, landed a full-time job for an advertising firm. Brandon actually started searching his freshman year and used yellowbook.com to search for graphic design employers in his area.

"From my dorm room, I probably called over a dozen businesses," he said. He did find one business, however, that was interested in a seasonal worker. He worked part-time there that summer while also working at Wendy's, which eventually landed him a full-time position with benefits on Dec. 22.

"Apply and give out your résumé to a lot of places at the same time—the shotgun approach," he said. "Then, be persistent in your hunt; keep calling them until you get a definite answer."

TRUST THE LORD

"Stay focused on the Lord and the task at hand," Nathan said. "I was in no way perfect at either but having that priority was extremely helpful."

Seniors who seek the Lord and work hard can rest in the fact that God will provide for them. Finding God's will is a healthy blend of trusting in God's sovereignty and doing all we can to discover it.

As Dr. Buckley put it, "While I'm trusting God to supply, I'm not going to sit back in a rocking chair and not do my part to find out what He has in store."



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ROCKET ATTACKS THREATEN TO REIGNITE ISRAEL-GAZA CONFLICT

Tensions between Israel and Hamas flared again Sunday following a series of rocket attacks on southern Israel by Hamas. The latest violence threatens to reignite the conflict which has already left 1,300 Palestinians and 13 Israeli dead and many others injured or displaced.

HAMA ANNOUNCES TROOP

WITHDRAWALS

President Barack Obama announced that a significant number of America's 140,000 troops in Iraq will be home by next year's Super Bowl. The announcement was made on NBC following a meeting between the Joint Chiefs of Staff and the President.

VOLCANO ERUPTS NEAR TOKYO

Mount Asama near Tokyo erupted Monday raining ash down on the city. Japanese officials alerted residents in a 2.5-mile radius of the volcano to be prepared to evacuate.

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Meet the presidents: Q&A with campus leaders

Questions:

What is a random or interesting fact about you?

What offices did you hold prior to becoming president?

If you could spend an entire day out of the office, what would you do?

What's a main lesson you've learned while serving as president?

Who has made the biggest impact on your life?



LYNDA HENDRIX

DR. STEPHEN JONES, UNIVERSITY PRESIDENT

- "I don't like heights at all. I fell off the slide at the nursery when I was four . . . until then I loved them, but since then, don't get me close to the edge."
- Society (Alpha Omega Delta) chaplain for three semesters, men's senior class representative, speech GA for three years, residence hall supervisor for two years, administrative assistant to the president (Dr. Bob III), and vice president for administration.
- "A day like that would be fun to spend, part of it with carefree playing with the kids, wrestling around and seeing the light go on in their eyes, and then if I had half the day left, I'd sit down and read and not feel like I had to look at e-mail."
- "My complete dependency on the Lord, because every day gets way beyond my natural capacity for anything that the Lord has called me to do. It keeps me on my knees."
- "Obviously watching my dad, I learned a lot from his life. But then the entire faculty/staff, getting to watch their lives was convicting; they did a lot to rear me and made a huge impact on my life. My grandfather; we were very close and living right next to him was a blessing."

Student Body

JOSH KAIGHEN, MEN'S PRESIDENT

- "I love to sing tons—in the room or at home. I'll make up songs about my situation; I make up weird songs all the time."
- Society (Alpha Omega Delta) chorister for a year, chaplain for a year, usher crew chorister for two years.
- "It'd be a hard choice between just chilling on a beautiful beach somewhere and snowboarding all day."
- "The biggest one is that I am not capable of anything, and I'm nothing without God and His mercy and strength."
- "So many people have impacted my life in a positive way. My parents are huge heroes in my life; they have the strongest faith I've seen."

ALYSSA GOMEZ, WOMEN'S PRESIDENT

- "A day in the life of Alyssa is interesting! I am just so easily amused."
- Society (Beta Epsilon Chi) spirit leader for a semester and chaplain for two semesters.
- "I would go bungee-jumping."
- "There's a million. Through the Student Body position, the biggest thing is the goal and purpose of whatever you do."
- I had one friend who was interning at my church when I was in high school. He impacted me the most spiritually—he is so godly, he's a deep theological thinker, and he makes me think.

Inter-Society Council

JAMES WALLACE, MEN'S PRESIDENT

- "I accidentally shot a cat with my grandpa's shotgun; I thought it was a rabbit, and it ended up being my neighbor's cat."
- ISC treasurer, society (Pi Kappa) athletic director, vice president and president.
- "I would love getting a group of guys together and just going out to a football game and playing sports together, hanging out, talking—just a relaxed time."
- "To be an active leader and step out of my comfort zone."
- "Of course my parents, but my two brothers have been an influence in my life. I always go to them and talk to them."

TORI MERCADO, WOMEN'S PRESIDENT

- "When I was little, I was obsessed with figure-skating, and I dreamed of winning a gold medal."
- ISC president elect and society (Beta Epsilon Chi) vice president.
- "If I had my own personal jet, and could go anywhere I wanted to, I'd go to San Francisco and chill in the city, maybe do a little shopping and eating on the Bay."
- "I really enjoy leading, and it's easy for me to put people and projects before God, and I've learned that if I'm going to be a good leader I need to have a good relationship with Christ first."
- "Growing up, when I was young, my cousin Jenny. I always looked up to her."

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The left hemisphere controls the right side of your body, and the right hemisphere controls the left side (i.e.— if you're right-handed, your left hemisphere is more dominant).

The brain weighs approximately 3 lbs.

A laugh uses all five parts of your brain.

Yawning wakes your brain up because it sends large amounts of oxygen to the brain.

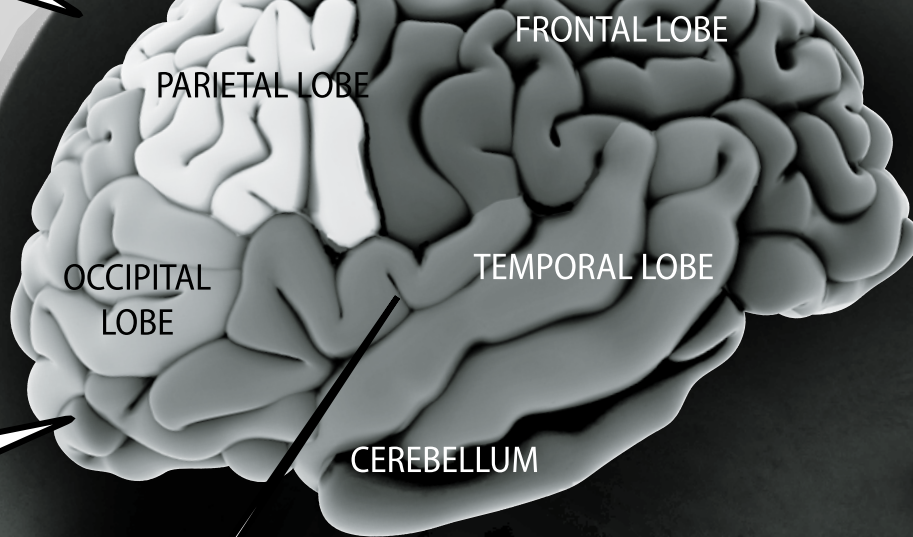
BRAIN FACTS

Your brain is about 75 percent water.

You can't tickle yourself, because your brain is able to distinguish between your own touch and an unexpected touch from someone else.

It's a myth that you use only 10 percent of your brain.

The part of your brain that can read facial expressions is called the amygdala.



GET INSIDE YOUR HEAD

In the middle of the Scholastic Bowl, have you ever caught yourself sitting there wondering, “How on earth do they store all that information? How are their brains not exploding?”

Dr. Tonya Wren, who practices at University Medical Associates and also teaches anatomy in the University, said Schol Bowl contestants just have a natural tendency to absorb large amounts of information—like others have a natural talent for sports, writing or practically anything.

Whatever your area of expertise, you can benefit from knowing several facts about

the brain.

Fact #1:

Falling asleep in the middle of a lecture is your brain's way of saying, “Hey! I need you to sleep! Please.”

“If you're falling asleep in class or chapel, unintentionally, you definitely need more sleep,” Dr. Wren said.

Everyone also knows that it's best to get seven to eight hours of sleep a night. But what are students to do if they have 8 a.m. classes five days a week and work custodial at

night?

Dr. Wren suggests making time for naps. Plan them into your schedule in the early afternoon, if at all possible.

Fact #2: It is possible to overstudy, although it is incredibly uncommon.

Dr. Wren said the brain the brain need “rest periods” in order to assimilate new information.

“If you start not remembering what went where, you're probably overstudying,” Dr. Wren said.

But students, don't start rejoicing quite yet. Overstudying is rare, according to Dr. Wren, and few if any college students will ever experience this phenomenon.

Fact #3: Your brain doesn't become ancient once you turn 18 — you can actually still

learn things! Some people and Web sites claim that the brain stops growing at the age of 18. Dr. Wren said this is a myth. Humans continually make new connections because of plasticity in the brain.

For students, this means that claiming “I can't remember anything anymore!” just isn't true.

So while some students may or may not be ready for a competition like the Scholastic Bowl, we all have the ability to take care of our brains and use them to the best of our God-given ability.

Omega vs. Z

Omega Lions upset Zeta Chi Tornadoes in interleague matchup 71-59

BEN OWEN

Eric Kittrell lit up the scoreboard with 26 points, and Zech Britton locked down on defense as Omega rolled over Zeta Chi 71-59 in an inter-league rivalry.

Zeta Chi's Stephen Yates, who scored 34 points against the Cavs last week, was held by Zech to only 13 points.

Omega dominated the first half, outscoring Z 48-30. "Defense was the main thing," Eric said. "We frustrated them with our intensity."

Zeta Chi was leading 12-10 when Omega went on a 10-0 run with 14 minutes remaining in the first half. Omega forward Zach Roschi led the charge, scoring four points and grabbing several rebounds in the stretch.

Zeta Chi center Max Hahn ended Z's scoring drought with two free throws after being fouled hard on a strong move to the basket. Z followed up on the momentum by scoring several quick baskets, but Omega ended the first half by scoring 13 points in the last three minutes.

"We got a lot of fouls in the first half," Zeta Chi point guard Josh Baun said. "We didn't move our feet." Omega shot 23 free throws in the first half, converting 14 of them. Eric Kittrell scored 10 of his 17 points in the first half from the charity stripe.

Z outscored Omega by six points in the second half, but the Lions never lost control of the game. Omega forward



GREGORY T. SCHMIDT

Omega's Zech Britton (24) drives to the hoop past Zeta Chi's Stephen Yates (12). Omega improves to 2-0 with the win.

Zach Roschi picked up where the Omega guards had left off, scoring 10 of his 16 points in the final 20 minutes.

Omega point guard Justin Almas, picked up 11 rebounds, seven assists and numerous steals. He credited his big man for the way his team held

off Z's attacks in the second half. "That second half we got [Roschi] involved, and that gave our guards a break," Justin said. "It really came down to defense. We locked down on them."

Stephen Yates, Zeta Chi's leading scorer, voiced the discontent the rest of his team was feeling. "Offense will come, but defense killed us," Stephen said. "We just weren't clicking. We need to play good defense the whole game."

Weekend Scoreboard

Phi Beta Bulldogs vs. Bryan Bears	82-31	High Scorers
Sigma Alpha Spartans vs. Alpha Theta Razorbacks	63-54	Dave Peterson 26
Beta Gamma Patriots vs. Pi Kappa Cobras	54-29	(Sigma) Eric Kittrell 26
Kappa Theta Stallions vs. Kappa Chi Knights	n/a	(Omega) Kris Boland (Lanier) 24
Pi Gamma Royals vs. Theta Kappa Panthers	62-51	Preston Bullard 18
Chi Alpha Cavaliers vs. Phi Kappa Rams	64-44	(Pi Gamma) Chad Pack 18
Lanier Falcons vs. Basilean Eagles	53-37	(Alpha) Kyle LaPierre 17
Alpha Omega Lions vs. Zeta Chi Tornadoes	71-59	(Theta Kappa) Zach Roschi 16
		(Omega) Caleb Downs 16
		(Phi Beta) Kyle McVey 15
		(Beta) Brett Smith 15
		(Beta)

Statistics compiled by Ben Owen

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Look at the facts: instant meals equal health risks

HEATHER HELM

Residence hall students often make unhealthy instant meals in their rooms rather choosing lighter, healthier options. Whether students are rushing in between classes to eat a quick lunch, or just sitting in their room to eat and relax, these instant foods are popular campus-wide and it is important to take a look at the nutritional facts.

What students may fail to realize is that these easy-to-make foods like ramen, HOT POCKETS, and Pop-Tarts, are not always the healthiest choice.

For many students it's the first time they have been away from home entirely responsible for their own nutrition. Some may ignore the healthy choices when the pressure is too great and soon surrender to the temptation of instant foods. These students may continue to go through much of their college career succumbing to unhealthy eating.

"It's very tempting when you're studying to grab unhealthy snacks, Ruth Shumate, senior humanities major said. "It's easier to eat chocolate than to eat nuts or fruit."

It is important to know what your meals and snacks consist of.

Ramen is an example of a college favorite instant-meal. Ramen noodles are deep-fried to stay crisp in storage and are accompanied by packets of flavoring, which are in essence just sodium. In some circum-

stances these noodle are a necessary evil, and you may have to eat a bowl or two. When those times arise, make sure to drink at least two glasses of water to wash away the sodium and preservatives.

For those students with a sweet tooth, look at the nutrition facts for a Cinnamon Roll Pop-Tart. Just one pastry in the pack of two contains: 210 calories,

14 grams of sugar and 7 grams of fat. Rather than picking up that Pop-Tart, have a light 100-calorie yogurt or choose from the variety of 100-calorie snack packs.

Residence hall students stick to dining common food as a preventative measure against the instant meal; over time, however, many students wind up slipping into eating instant food as a break from the standard tastes. These instant meals and fast foods sacrifice nutrition for the sake of expediency.

Some residence hall students attempt to eat healthy but find it difficult while at school. Megan Lilyea, sophomore administrative management major said, "I eat healthy at home, but at school it's harder to keep healthy snacks in the room, because I don't have a refrigerator."

Raw foods like mixed nuts, vegetables or dried fruits are always a healthy alternative to the calorie-packed snacks.

Some students have other healthy snack favorites. Melea Daniel, senior Bible major said, "I love the Orville Redenbacher's light caramel rice cakes. They are only 45 calories per rice cake and they taste great."

When picking up your instant-meals and snacks, always check if there is a healthier and lighter option to help your efforts in eating healthier.

Nutrition Update

Serving Size Listed on Product	
Calorie-Packed Snacks	
	Calories
Pop-Tart	210
Pack of Beef Ramen	380
Sodium 1,580mg	
Nacho Cheese Doritos	245
Fat 12g	
Apple Juice (8 oz.)	110
Sugar 24g	
Pepperoni Pizza Hot Pocket	350
Fat 18g	
Healthy Alternative	
	Calories
Rice Cake	45
Campbell's Soup at Hand	80
Sodium 730mg	
Reduced Fat Wheat Thins	130
Fat 4g	
Water	0
Apple	55
Pepperoni Pizza Lean Pocket	280
Fat 7g	



SARAH CENTERS

All people at a basketball game—the fans, spectators, referees, and the athletes—have different perspectives of what's happening on the court. When I sit at the score table, it's a totally different ballgame from what others see.

As a scorekeeper, I'm forced to mentally break down the three primary elements of a game (points, fouls and time) onto paper or on some buttons. After keeping track of those elements over and over for several seasons, I've discovered that basketball games are just . . . games.

This revelation did not come quickly. I used to feel dogmatic about anything I thought I saw go wrong on the court. Sometimes I felt that part of my duty was to inform the referees of their mistakes.

Referees. They come to do a job much harder than mine, and I gave them little thanks or credit—at first.

One time I asked a referee why he didn't call an "over-the-back" foul in the last seconds of a game. Surely they would call that when the offender's team is up by only one point.

"There is no such thing as an 'over-the-back' foul," he told me. I was dismayed. He further explained that what

is often called an "over-the-back" foul is only an illegal contact foul. There is no punishment for a tall guy reaching over a short guy for any reason—unless there is illegal contact.

I double-checked the NCAA and the NBA rule books for officials. Yup. "Over-the-back" fouls do not exist.

Now, I chuckle whenever I hear people in the stands pleading, "Over-the-back! Over-the-back!"

You would think that I'd learned my lesson. Not so fast. At halftime for another game, I questioned a call. The official kindly offered me his black and white striped shirt and whistle and asked, "Would you like to call the second half?"

Making conversation with the referees was not the only thing to convince me that basketball is just a game. After seeing a couple hundred games as a neutral spectator, the triviality of winning has softened my dogmatic approach to the sport. I can't even clearly remember who won the championship my sophomore year. I think it was Zeta Chi?

I am not saying that winning means nothing, or that sports are unnecessary. I played basketball for 10 years, and the sport has definitely helped shape me as a person.

I am simply pointing out that a win—one more important than the one reflected on a scoreboard—is at stake for any Christian on or off the court at any game. Walking—and playing—worthy of the claim "Christian."

I am not doing much score-keeping this semester. But when I do watch games, I look for and admire those spiritual winners and feel sorry for the losers.

The scoreboard doesn't matter so much anymore.

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« **Gold Rush Daze** p. 1

"It's BJU like you've never seen it before," said Stephen Wetterlund, lead coordinator of Mentoring and Student Leadership Development.

The day for students will start with breakfast in bed served by faculty and staff. Soon after, students will assemble with their assigned teams, Red Lightning or Blue Thunder, and parade around the campus, screaming for their team and showcasing all things

red and blue.

"Students will decorate their cars, themselves, their pets—you name it [and] it will be decorated in red and blue! Everything will look red and blue!" Mr. Wetterlund said.

In the afternoon, the teams will gather at the Alumni Stadium and play games that will test both strength and skill.

"[The games] are going to get a little crazy, be super cool, super fun," said Josh Kaighen, the men's student body president. "Wake up that junior high

[part] of you and have some fun!"

The day will culminate with dinner at the Activity Center, a "faculty body" where the faculty will perform skits for the students, a singspiration and fireworks.

For a successful Gold Rush Daze, Mr. Wetterlund encourages every student to participate and to have fun.

"Get involved with your team, buy a team T-shirt, decorate your face and your hair," he said. "This happens once every

four years; it's something to be enjoyed and really looked forward to with excitement and anticipation."

For more information on the day's events, check out the Gold Rush Daze Web site, which will be available from the intranet homepage on Feb. 10.

« **Schol Bowl** p. 1

He is now in charge of writing the nearly 800 questions needed yearly for the six rounds.

Traditionally, women's teams

have not performed as well in the tournament as the men's teams.

The reason for this, he said, is because the women who compete tend to have similar majors like elementary education or missions. He thinks they would do a lot better if they would select players with majors like Bible, science, music, history or English.

Now, thanks to the change in match-ups, the finals of Scholastic Bowl could be full of new faces this semester. Who will win? Well, that's one question there is no answer for—yet.

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