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M&G unveils premier exhibition



After centuries of separation, three ornately painted panels belonging to two museums have come together as the pieces that may have originally formed one altarpiece.

BY AMANDA SAGER

Through the Museum & Gallery's exhibition of Florentine painter Tommaso del Mazza—the first in any museum—art scholars will share with the local community and art enthusiasts the rich history behind the artist and the artwork.

On Thursday at 1 p.m., the Museum & Gallery will host a symposium in Stratton Hall, followed by a reception at the Museum & Gallery and an opportunity to view The Twilight of a Tradition art exhibition.

HIGHLIGHTS OF THE EXHIBITION

The Museum & Gallery initiated the premier exhibition of Tommaso del Mazza's works. In addition to the Museum & Gallery, five other galleries have contributed pieces from their distinctive collections in order to feature the majority of del Mazza's works in a single exhibition—"The Twilight of a Tradition."

» Exhibition p. 8

WBJU WHITE GLOVE SPECIAL

WBJU will broadcast their annual White Glove Special on Saturday from 10 a.m. to 5 p.m. on 104.5 FM.

DAYLIGHT-SAVING TIME

Daylight-saving time ends at 2 a.m. Sunday. Prior to bed, be sure to turn your clocks back one hour.

FINE ARTS CONTEST

Students can begin signing up for this year's fine arts contest on Monday. Students can submit their selections on the Division of Music Web site under the "Contests" tab.

CJA FORUM

The CJA will host its next forum on Tuesday at 6:30 p.m. in the Grace Levinson Chapel.

WBJU Election Broadcast

WBJU TV News to broadcast election results live Tuesday night

CRISTIE FOX

This Tuesday, Americans will want to know only one thing: will Barack Obama or John McCain lead our country? For students, WBJU TV News will be able to provide the answer, live, in a newscast designed for BJU students, by BJU students.

WBJU TV News will be broadcasting the presidential election results, starting at 7 p.m. Tuesday. Radio and television broadcast students will be announcing the results. An all-student team including Doug Scudder, Jonny Gamet, Ashley Johnson and Jena Keene will be conducting interviews and bringing students the results as they come in. Writers, camera operators, technical directors and several other students have put in numerous hours prepar-

Page 5

ing for the broadcast by practicing live news broadcasts every Tuesday night.

Brittany Titus, a writer for the election broadcast, said, "Writing news stories for election night has opened my eyes to the political arena. Our rehearsals have been very smooth, and I have gained great hands-on experience for future work in broadcasting. I want the broadcast to be a flawless shoot that gets everybody's attention. It should be enjoyable for both the cast and viewers."

Miss Kathryn Boole, a staff member of the film, video and

» WBJU p. 8

Fall Festival to draw competitors to BJU

BRENNA SMITH

Representing 19 states and one foreign country, nearly 1,000 high schoolers will visit the campus Monday for a fourday competition that offers Christian teens the opportunity to refine their talents, fellow-

ship with peers from all over the nation and experience college life for themselves.

The annual High School Festival and Preaching Conference gives high school students an up-close look at college life,

» Festival p. 8

chance of precip. 70%

Students to gather for class meetings

JONATHAN BROWN **AND DAN GASS**

The freshman and sophomore combined class meeting, which begins at 11 a.m. in the FMA today, will focus on the complete satisfaction that Christians can find in their relationship with Christ.

"The meeting is built around the theme of accepting fulfillment in Christ," said Megan Hamilton, the women's Student Body sophomore class representative. "Christ is the fulfillment of our every need and even every desire. That's why Paul could say 'to die is gain."

Titus Carpenter, the men's

» Class meetings p. 4

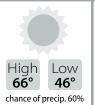


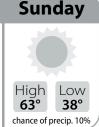
Beta destroys Alpha, remains

Page 6









undefeated

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Bob Jones University Greenville, SC 29614-0001 www.collegianonline.com

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community, and I

kids.

got to work with the

Jaleesa Hood freshmar

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Election should bring faith not fear

We live in uncertain times.

In some Americans' minds, the Tuesday presidential election results will determine the future of life as we now experience it. Many consider this election to be the most significant in history—one that could possibly reshape everything from the American economic structure and educational system, to the measure of religious liberty and legislation of moral values. Rightly so, many people are concerned about the potential impact of the future president's decisions, not only on themselves, but on the next generation as well.

Because of these deep-rooted concerns, the mere mention of the election of particular candidates can often invoke passionate responses. Some people claim that they will leave the country; others simply lament that it will signal the beginning of the end of American prosperity.

For the Christian, however, it is essential to keep everything in perspective. While we do struggle with uncertainty about the future, and we hope our country will head in a right direction, we must remember that our hope is fixed on an unmovable foundation.

God controls the fate of nations, and, as numerous Bible passages attest, He directs both the placing of leaders and the influence of their leadership. No single person—president or not—can do anything that is out of God's control.

God has chosen to greatly bless America. We enjoy exceptional prosperity and freedom—privileges many American Christians appreciate as God's blessing on America for her godly foundation. But as our nation moves farther from our godly heritage, we must question how much longer God will be able to bless us as a nation. Yet whether God mercifully prolongs His judgment or soon abandons us to our own way, we know that His control is complete, His wisdom is irreproachable and His timing is perfect.

With this assurance, we can accept the results of the 2008 presidential election with a calmness inspired by faith in a sovereign God.

"HEY CAN U PASS THE CHEEZITS PLZ"



WHY TALK WHEN YOU CAN TEXT?

I go up to a nursing home in Gaffney. I like that we can go room to room and minister to each individual Jeff **Carlson** person as well as in groups.



I do downtown witnessing in Greenville Friday nights. There's a wide variety of people. It's a great chance to give out the gospel.

eight individual bills and asking the manager to get me change for that \$100 bill. Some see me running around like crazy and are understanding. I love those people; they are my friends. I manage to get everyone cashed out and stop to breathe. Oh wait—my empty tables are getting sat again: time to start the circus all over. You see, a server does more

Meanwhile, I am busy splitting

then simply take down orders and refill your glass of tea. A server is really a people pleaser. Yet it is impossible to please everybody. In order to have a better experience when dining out, and to help your server perform better, here are a server's "Principles of Dining Out."

The first four letters in restaurant are "rest": it is not fast food or it would be called a "fastaurant." Please do not sit down and expect to be out in 15 minutes. McDonald's can assist you with that.

When asking for something, please do not wait until the server comes back to ask for something else; ask for it all at once. Please don't run your server ragged all night; you are not the only table that needs things.

Please be patient when waiting for your food. If you feel your food is taking too long to get out, don't take it out on your server, who isn't cooking it. Tell a manager instead, who gets paid more.

If you are going to pay with cash, use exact change if possible. Bills over \$50 usually cause the server to hunt down a manager. Using large \$50 and \$100 bills will usually make you wait longer.

If you are going to stay two or more hours, tip a bit more. You are preventing a new table from sitting down and the server from getting another tip. We pay our bills by the table, not the \$2 an hour we make.



Like many students on campus, I work as a server in a restaurant.

When guests walk through the doors of a restaurant and are seated in my section, they have no idea of the "circus" they just got front row tickets to.

Part one: the opening act. As the host seats my first table, I go greet them. As I'm taking their order, I notice that I just "got sat" two more tables. Anyone who has served before should be wincing—getting "double-sat" is every server's worst nightmare. Now I must turn into three people.

Part two: showtime. Once I have caught my breath from running around getting everyone everything, I enter the "calm before the storm." I now have three tables waiting for food. My job is to keep these hungry people patient, so I attempt to stuff them so full of dinner bread and refills, they won't care when they get their food, nor if it comes out right.

Part three: the final act. My guests are stuffed and ready to leave. They are probably wondering, "What is taking her so long? It takes five seconds to swipe a credit card," or "Why is it taking her so long to get me change from my \$100 bill?"

I go to Anderson County Jail. I like that it's outof-the-box; it's kind of a different way to serve the community. Curt **Doucette** junior

I work at the Anderson hospital. That's almost a ministry for me—sometimes I get a chance to witness at Keri Vaughn sophomore

Christian Raab

PHOTOS BY LYNDA HENDRIX

Students flock to online retail for easy shopping

AMELIA PILLSBURY

For busy college students away from home, the Internet opens up a whole new avenue of shopping and gift-buying. With Christmas not that far off, students looking for that unique gift for family and friends are turning to online stores for convenience and the right price.

Many students choose online shopping over shopping at a store because of better prices.

"Sometimes it's better to buy things online, because you can get sales you wouldn't get at the store," said Christimer Melendez, a junior mathematics education major.

In addition to online sales, students shop online because busy schedules often prevent them from shopping at stores in town for hours on end.

"[Online shopping] makes it easier to find a specific item than store hopping," said Amanda Casey, a freshman international studies major.

When searching for specific items, students shop mostly on

online retail sites that use independent sellers. Amazon.com is a familiar site where students can quickly and easily find the items they are looking for. To make online shopping even easier, Amazon.com has created the 1-Click Checkout that speeds up the checkout process by allowing customers to enter their credit and address information just one time. When customers revisit the site, they can check out with one click, without ever leaving the site.

Amazon.com created this process to help shoppers who were becoming confused by the checkout process and consequently abandoning their stored items in their online shopping carts. These abandoned carts accounted for 50 to 60 percent of online shoppers, translating into lost sales. Using 1-Click Checkout simplifies the process and bypasses the use of shopping carts altogether on Amazon.com.

Students should be concerned, however, about handing out their credit information with 1-Click Checkout or other

online payment systems. PayPal is a resource students can use to reduce the amount of people who can access their credit information.

While credit cards are still the leading online payment method, PayPal is second and accounts for 24 percent of online payment methods. PayPal is a security system that protects your credit information from being passed out to Web sites you're buying from.

"Just about anyone can sell items on eBay, so I use PayPal to keep my credit information confidential," said Mrs. Rebecca Weier of the mathematical science department. Using your PayPal account forces sellers to work with PayPal. Not all Web sites use PayPal, but most leading shopping Web sites do.

Some students like Pay-Pal because it offers an easier method of payment similar to Amazon.com's 1-Click Checkout method. "It's quick and easy to send money," said Michael Smith, a senior graphic design

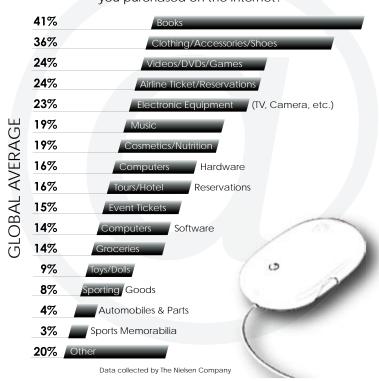
EBay is another leading Web site that allows students to find exactly what they are looking

for at a reasonable price. When pur-

chasing clothing or browsing for shoe styles,

MOST POPULAR ONLINE PURCHASES

In the past 3 months what items have you purchased on the Internet?



students may frequent brandspecific sites like Gap or Target. But when they have a specific idea of what they want, eBay is one of the first sites they'll visit. While there, they might find the exact item they want, but it cannot usually be bought with a single click; they must bid for the item.

Auctioning and bidding on eBay can last for days as opposed to real auctioning, which may last for only a few minutes. The rules are also very different and can be confusing for new

bidders. But for Becca Wagner, a senior humanities major, it's not confusing anymore.

"It's one of those things you have to do a lot to really understand it," she said.

EBay bidding can also be done through text messaging. Just go to your eBay account to opt for text messaging and review the instructions for setup. "EBay will notify you when you're outbid," Becca said. Text bidding helps busy students stay on top of the auction amid classes and homework.



LONG JOHN SILVERS. at Cherrydale Point

Welcomes Bob Jones Students & Staff



20% off regular prices with BJU ID

1513 Poinsett Highway **Across from Ingles** 298-1190

Now Hiring

OPEC CUTS OIL PRODUCTION

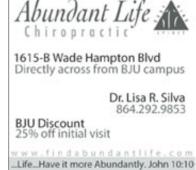
OPEC cut oil production by 1.5 million barrels in an effort to boost oil and gas prices in the face of falling world demand. The cut comes as gas prices in the U.S. take a record dive.

SHOOTING OCCURS AT UNIVERSITY OF CENTRAL ARKANSAS Two people are dead and one wounded following a shooting at the University of Central Arkansas. Police believe four people were involved in the attack, though no arrests or warrants have been issued.

Presidential Election 2008: Many POLLS PREDICT OBAMA VICTORY

The presidential candidates have ramped up their campaigns in the last week before the Nov. 4 election. Recent polls indicate Barack Obama has gained a significant lead over John McCain. However, McCain says he is confident that he will win the election.





NEWS

Preregistration approaches: elective options abound

JOSHUA PRIVETT

After conquering midterms, students have marked the end of the first half of the semester. And starting this Monday, students will be able to log in to StudentCentral to begin preregistration for next semester's classes.

Many students will have electives next semester. Some will jump at the chance to take a class outside of their major; others may wonder if taking a class not directly related to their field is a wise idea.

These recommendations from the deans can help guide students who desire to learn something new, but are unsure of which electives to choose.

COLLEGE OF ARTS AND SCIENCE

Dr. Bob Taylor, dean of the College of Arts and Science, said that students should use their electives to broaden their overall knowledge.

Dr. Taylor recommends that students take a writing class to improve their communication skills. Classes such as Expository Writing, Principles of Journalism, Business Writing and Fundamentals of Technical Writing can help any student to write better.

Dr. Taylor said that the numer-

ous classes in the College of Arts and Science give students a variety of choices to fulfill their electives.

"Learn and have new experiences—venture out a little bit and broaden your [self]," he said. "If you're going to be successful in life, you're never going to stop learning."

SCHOOL OF FINE ARTS

Dr. Darren Lawson, dean of the School of Fine Arts, views classes in his school as great stress-relievers. "You work all day, and you go home and [play] a CD. Music, drama and art allow us to go to a different place and get away from some of the stresses of this life."

Dr. Lawson encourages students to take music lessons that the University provides at no additional cost above tuition for enjoyment and ministry preparation. He said piano and voice are two areas especially that students could use in churches.

Besides music classes, Dr.
Lawson also recommends that
students take classes dealing with
communication. He said that
students will have to communicate
in whatever vocation they enter.
"It's going to give them another
step ahead when compared to
counterparts with similar degrees
that didn't have strong [communi-

cation] training," he said.

SCHOOL OF RELIGION

Dr. Royce Short, dean of the School of Religion, encourages students to use their electives to expand their Bible knowledge.

Bible Geography, a class Dr. Short recommends, gives students a geographical framework on which to hang biblical events.

Modern Cults, another class Dr. Short suggests, gives students valuable information to identify and approach cults. "For the rest of your life you're going to be running into people [in] cults," he said.

Junior biblical counseling major Odessa Waters agrees that Modern Cults is a practical class for the Christian. "You learn what cults believe, so when you're witnessing, you know where they're coming from," she said. "[You] can better prepare yourself for what you're going to face and have some Scripture ready."

Dr. Short also encourages students to take Apologetics, because it teaches how to defend the Christian faith better.

Dr. Short reminds students that, as Christians, extra biblical knowledge will be beneficial. "For the rest of your life, you're going to need to answer questions of what you believe and why you believe it," he said.

SCHOOL OF BUSINESS

Dr. Aaron Goldsmith, dean of the School of Business, encourages students to take business classes. Since almost all students will go into the workplace, they should know how the workplace operates, he said.

Dr. Goldsmith specifically mentioned Principles of Management, a class that provides a biblical approach to management in the workplace. "It will give [students] some idea of how businesses are organized and some management principles they can use on the job," he said.

Individual and Family Finance, a one-credit class Dr. Goldsmith also recommended, teaches guidelines for managing family and personal finances. Topics include investing, purchasing a vehicle and house, balancing a checkbook and managing a personal budget.

SCHOOL OF EDUCATION

Dr. Brian Carruthers, dean of the School of Education, encourages students to use their electives to learn how to deal with people better.

Fundamentals of Counseling, one class Dr. Carruthers suggests, teaches students biblical counseling techniques and principles to help others.

Senior international business major Matt Owen agrees that Fundamentals of Counseling is a practical class for Christians. "The class is about dealing with real life situations from a biblical perspective," he said. He also said the class became practical while he counseled at the WILDS.

Introduction to Exceptional Learners, another class Dr. Carruthers recommends, discusses learning difficulties that children face. He said the class teaches students how to handle children with special needs.

SCHOOL OF APPLIED STUDIES

Mr. David Mellor, dean of the School of Applied Studies, describes SAS classes as practical and hands-on.

Mr. Mellor recommends
Introduction to Business, a class
for university and SAS students
that provides a practical preview of
business. Mr. Mellor encourages
every student who plans to work
in the business world to take this
course.

Practical Missions Skills, another class that Mr. Mellor suggests, teaches practical skills in mechanical, construction and electrical work that can be applied when helping a missionary.

Trade classes from majors such as residential construction and culinary arts are available to university students, too. However, due to the limited availability and prerequisites for some of these classes, Mr. Mellor asks that students contact the SAS office before signing up.

« Class meetings p. 1

Student Body sophomore class representative, and Megan said they chose the theme because of the lessons God has been teaching them in their lives. They worked closely with Mr. Stephen Wetterlund, lead coordinator of Mentoring and Student Leadership Development at the Activities and Organizations office, as well as with other Student Council members.

"We are in such a crucial point

where we are making so many decisions about who we will serve and how we will think about life," Titus said. "We're not enough by ourselves, and there's nothing that anyone else can do for us that Christ can't."

That theme will be played out through the opening games, then through the music and finally through the challenge that Titus will give.

Overall, the representatives hope students evaluate the priority of their relationship with Christ.

"When I let (other relationships) become more important than my walk with God, or I get more attached to someone and the loss of that relationship causes me to take a nosedive for the worst, it's a good time to realize that I've let that become more important than Christ," Titus said.

Juniors will meet at 11 a.m. today in the Davis Field House for their junior class meeting. The meeting will begin with singing, followed by a challenge from Ben Schroeder, men's junior class president. The challenge is based on Deuteronomy 6:5.

"The theme we want to emphasize as a class is that it's not

about you," said Christy White, women's junior class president.

Following the challenge, the class will play a giant game of Mad Libs. Ben and Christie said the activity will allow everyone to get involved, not just a few select people. Ben encouraged students to come and relax during the game.

Christie also said the class meetings give students a good opportunity to come together as a class and have fun rather than focusing on themselves individually.

Seniors will gather today in Stratton Hall for their class meeting. This year's meeting is scheduled to be a fun and relaxing break from a busy time in the semester. It will encourage students through the senior class theme of "Fighting the Good Fight."

The meeting will begin with senior James Lee leading games.

"It will be a very interactive meeting," said Erin Williams, women's senior class president. She also said there will be incentives for any willing participants in the crowd.

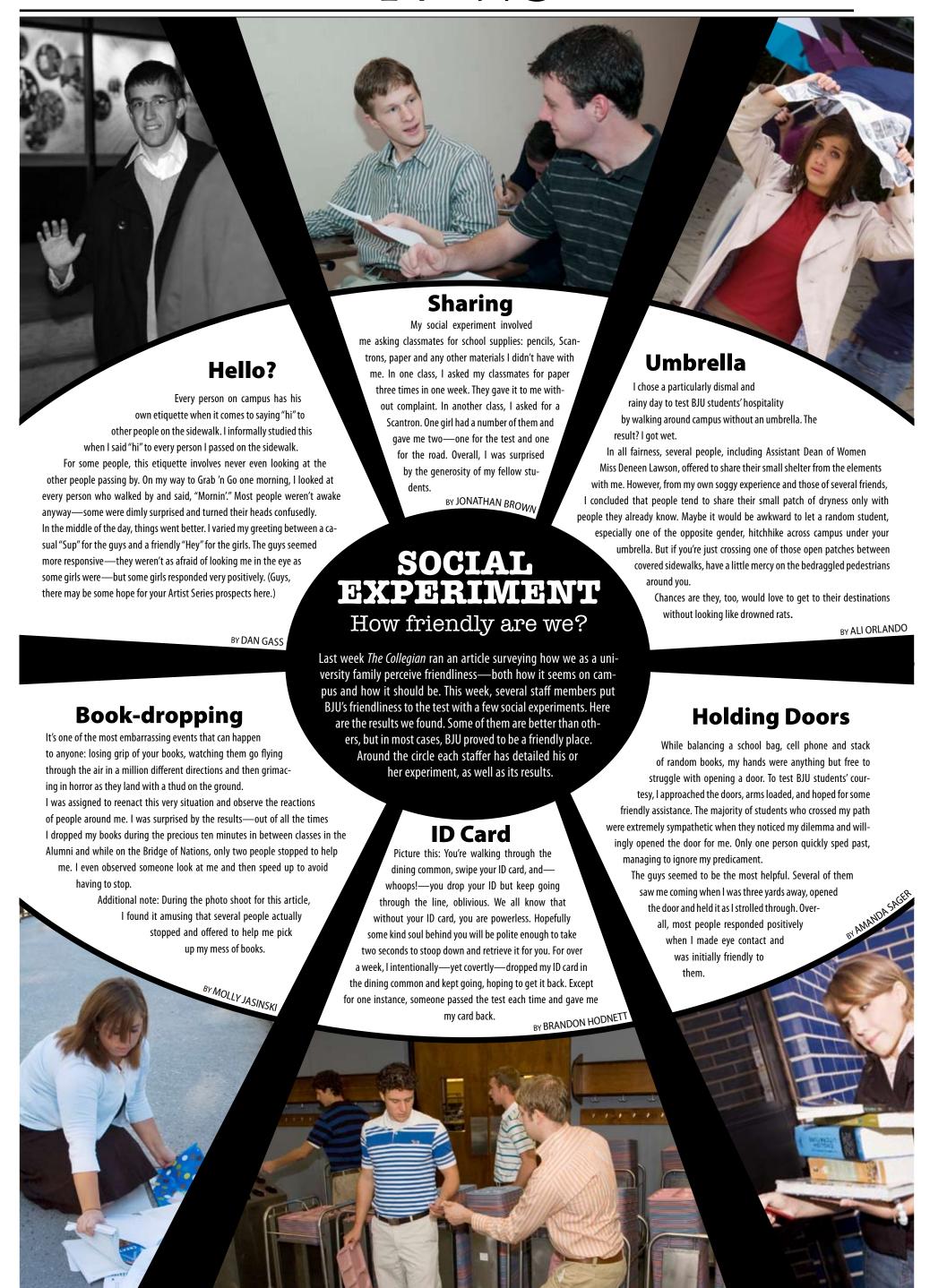
Following the games, men's senior class president Sam Jean-Baptiste will bring a challenge from 1 Timothy 6:12 and 1 Corinthians 9:24-27, encouraging seniors to keep fighting the good fight as they go out from the University.







NEWS



SPORTS

Beta's defense denies Alpha

KENNETH JOHNSON

The Beta Gamma Patriots celebrated a 5-1 victory over the Alpha Theta Razorbacks last Saturday. With the playoffs in sight, Beta Gamma has raised the bar for the American League with its passing and scoring ability.

The fighting Razorbacks never gave up and were able to break down Beta's defense with a single goal in the last minutes of the game. Players and spectators alike would agree that Alpha's perseverance is an attribute worthy of respect.



ALPHA

Elliott Smith (coach): I told the guys to possess and keep the ball on the ground, not to get scared in the back and boom it. We did a better job of doing that in second half. They just came out and were real fast, and we just weren't ready for the speed.

Don't count us out this year BETA because anything could happen. We've taken lots of steps from the beginning of the year. We've got a lot of spirit. Last year we proved that playoffs are all that matter.

Вета

Victor Fernandez: Tonight, Jon Grant dominated on that left wing. His speed is ridiculous down the line. In general, we have a solid center midfield. When the whistle blew. we focused on moving as a team and getting behind the



Beta Gamma's Anthony Lehn and Alpha's Brandon Moss fight for control of the ball.

ball as a team. We've been able to communicate on and off the ball as seen with our through balls. We trust each other.

Alpha never gave up. We played them in the jamboree and knew we had to come out strong. They keep pushing and pushing.

ALPHA

Michael Weathers: [Beta's] centers were very good. They didn't always hit the ball right to the man; they would lead.

Micah Wright: We wanted to make sure we spread the field, making sure we got everyone involved. We never force it one way or the other, but just take what the defense gives us.

Jon Grant is always destructive. Ben Fetterolf and Chris Anastos both play defense really well.

Andrew Miller: Due to our current record, I think people are overlooking us. That's

okay; we're rebuilding. We're still struggling with figuring out who plays where the best.

We knew going into Beta that we'd have to apply some kind of consistent pressure to their defense. Even though they dominated most of the game, there were a couple times when we got a few passes together for a counterattack. People may not respect us for our skill, but they can respect Alpha because we never give up.

Вета

Mikey Chai: It is exciting to see how Beta has developed the past few months. We've developed into a team by spending time together. Our society has also come together around the team, and it's been great to see and hear Beta from the field and the sidelines.

Coming into the Alpha game, I think Anthony Lehn does a good job of stressing that every opponent is to be respected. It's never a good thing to underestimate your opponent.



BRANDON HODNETT

A hard foul. A missed shot. A questionable call.

In a matter of seconds, my reaction could permanently etch my Christian testimony in

And once that is set, it is very hard to change.

As Christian athletes, our attitudes and actions are constantly on display for others to see. Don't pretend that they don't notice. In the span of a game, fans, players, coaches and officials develop a perception of you and your faith. Do unsaved referees notice a uniqueness among us as Christians? Or do they only see college students who are no different than those at any other game? Do your peers recognize you as the showboat, the bad mouth, the dirty player? Or do they see someone who is humble, selfcontrolled and fair?

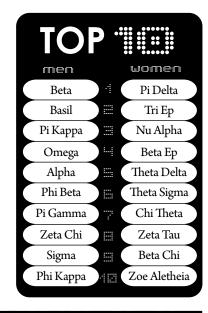
The Bible makes it clear that our lives are to be a reflection of the life that Christ lived. That reflection must show all the time—even when you lace up the cleats. If others cannot see the imitation, something needs to change.

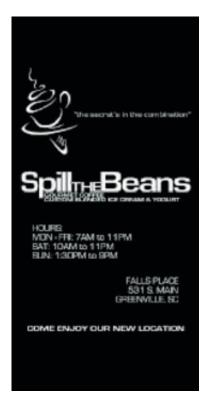
While we may feel unfairly judged based on a few moments on the field or on the court, it is important to realize that when

the pressure builds, what is truly inside will come out. In Mere Christianity, C.S. Lewis poignantly illustrates this truth. "If there are rats in the cellar, you are most likely to see them if you go in very suddenly. But the suddenness does not create the rats: it only prevents them from hiding The rats are always there in the cellar of my soul." Those unprepared moments reveal what kind of person you really are.

Please understand my perspective. I'll admit that I've been faced with those split-second decisions and have failed miserably. I am not saying that you are a horrible person if you mess up or that you are a saint if you keep your mouth shut during a game. But there can and should be self-control amidst the intensity. As Christian athletes, we need to monitor what we are putting into our minds and constantly ask for the Holy Spirit's help in controlling our actions and attitudes. (And when we do mess up, a sincere apology to players and officials can restore that wounded testimony.)

Think about it. Years from now, people will forget that you won the BJU intramural championship. But they just might remember your attitude.









Open until midnight.

SPORTS

Flames beat Tigers in tight matchup

SARAH DERSCH

The Nu Alpha Phi Flames defeated the Theta Delta Tigers 48-43 during the first weekend of the women's basketball season.

The Flames' point guard Whitney Hamblen led her team with 22 points, including two 3-pointers and four free throws; Flame Danielle Averill scored 12 points. The Tigers' Danielle Stanton, Caroline

Stanton and Tara Bright scored 9, 10 and 12 points respectively.

Each team played aggressive, tight defense and committed over 15 team fouls. Only six of the fouls sent players to the free-throw line.

The Flames' 25-20 lead at halftime foreshadowed the win, since both teams scored 23 points in the second half.

Danielle Stanton said that the Tigers were missing their coach,

Bobbie Kessler, and a starting forward, Kayla Kee. "That threw a different mix out on the court and forced some adjustments," she said. "We also just weren't on in our shooting that night. Still, the game could've gone either way."

Both the Flames and the Tigers hope to present a challenge to last year's AL and interleague champions, the Classics, who swept the regular season and post season with little competition.

"The Classics are just another team," Danielle Stanton said. "They're beatable just like we are and the Flames are. The Tigers are

always thought of as an underdog, but we come out and play with heart. That's why I love playing."

Whitney Hamblen said that the Flames' coaches, Lindsay Harmon and Taylor Smith, have been drilling the team with plays and conditioning to prepare for playing the Classics. "We look forward to meeting our major rival, the Pi Delta Classics," Whitney said. "Our vitality and skill on the court will push the Classics' endurance to the limit."



Tiger Sara Will shoots over Danielle Averill.

Caffeine offers benefits, risks

MELISSA AFABLE

Amanda Rankin said she has to have a cup of coffee every morning in order to function.

As a senior nursing major, she finds herself in a position similar to many other college students—sleep-deprived and caffeine-dependent. For many college students, caffeine plays a vital part in overall function throughout the day—a coffee or tea in the morning to wake up, an energy drink in the afternoon

CAFFEINE

Serving Size

8 oz.

12 oz.

12 oz.

8.3 oz.

Hot chocolate

Coca-Cola

Red Bull

Mountain Dew

Coffee, brewed

Monster Energy

Nestea

to keep up the momentum.

But many students don't understand the relationship between health and caffeine.

Among energy drinks, coffee and tea, energy drinks—which are artificially-caffeinated—have the highest caffeine content, followed by coffee and tea, which are naturally caffeinated. Energy drinks, such as Red Bull and Monster, are processed sources of caffeine that have become increasingly controversial due to the negative side effects they of-

> ten cause. According to a recent New York Times article, some energy drinks have as much caffeine as 14 cans of Coca-Cola.

Highly caffeinated energy drinks can affect the body negatively. After a handful of bad experiences, Mark Duda, a junior history major, now consumes energy drinks with caution. "I have found that [energy drinks] make

my hands shake and my heart race, as well as cause nausea," he said. Now Mark mainly drinks coffee and tea in order to avoid energy drinks and their ill effects.

Energy drinks can cause other negative side effects as well. Sophomore business major Karis Emberley said she consumed up to three energy drinks a day in high school to keep up with her busy schedule. "The more energy drinks I drank, the less I would eat," she said. "I was getting almost constant headaches, and it was making me really cranky." Her constant consumption also caused her body to develop a dependence on caffeine in order to keep going.

The cumulative side effects that can develop from processed caffeine found in energy drinks are much more severe than those derived from more natural sources. Compared to energy drinks, tea and coffee contain a safer, less concen-

CAFFEINE DRINKERS Beverage Poll

Questions: Do you drink either coffee, tea or energy drinks regularly? If yes, which do you drink the most?

Yes	61%
No	39%
Coffee	65%
Cold tea	18%
Hot tea	12%
Energy drinks	5%

Survey sample facts:

215 undergraduate students surveyed; approximately 50 percent male, 50 percent female; regularly defined as 3-4 days a week; energy drinks do not include sport drinks, such as Gatorade

caffeine.

Caffeine can offer some benefits. Many students, like sophomore piano pedagogy major Danielle Hallquist, choose coffee to help them wake up. "It makes me more alert and ready for classes," she said. Coffee has also been proven to aid memory retention and has been linked to a decrease in cancer risk and gallstones.

> Most teas have half the amount of caffeine as coffee. Black teas contain the highest





26

35

54

80

133

160



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amounts of caffeine while white teas have the least—other teas fall in between.

According to an article in Health magazine, tea (void of sugar, milk or honey) is a zerocalorie beverage with antioxidants called polyphenols that generally cancel out the negative effects of caffeine. Tea is also linked to lowering the risk of heart disease, hypertension and halitosis (bad breath). Green tea in particular has been used to accelerate weight loss.

So which is best—energy drinks, coffee or tea? The many negative effects of energy drinks eliminate them from the best choices. After that, the choice may just boil down to personal preference, since both coffee and tea have their fair share of side effects and benefits.

Caffeine is a powerful stimulant that needs to be handled with care. Too much caffeine can result in major health complications or addiction. Margaret Mack residence hall counselor Megan Jaqua affirms this truth. "Moderation is important so that your body doesn't become dependent on caffeine," she said. For most college students, caffeine may be unavoidable—the key is moderation.

« Exhibition p. 1

Contributing museums include the Birmingham Museum of Art, the High Museum of Art, the J. Paul Getty Museum, the Musée du Petit-Palais and the Walters Art Museum.

Mr. John Nolan, curator of the Museum & Gallery and host of the exhibit, said that each piece represents a different period in Tommaso del Mazza's life. In pre-Renaissance Italy, del Mazza was known primarily for his painted wood panels. "We're celebrating this exhibit, which is the first exhibit on this artist's work ever in any museum," Mr. Nolan said.

At the heart of the exhibition hall, three vibrant panels of an Italian 14th century painting, formerly separated by time and distance, are now temporarily reunited and on display in the Museum & Gallery until Dec. 7.

"Our museum owns the two side panels; the Getty owns the center panel," Mr. Nolan said.
"These paintings are believed to be a set of the same altarpiece.
Over the centuries, they got split up, and we're reuniting these pieces for the first time in who knows how long."

Art scholars have only recently uncovered evidence that may attribute the paintings to Tommaso del Mazza and identify the three unsigned panels as three pieces forming one set, called a triptych. Miss Mary Chapman, director of marketing and business operations for the Museum & Gallery, said it's very rare to find a 400-year-old altarpiece still intact.

"It was very common for artwork to be cut into pieces and sold separately back in this time period," she said. "The significance of bringing this back together like it was originally painted is great."

Miss Chapman said the Museum & Gallery owns the country's largest collection of works by Tommaso del Mazza, and that most of the Florentine painter's known works in America will be on display.

Three wood panel paintings on loan from the Louvre museum in Paris are also noteworthy

features of this exhibition. "This is, as far as anyone can tell, the first time that the Louvre has ever loaned a painting to anyone in Greenville," Miss Chapman said. "For anyone to come see a painting from the Louvre, and to see an over 400-year-old wood panel painting that is now being brought back together is significant in the art world. Opportunities like this don't come up every day."

HIGHLIGHTS OF THE SYMPOSIUM

The symposium is titled "Tommaso del Mazza and the Florentine Tradition." Guest speakers will include some of the world's top experts in Italian 14th century art. The art scholars will draw upon their expertise to discuss the works of the artist and bring to light details surrounding the life and time period of Tommaso del Mazza.

"It is not every day that you get top experts in any field to speak on any subject," Mr. Nolan said. "It's a great opportunity for people to get exposure to this niche of art history and to hear some very interesting speakers that they might not get a chance

TRAVELING WITH A PAINTING

Mrs. Barbara Sicko, registrar of the Museum & Gallery, traveled across the country to oversee the delivery of the exhibition paintings for "Tomasso del Mazza and the Florentine Tradition."

She escorted the paintings from the J. Paul Getty Museum in Los Angeles to the Museum & Gallery at BJU.

The paintings were secured in temperaturecontrolled boxes and traveled in a 63-foot tractor trailer for roughly 44 hours.

The Getty granted a loan of the center panel to the Museum &Gallery and also carried out restoration treatments for the two side panels.

to hear otherwise."

Mr. Nolan said the symposium will appeal to people who appreciate fine art, and the discussions on the restoration process of del Mazza's paintings and the historical context of his work may also attract those interested in fields such as chemistry and history.

"When people in the art world know that these speakers are participating and that this exhibit is up, it draws more attention to this museum," he said.

Guests attending the symposium will also receive a catalog that explores the works of del Mazza. Admission price is \$10. The symposium will conclude at 5 p.m.

« WBJU p. 1

broadcast department and executive producer of the broadcast, hopes the live broadcast will benefit the students involved as well as the viewers.

"This is a great opportunity for RTV students to gain live experience doing a broadcast," she said. "I hope the audience will see WBJU as an actual news organization, and I hope they enjoy watching us Tuesday night."

Miss Boole also hopes the broadcast will motivate students to become more involved in politics.

"Politics affects our everyday life, and people don't care until it comes to election time," she said. "Students are affected by the economy and other issues. The sad thing is, people don't vote."

« Festival p. 1

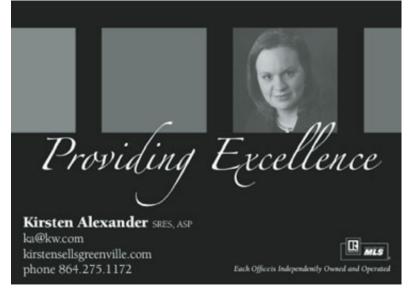
while allowing BJU students to share a taste of life at the University with their visitors.

Those participating in the Festival compete in the categories of music, speech and art. In addition to competing, students attend workshops directed by fine arts faculty members, sit in on the rehearsals of university musical groups and visit classes that interest them.

Teenage guys attending the Preaching Conference prepare well in advance for their sermons. Each one is able to see a video of his presentation and receive helpful tips and pointers from a pulpit speech teacher. They attend special workshops on sermon construction and delivery, and they gain valuable preaching experience.

Mr. David Orr, guest services coordinator, encourages university students to view the high schoolers, not as an intrusion, but as an opportunity to show what Christ has done in our lives.

"Roll out the red carpet!" he said. "[If we] remember how Christ received us as strangers and welcomed us into His household of faith, it will be a lot easier to welcome these visitors into our 'house' for the short time they are here. [Let them] get a real glimpse of BJU's heartbeat—developing Christlike character."





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